

RECOVERY REVOLUTION

A MAGAZINE OF HANLEY FOUNDATION



FACES OF HANLEY: ALUMNI STORIES OF HOPE & IMPACT

Heather W., Carole B., Chris C., Niki T., Cara O., Tracy L., Wayne G., Kellye D., Tommy S. (Not Pictured: Senator Darryl Rouson, Molly W.)

TABLE OF CONTENTS

SECTION 1:	PG. 04-15
<i>Faces of Hanley: Alumni Stories of Hope and Recovery</i>	
SECTION 2:	PG. 16-25
<i>Advances in Substance Use Disorder Research and Medicine: Championing Research and Innovation at Hanley</i>	
SECTION 3:	PG. 26-31
<i>Campaign for Recovery Updates and Opportunities</i>	
SECTION 4:	PG. 32-37
<i>Behavioral Health Legislative Update</i>	
SECTION 5:	PG. 38-47
<i>Partners in the Fight Against Addiction</i>	
SECTION 6:	PG. 48-73
<i>The Hanley Difference: Pathways to Recovery</i>	

Dear Friends,

Welcome to the third edition of *Recovery Revolution*. This issue is especially close to our hearts because it highlights the voices of our alumni. They are the people who truly embody everything we work for every day. In these pages, you will hear directly from courageous individuals who found healing through the many treatment programs we offer. They are living proof of why we do what we do.

Our alumni graciously shared stories that are at once heartbreakingly and hopefully. Collectively, they demonstrate recovery in motion. While each story is different, they all remind us that recovery is both possible and powerful. These individuals show us that hope is alive, resilience is real, and that lives can be transformed through compassion, expertise, and the support of community.

It is our sincere hope that as you read each story, you will feel inspired in your own way. Maybe it is facing your own challenges with strength and courage. Maybe it is giving generously to someone in need. Or maybe it is extending a helping hand so a loved one can get the care they need to save their life.

We want to thank the alumni featured here for their strength in sharing their stories with authenticity and vulnerability. It is an honor to witness your recovery journeys and be a part of sharing your truth.

We also want to recognize the incredible people who make these transformations possible: our dedicated staff, our Board of Directors, our generous donors, and our community partners.

Your support is the foundation on which hope is built. Without you, our mission to prevent, treat, and destigmatize substance use and mental health disorders simply would not be possible.

Together, we are building something extraordinary. Most importantly, we are not just changing lives, we are saving them.

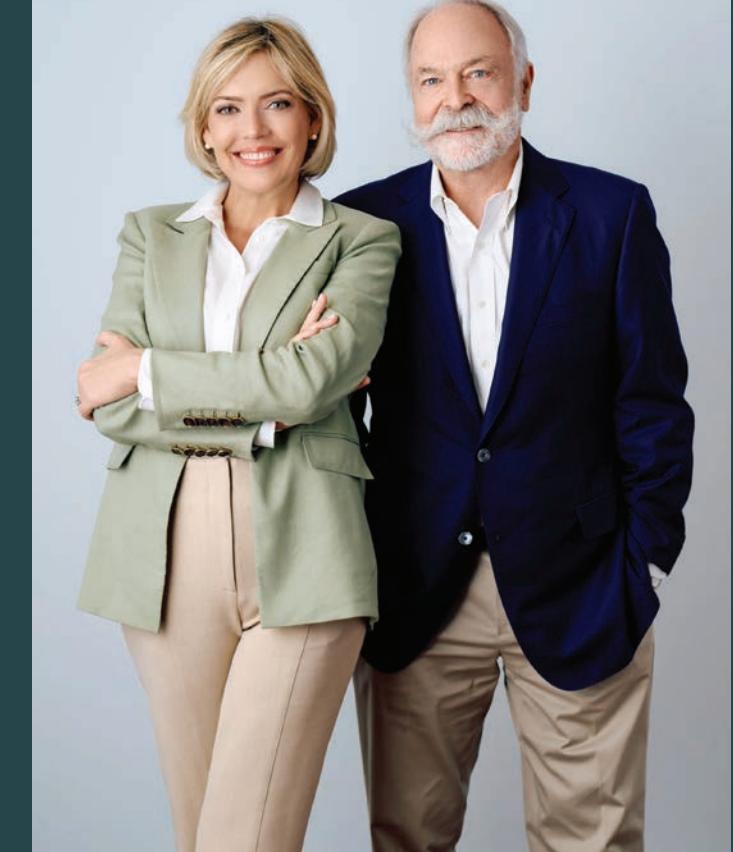
With deepest gratitude,

Rachel

RACHEL DOCEKAL
CHIEF EXECUTIVE OFFICER

Chip

CHIP JAMES
CHAIRMAN OF THE BOARD





SECTION 1:
FACES OF HANLEY

Alumni Stories of Hope and Recovery

Every day the work Hanley does makes a profound impact in the lives of real people. These people come from many walks of life. Some are just starting out, and some have many years behind them. They are moms, dads, children, siblings and spouses. They come from all socio-economic backgrounds. They all have different journeys, and their stories are all unique, yet they have one thing in common: they know the power of recovery.

On the following pages are the stories of many individuals who made the courageous decision to share their journey with you. They do so with the hope of eliminating the stigma of addiction and recovery and bringing stories like theirs out of the darkness and into the light. We hope their words provide inspiration and encouragement to those still struggling to find a path to hope.

A heart for helping parents

Most parents can't imagine the nightmare of having their child taken away from them, and navigating the process of getting that child back can be just as frightening. Yet, when moms and dads come through Niki T.'s office at the Office of Criminal Conflict and Civil Regional Counsel (RC-4), they find a lifeline in this young mom who nine years ago was living the same nightmare they are today.

In 2016, Niki was pregnant and addicted to heroin. Desperate for help, her mother called The Dr. Phil Show and Niki agreed to appear on the show. "They sent me to treatment, but I was really pregnant, so they discharged me," says Niki who says there were no treatment programs for pregnant women at the time. She went home to New Jersey, gave birth to her daughter and kept using. "As much as I loved my daughter, I couldn't stay sober even for her," says Niki.

Within three months, DCF (Department of Children and Families) removed her daughter from her home, and Niki was arrested on outstanding warrants. Her uncle bailed her out of jail, and she went to Hanley Center for treatment. Niki had been in and out of treatment for seven years, but at Hanley Center, she finally found a path to sobriety.

Asked what made the difference, Niki says Hanley's focus on the 12-step program and the alumni connections she made were invaluable. "They allowed me to have a sponsor and work the steps while I was there which was something I had never done before. The alumni meeting was a huge part of my recovery. I would go there and sit and see all these people who were sober and still around and doing service." It was two years before Niki would get her daughter back, but today she is happily married and is mom to three

children. She has been sober since 2016. She still enjoys going to alumni reunions and events at Hanley.

While her life is very different now, her past is the reason she was hired for her current position. "They hired me based solely on my lived experience with the dependency system. Back then I didn't have any degrees," says Niki. In her position as Parent Peer Advocate/Forensic Social Worker for RC-4, Niki works with parents whose children have been removed by DCF. The attorneys in her office represent these parents. She has been with the agency five years and, in that time, has earned both a bachelor's degree and a master's degree in social work from Florida Atlantic University. "I got a scholarship from the Garwood Foundation, so I was able to finish all of my degrees with help from them," she says.

When asked about her job, Niki's face lights up. "I love my job. I obviously feel very strongly when I see cases similar to

mine come in, but more than anything just the experience of being a parent and having your child removed, it's that experience alone that drives me. I feel like I have a secret weapon because not everyone has that experience."



Niki, 8 Years Sober

Embracing sobriety and some newfound superpowers

Tommy S. vividly recalls the day he walked into his first men's group at Hanley. "I remember walking into the group area and noticing very clearly these guys who were 30 or 45 days in, and it was very evident to me that they were happy. They were excited to go back to real life sober which to me was a very novel concept," says Tommy. "The biggest thing, though, was that they were at peace. I had not felt peace in years."

Tommy was just 24 years old when he came to Hanley and had been drinking since he was 14. "Alcohol was my thing since high school," says Tommy. "People talk about being anxious or something else, but I don't know if I ever felt those ways. Alcohol just made everything better."

After high school, Tommy went to University of Miami where his addiction grew worse. "Everything was offered, and I never said no," he says. "I started smoking weed, got into cocaine, psychedelics, and Xanax and things started to become unmanageable for me."

Tommy managed to graduate and landed a job working for the Miami Dolphins where his addiction continued to grow worse. His sales numbers were going down, he was depressed, and he drank every day. He switched jobs, but still, he felt stuck.

In 2022, he went to Alcoholics Anonymous a few times, but he didn't see himself in the people around him. "These people are psychopaths. I'm not like them," he recalls telling his parents.

Eventually Tommy ended up in the emergency room after his parents found him blacked out. They sent him to an outpatient treatment program, but once again, Tommy didn't think he had an addiction. "I just thought I'm depressed and

I'm anxious. My drinking doesn't have anything to do with it," he says.

His parents reached a breaking point and gave him an ultimatum: go to Hanley or get out of our house. He initially refused treatment, but later that same day, found himself reconsidering. "I sat on the couch and in that moment, I felt the weight of everything collapse on top of me," says Tommy. "I realized I didn't have anything left." The next day, he went to Hanley.

Tommy's life looks a lot different now. After completing 30 days in residential treatment, he stepped down to PHP, then IOP and then lived in a sober home for over a year. "I am very disciplined," he says. "I have a job I love. I show up for my family in a good way. I spend a lot of time outside. I recently discovered paddleboarding which I love."

Through therapy, Tommy was able to embrace the emotions he once tried to hide. "I always wore my heart on my sleeve and felt my emotions a lot," he explains. "Now, I've come to believe that my empathy is my superpower."

He uses that superpower to help other people in recovery. He leads an Alcoholics Anonymous meeting at Hanley every week, attends alumni events, and is a sponsor for others. "It's amazing how much I can do when I'm not drinking," laughs Tommy.



Tommy, 2 Years Sober

Working through grief to find healing

When the Twin Towers fell on September 11, 2001, Tracy L. was thankful that both her brothers were safe on vacation together. "I called and got through to my older brother who was out in the Hamptons," says Tracy. "I said, 'Thank God you guys are still on vacation.' Her brother replied, 'Well say a prayer because Mikey went back this morning.' Mikey was one of the thousands of people who died that day. He was a son, a husband, a father and a beloved brother.

She buried her grief in a bottle. "I was mad at God. I wrote notes to God. I was drinking all the time," says Tracy. Over the next two years, Tracy's grief pulled her down into a dark hole. "In 2003, I decided I had had enough of life," she says. "I called my local Walgreens and asked, 'Could you die if you took 100 Tylenol PMs?' They said yes. I thanked them and hung up." Tracy made ten piles of ten pills each and downed them with a gallon of rum. "I ended up in a coma for five days, but God chose for me to live."

She went to treatment and got sober. After ten years of sobriety, she decided she could drink again. "I was disconnected from the program. I didn't have a sponsor," says Tracy. "I was watching other people drink and thought it had been ten years, and I could drink like other people." Over the next five years, Tracy's drinking spiraled out of control. In 2018, her parents died and she found herself spiritually bereft and mired in grief once again. "I didn't know how to stop. I wasn't going to ask for help. I grew up in a family where you didn't ask for help."



Tracy, 6 Years Sober

One day her oldest son called. He told her he was coming over. When Tracy opened the front door, her son and her older brother were standing there. "I asked, 'Who died?' and they said, 'Nobody died,'" she recalls. "Then I asked, 'Is this an intervention?' and they said, 'Yes!'" Tracy immediately agreed to go. "I was in my bathing suit ready to go to my pool where I hung out and drank and I knew if I didn't go then, I wasn't going. So, the big joke at Hanley is I arrived in my bathing suit with nothing else."

Tracy entered the Headwaters Program at Hanley in 2019, and discovered a vastly different experience from her previous treatment program. "We did not deal with a lot at my first rehab. I managed that ten years of sobriety and I don't know how," says Tracy. "Before we just put a Band-Aid on it. This time we worked through it."

Through EMDR and a lot of work with her therapist, Tracy was finally able to deal with her grief. "They offered the opportunity for me to do all this work with trauma," says Tracy. "I learned so much about myself and about the disease which I don't remember learning about the first time."

Today, Tracy drives from her Lake Worth Beach home to Hanley every Monday for alumni meetings and volunteers to hear patients' fifth steps. When asked to share her advice for patients experiencing treatment for the first time, she says, "Go in with an open mind. You don't know what you don't know. Try to get to the root of what is causing you to want to cover things up. Talk about everything until there is nothing left to talk about."

Leaving behind addiction and homelessness to reinvent a new life

Wayne G. remembers the morning he woke up in detox with his first clear thought in decades. "I remember thinking *Oh God, what happened?*" says Wayne. "Then my inner voice said, 'You never sponsored people, you never did service work, and you never prayed.' Those words still stick with me."

Today, he lives and breathes those words in his daily life — leading groups at AA, sponsoring other men, and working as a weekend tech at a sober home. At 61 years old, sobriety is a welcome gift for a man who spent decades struggling with substance misuse and homelessness before finding a new path in life.

A native of West Palm Beach, Wayne was introduced to drugs and alcohol as a teen. "When I was a kid, both my parents drank, so it was just accepted," he says.

After high school, Wayne joined the Navy where he served as a helicopter combat support group crewman for six years before deciding to leave. "I loved the military. Unfortunately, I drank a lot, and I was starting to do a lot of drugs," says Wayne. "I didn't want to get in any big trouble, so I got out before that. It was a drug-induced decision that I regret."

He returned to West Palm Beach and earned his electrical and HVAC licenses, but substance misuse continued to haunt him. At 25 years old he found himself on the streets. "I was still doing a lot of drugs and alcohol and before I could really get a hold on it, I ended up being homeless," says Wayne.

He moved to San Diego where homelessness became a way of life for him. "Homelessness is a disease," he says. "Once you get into it, you have no fear of it anymore. I did it for so long, I just thought that was the hand I was dealt."

He tells his story with fits and starts, admitting there are holes in his memory. "The way I drank and the way I drugged, there are a lot of blank spots in there," says Wayne. "Parts of it my mind just chose to block out."

After a decade on the streets of San Diego, he reached out to family and asked for a bus ticket to Panama City. "I just wanted to get out of California. I thought it would break my homelessness," he explains. He got a job at the boat docks, but he was still living on the edge. "I made enough money that I should have been doing really well, but I didn't because of the drugs and alcohol," says Wayne. "I figured I would drink and drug until I died."

He eventually migrated back to West Palm Beach where he went to AA for the first time. "I would stay sober for a while, then I would go on a binge and burn it all to the ground. I kept going through that cycle." After relapsing again in April 2024, his sponsor and another man intervened and took him to Hanley.

Asked to describe his experience in rehab, he is quick to correct a misnomer. "I hate the word rehab because rehab means to rebuild to a former state. My former state was nothing I wanted," says Wayne. "Treatment means to make new. Hanley gave me a chance to build new, to reinvent myself, and to be the person I wanted to be."



Wayne, 1 Year Sober

Grabbing the lifeline to a second chance

The email was received at Hanley around 2 a.m. one Friday night in November 2024. It was short, but urgent. Someone has to help me now or I am going to die. The sender was a mom living in Jacksonville who was losing her battle to kick a methamphetamine addiction. She had been desperately trying to get help, but with no insurance and no resources to pay for treatment, she was certain she was going to die.

"Things were unraveling. I was at the worst point of my drug addiction," says Heather W. "I started thinking about suicide. As Thanksgiving got closer and closer and I was running out of veins, I realized this is not going to end well." Thankfully, Heather found the Hanley website and sent that fateful email. The next morning a Hanley team member called. "I told him I felt like I was in quicksand, and the only thing sticking out was my hand," says Heather. She explained that she had no insurance and was told scholarships were available, but she had to agree to follow all recommendations from the Hanley team. "I will do anything you tell me to do. I just cannot do this anymore," Heather promised. On Monday, a team member from Hanley called with good news. Heather had been accepted for a scholarship. "When can you get here?" asked the man on the phone. The following day, Heather was on a bus to Hanley.

Just a few days into detox, Heather knew she was in the right place. "For the first time I felt safe," she says. For a woman who was a victim of domestic abuse and a sex traffic survivor, safety was not something easily found in her life. "It had been a really long time since I had felt that level of safety."

True to her word, Heather religiously followed her treatment plan. She attended groups daily, worked one-on-one with her therapists and learned to get healthy and fit again at the gym, through art therapy, and in the aquatics program. During the span of a year, Heather worked on unraveling years of trauma and addiction.

Things as routine as going to the store held trauma for her. "I was scared to death of the outside world. My brain said everyone was a danger," says Heather. "Just pulling into the parking lot of Walmart I would have a panic attack." Through planned social outings with other patients, she slowly worked her way back into the world.

Today Heather lives a sober life in West Palm Beach. She goes to meetings regularly and is back in school earning a bachelor's degree in psychology with a double concentration in addiction and mental health. She is incredibly thankful that Hanley chose to give her a second chance at life. "This life is far beyond anything I could have imagined, and it's all because Hanley was willing to take my hand and pull me out of that quicksand," says Heather. "Had they not been willing, I wouldn't still be here."



Heather, 11 Months Sober

Redefining what a life of success really looks like

Chris C.'s resume glows with a litany of achievements: Summa Cum Laude graduate of Carnegie Mellon University; Top Gun Navy Pilot; Harvard Business School graduate; successful entrepreneur. Yet none of those accolades stopped Chris from taking his first hit of crack cocaine on Thanksgiving Eve in 2016. "I'm a Harvard Business School graduate. I graduated from Carnegie Mellon with a 4.0. I am not dumb," says Chris. "I had every opportunity in life and still I succumbed to addiction."

Chris didn't start using crack until he was 50 years old, yet his path to addiction began decades ago as the son of someone with addiction and the victim of a childhood tragedy. "I was 11 years old, and my mom and dad were fighting. They fought a lot," says Chris. On that particular day, his father got in the car to leave, and Chris ran out to make sure his dad didn't hit the family dog. He watched his mom run out of the house. "She didn't want him to leave so she jumped on the hood of the truck. She fell back, her head hit the pavement, and it killed her."

Chris buried his grief, determined to go on with life. "I remember the next day I was riding my bike, and I thought I can either sink or I can swim. I chose to swim," he says. Swimming to Chris meant succeeding in football as the quarterback of his high school team and graduating eighth out of 800 students in Miami Sunset Senior High School's class of 1984. Four years later he graduated from Carnegie Mellon University with a 4.0 GPA and a Bachelor of Science degree in computer science.

Then he saw the movie *Top Gun* and decided he wanted to be a Navy pilot. "The only problem was I was legally blind," says Chris. Not one to let bad eyesight stop him, he found a specialist who, over the course of two years,

flattened his eyes to give him 20/20 vision. Eight years later he left the Navy having achieved top gun status.

Chris then founded a successful company and graduated from Harvard Business School. He got married, became a father and divorced. Shortly after, he found himself adrift. "I had a lot of time on my hands. The successes had stopped, and I had never really dealt with the loss of my mom," says Chris. "I ended up smoking crack one day."

By January 2025, his addiction had burned through all his money and landed him in jail three times. "I was stealing beer and selling it so I could buy crack," says Chris. "I knew I had to stop." He reached out to an old friend who put him in contact with a colleague, a person in recovery who had a connection to Hanley. On January 19, 2025, he was admitted.

Chris admits he was skeptical at first. "I wasn't a fan of rehab. I didn't think it worked," he says. The idea of praying was a particular sticking point for him. "I didn't really have a lot of respect for religion." So when his RA at Hanley asked if he was praying, Chris was embarrassed to say he wasn't. "That night I tried praying. This is going to sound weird, but when I prayed, I felt like I was taking a hit of crack. To this day, if I close my eyes and talk to God, I feel like that."

Today, Chris lives a sober life in Highland Beach. He attends meetings every week at Hanley and is planning on using his business acumen to help people like him. "My goal is to make a living in the recovery space," says Chris. "In particular, I want to focus on

military. I know how to talk to them. I have an interesting story. If it can happen to me, it can happen to anyone."



Chris, 10 Months Sober

Finding Happiness, Healing and Hope

Happiness was something Carole H. never thought she would experience. From the time she was a child, Carole had used alcohol and drugs to mask her pain and mental health struggles. "I've been depressed since I was 12, and I've had suicidal ideation my whole life," says Carole.

Carole started drinking and smoking weed when she was 12 years old. She soon added acid mescaline and cocaine to the mix. "I was a definite alcoholic and coke addict at 18," says Carole. Her early childhood substance misuse would evolve into an adulthood where, despite periods of sobriety, she inevitably fell back to drinking and drug use. "I knew it was a problem. Of course, it was a problem," says Carole. "I knew I shouldn't be drinking a case a day. That's not normal."

By 2024, she had given up hope. "I would wake up suicidal. I felt stuck," says Carole. "I finally told my therapist 'I can't keep living like this. I'm not going to last.'" Her therapist connected her with a Regional Outreach Director at Hanley, who told Carole she would be a good fit for Hanley's programs.

Carole agreed to go but wasn't sure what to expect. "I'm old enough to remember *One Flew Over the Cuckoo's Nest*, and that's exactly what I'm picturing. I don't know what self-help looks like and I am scared to death."

On March 7, 2024, Carole arrived at Hanley. "I remember going up to the mental health floor, but it was all kind of a blur," says Carole. "I cried the whole first week. I don't



remember doing anything but crying." In her second week at Hanley, things started to shift for her. She started to hear good things in group and looked forward to writing down her thoughts and feelings each day. She noticed her mood was changing.

Over six weeks at Hanley, Carole was given the tools she needed to finally manage her depression and suicidal thoughts. She credits therapies including anger management, DBT, CBT, and EDMR for helping her change her thinking. "I always thought negatively my entire life. That's just how I was wired," says Carole. "People would tell me to think myself happy, and I always thought there was no way to do that. Through my time at Hanley, I realized that yes, you can think yourself happy."

With the help of Hanley's professionals, Carole worked through decades of trauma, substance misuse and mental health struggles. "I didn't sit and ruminant and cry about things I did in my past anymore which was huge. Finally getting over my dad's death was a huge part too," says Carole whose father died when she was 12 years old. "It felt like I was happy for the first time in my life."

Carole is the first to admit that her fears about going to Hanley were far from the reality of her experience. She encourages others who are battling depression and suicidal thoughts to seek treatment. "Go. Don't walk, run. Find a facility or have someone recommend one. You have nothing to lose but your life."

Leaving behind a life of addiction and choosing a life of service

When Florida Senator Darryl Rouson walked through the doors of Hanley Hazelden in March 1998, he carried more than a suitcase. He carried the weight of loss, shame, addiction, and the remnants of a life that had been steadily unraveling for years. Despite numerous stints in different treatment centers, Rouson had not found a path to sobriety. Serendipity led him to Hanley where he would find hope, hugs, and the courage to finally overcome his addiction.

"The two nurses on duty were working the midnight shift, and they had the arrogance and the audacity to hug me," Rouson recalls. "They told me I was a beautiful human being, that I was in the right place. That they were going to help me get through the night, and they did." That night would become the catalyst for a new trajectory in Rouson's life.

Once the first Black prosecutor in Pinellas County, Rouson fell hard into addiction during the drug-fueled chaos of the 1980s. Despite professional success, cocaine and alcohol gripped his life. His first wife had left, and his second had passed away. He had spent most of her life insurance policy on his addiction. "I will never forget the day I asked for help," he says.

From the start, Rouson found the treatment program at Hanley to be vastly different from his previous experiences. It was both rigorous and supportive. "My counselor saw past my faults and into my needs and the group, was a great experience of feedback," says Rouson. "I had already been through a treatment program where I didn't share, where I didn't open up and say what was going on with me. But

I was ready when I came to Hanley, and Hanley was ready for me."

Rouson began journaling while at Hanley and still carries those notebooks to this day. In them, he wrote about shame and fear, but also about believing in yourself. "You couldn't have written the script for me that I would have believed," he says. "If on March 17, 1998, you had handed me the script of this journey, I would not have believed that I would be standing with governors in the halls of the Capitol Building or debating life changing issues on the floor of the Senate chamber."

Today, Senator Rouson is 27 years sober. He has served in both the Florida House and Senate, authored landmark behavioral health legislation, and was recently honored with a building that bears his name at University of South Florida — the Darryl E. Rouson Center for Substance Abuse and Mental Health Research. He also practices law with the Rubenstein Law, Florida's premiere personal injury firm.

When asked for final words of wisdom, he doesn't hesitate to speak from the heart: "We do recover. Keep praying, keep reading, keep committing yourself daily to the program of recovery."



Darryl, 27 Years Sober



Cara, 20 Years Sober
Molly, 7 Years Sober
Kellye, 10 Years Sober

Walking the path of recovery while helping others find their way

For the patients at Hanley Center, recovery is a journey that often holds unexpected discoveries along the way. For some, those discoveries lead not only to healing, but to finding a new purpose in life. Three extraordinary women — Kellye D., Cara B., and Molly W. — not only found their own path to recovery but discovered a calling to help others find theirs. Once patients at Hanley themselves, today they stand as powerful symbols

of resilience, empathy, and lived experience for those who follow behind them.

Together, they represent 37 years of sustained recovery, and their impact reaches far beyond the treatment center walls. They are the new faces of Hanley, not just as alumni, but as caregivers, clinicians, and champions of change.

Kellye D.

LIGHTING THE WAY FOR A LIFELONG JOURNEY

More than a decade ago, Kellye D. nearly lost everything—her health, her peace, and a career she loved. A practicing therapist in Texas at the time, Kellye's addiction nearly stripped her of everything she valued in life, including her sense of self.

At Hanley, Kellye found the courage to start fresh. In recovery, she regained her health, found peace again, and discovered a new career path to fuel her passion for helping others.

Today, Kellye serves as Alumni Services Coordinator at Hanley Center, walking beside others as they navigate an unknown future like she once faced. With warmth and wisdom, she reminds every alum that healing is not a straight line, it is a lifelong journey.

"One of the most powerful mantras that has guided me is a quote by Winston Churchill: 'Never, never, never give up.' During my early recovery, my dad would repeat it to me often, and now I carry it with me and pass it on," says Kellye.

Kellye's role is less of a job and more of a living act of gratitude. Every day she is grateful that she can open doors for others the way Hanley once opened one for her.

Cara B.

TEACHING A NEW PATH TO THE NEWLY SOBER

Cara B. was once a public-school teacher with a promising career, until addiction derailed her life. In her early twenties Cara came to Hanley seeking help. The decision to seek treatment would put her on a course to change her life.

Two decades later, Cara holds a master's degree in mental health counseling, is a licensed therapist in private practice, and serves clients in Hanley's Center for Women's Recovery, the very same program that helped her rebuild her life.

"Recovery is real. We can live a life beyond our wildest dreams if we do the work," says Cara. "Never give up."

Cara's story offers proof that recovery can be a springboard toward something even greater. Her presence at Hanley gives other women hope, especially those seeking sobriety for the first time.

Molly W.

SHOWING WOMEN THE PROMISE OF POSSIBILITIES

Molly W. once considered alcoholism just a lifestyle choice. It wasn't until her 40s that she understood the depths of her addiction and the true possibility of recovery.

At Hanley, she finally saw the disease for what it was. For the first time, she was able to imagine the possibility of a sober life. Seven years later, Molly is now a therapist in Hanley's Center for Women's Recovery. Because of her own sober journey, Molly is able to offer Hanley's female patients the unique understanding of someone who once walked in their shoes.

After leaving a lengthy career in sales, Molly returned to school to earn her master's in social work. She considers her second act as one of passion, purpose, and profound gratitude.

"Hanley helped me rebuild. Now I get to help others believe that they can, too," says Molly.

*Their stories may be different, but these three women are united by a single shared truth: **recovery works**.*

They are also a living testament to how recovery can create ripple effects. By supporting others in their recovery journey, Kellye, Cara, and Molly model what recovery can look like on the other side of fear. Together, they represent a powerful new wave of caregivers whose most significant credential is experience, and whose greatest strength is compassion.

Championing Research and Innovation at Hanley

As substance misuse and mental health treatment evolves, Hanley is committed to being at the forefront of innovation and advancements in clinical and medical care. Hanley's Chief Clinical Officer Dr. John Dyben and Chief Medical Officer Dr. Angelo Asheh work side by side to spearhead Hanley's many initiatives to integrate new technologies, research, and treatment methods into patient care. Together, they ensure that Hanley remains a leader in the field, providing the most advanced care available today.

Creating successful outcomes for patients means eliminating barriers to recovery for patients with specific challenges. To address these challenges, Hanley has added new programs designed to serve the needs of specific populations. "We have expanded our programs so that we now have men's, women's, and older adult programs," says Dr. John Dyben. "We have a perinatal program so we can treat pregnant

women and women who are postpartum who have entirely unique barriers to recovery that have to be addressed." Other recent programs include the Patriots Initiative and the Christian Track.

The mental health component of treatment at Hanley has also evolved. "When I started here, if you didn't have an addiction, you couldn't come here," says Dyben. "We would have to send patients somewhere else, and they would not get the same level of treatment as here." Dyben says it was the staff that drove Hanley to create a primary mental health program. "Now people can be treated at a Hanley level of care even when they don't have an addiction."

Research is a big focus at Hanley, and Dyben heads up initiatives to integrate new studies and patient data into programs. He is currently conducting research that measures



A Hanley Center detox bedroom

SECTION 2:

ADVANCES IN SUBSTANCE USE DISORDER RESEARCH AND MEDICINE

the effectiveness of certain methods of trauma care. Called the TICR (Trauma Informed Care Review), Dyben says the insights gained from the research will be a game-changer in how trauma care is delivered.

The landscape of medical treatment in recovery is changing rapidly, and Dr. Angelo Asheh is excited about the possibilities that new research and new treatments are offering to patients. "We are learning more and more about the science of addiction, the disease process, and the genetics behind it," says Asheh. Research that leads to a better understanding of the factors that contribute to addiction means medications can be used more effectively. "We are learning what genes are involved with alcohol use disorder or opiate use disorder for example, and which ones work better with certain medications."

New treatments are also being explored at Hanley including transcranial magnetic stimulation (TMS), deep brain stimulation, and the use of ketamine in mental health

treatment. "Ketamine is something we have rolled out as an option if the patient meets the criteria," says Asheh. "It is exciting because not a lot of facilities are offering it."

IV treatments are also being integrated into patients' care both for increasing metabolic and nutritional health, and also to treat withdrawal symptoms and cravings.

Asheh says brain health is another focus at Hanley. "The brain is integral to this field. It's a behavioral health field, but most of this is in the brain," says Asheh. "We are creating a very robust brain program where we can get more in-depth diagnostic data by doing more expansive tests and then tailor each patient's treatment."

Both Asheh and Dyben say Hanley is leading the way in bringing advances in life-saving care to patients. "The leadership at Hanley has a true passion for the field," says Asheh. "The forward-thinking and innovative outlook here is unmatched."

BRINGING TOGETHER SCIENCE & SPIRITUALITY



“ I thought I was going to be a traditional church pastor ”

says Dr. John Dyben, chief clinical officer at Hanley. Born and raised in Lake Worth, Dyben first went to college to pursue religion and theology. Then, when he was 19 years old, he volunteered in a small inner-city church working with youth. “I found out really quickly that my ability to discuss the finer points of the metaphysics of morals and philosophy and theology did not resonate,” laughs Dyben. What did resonate with kids was that Dyben was a good listener, and he cared about them. The experience led to Dyben changing his major to psychology.

Decades later, Dyben’s career has been guided both by his love of spirituality and his passion for patient care. Ordained in 1997, Dyben worked in pastoral ministry in the early days of his career. “I was on staff at a church in the early nineties and I had a youth program. There was an epidemic of adolescent overdoses and deaths.” Alongside a physician experienced in addiction treatment, Dyben started treating kids out of a warehouse in Palm Beach Gardens. “That was my introduction to addiction,” he says.

That same physician approached him years later after she became the medical director at Hanley and encouraged him to come on board. Dyben accepted the job of chaplain at Hanley, eventually moving into his current role as chief clinical officer. “I believe the calling is to go where you are needed,” says Dyben who has now been at Hanley for 21 years.

Today Dyben is excited about Hanley’s many new programs that address the specific challenges of each patient. “We have broadened our ability to reach people. The disease is the same for everyone, and the goal of recovery is the

same for everyone, but the barriers to getting to recovery are different,” says Dyben. He explains that older adults, for instance, have more physical and cognitive barriers, and men and women experience the stigma of addiction differently. “Now we look at what are the barriers that are unique to you that we can address so that the chances of recovery are better.”

Dyben’s role also includes director of research at Hanley. “We now have a federally registered independent review board so we can conduct research on human subjects,” says Dyben. “We have developed and managed our measurement-based care system and our outcomes program.” Dyben presents research at universities and speaks to community organizations and medical associations about addiction and mental health as well as ethics and spirituality.

Dyben’s latest research project is called the TICR (Trauma Informed Care Review). The research measures a patient’s perception of the trauma-informed care he or she is receiving and the activity of trauma symptoms in that same patient. “If I am right about the TICR giving us the information we want, then there will be a negative correlation between the two scores,” says Dyben. “This will be a game-changer if it is validated.”

Asked how he personally correlates science with spirituality, Dyben says they are both vital to the work he does. “People ask me all the time, ‘how are you a clergy and a scientist?’ The reality is there is no conflict,” he says. “My spirituality is how I am living. It is my way of life.” For Dyben, his way of life is helping others find their way to recovery.

INTEGRATING EXCITING NEW PROTOCOLS

INTO ADDICTION AND MENTAL HEALTH TREATMENT

When Dr. Angelo Asheh interviewed for his job last year, he knew immediately that he had found a home at Hanley. "I knew I wanted to work in the non-profit sector. Giving back was important to me," says Asheh. "But the leadership at Hanley is what attracted me. It was evident that they had a true passion for this field, and it wasn't just a job." For Asheh, the role of chief medical officer was the perfect fit for a man driven by a love of knowledge and innovation and a passion for giving back.

Dr. Asheh's path into the medical field was not a straight shot. Born and raised in Connecticut, he graduated in 2008 from the University of Connecticut with a degree in political science and economics. "I wasn't going to do medicine. I was thinking either law or business," says Asheh. He worked in finance for two years, but felt unfulfilled in the field long-term. "I didn't feel completed by it. I didn't feel like I was giving back to society," says Asheh. After some soul searching, he decided to go back to school. Asheh spent the next ten years pursuing a career in medicine, earning numerous medical degrees and certifications as well as a master's degree in public health. He also worked for seven years in recovery services, an experience that sparked his interest in the field.

Now, with a year under his belt at Hanley, Asheh is excited to be a part of the many innovations in addiction and mental health care. "This field is evolving rapidly in a positive way and there are many exciting treatments," says Asheh. "Hanley is a place you're invited to incorporate that into the care." Some of those treatments include interventional approaches which allow the Hanley team to provide treatments that are noninvasive and can even bypass the need for medication. Some examples of these interventional treatments include transcranial magnetic stimulation (TMS), deep brain stimulation, and ketamine. Recent research on psychedelics also has some really promising data.

Asgeh is in the process of incorporating some innovative approaches into Hanley's treatment programs. "One of them is using a form of ketamine with specific patients in mental health treatment. It works well for appropriate patients suffering from treatment resistant depression," says Asheh. "Not many treatment facilities are offering this so it's exciting."

IV infusion treatment protocol is also being integrated into treatment. "It increases patients' metabolic and nutritional health but also helps with withdrawal symptoms and with the craving components in patients," explains Asheh.



Dr. Angelo Asheh, Chief Medical Officer

Advanced diagnostic testing is now being woven into patient care. "We can get in-depth diagnostic data by doing more expansive tests and looking at them collaboratively and then tailoring a treatment to that exact patient."

Throughout his career, Asheh has worked in many different areas of medicine from medicine to anesthesia to emergency care. Yet his work in addictions and mental health at Hanley

has been the most rewarding of his career. "When you are able to help someone in this field, you see them get better mentally, physically, socially and financially," says Asheh. "I get to see people flourish in all different ways. Seeing that growth and a patient's life change is really motivating."

A VISION FOR BETTER BRAIN HEALTH

Since 2001, Palm Health Foundation has played a pivotal role in making our local community healthier. Recognizing that good health is driven by behavioral, social, and environmental conditions, the Palm Health Foundation focuses on ensuring that everyone in our community has access to the services and resources they need to live a healthy life.



Given the organization's leadership role in the community, it is not surprising that Palm Health Foundation is spearheading a new movement to advance brain health in Palm Beach County.

The concept of brain health was a relatively new idea when President and CEO Patrick McNamara joined Palm Health Foundation eight years ago. "When I came to the Foundation, I asked for permission to begin to concentrate on this new concept of brain health," says McNamara. "Throughout my 30 plus years as a clinical social worker, I have been following developments in neuroscience. The understanding that we have gained about the brain has profound implications for behavioral health, neurological health, and overall health."

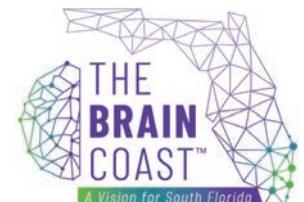
The shift in mindset that McNamara advocated eventually led to Palm Health Foundation developing the Brain Coast Vision. This vision is based on three fundamental tenets: advancing neuroscience, engaging the community, and encouraging innovations to improve brain health, mental health, and community resilience.

To bring the idea of brain health to the community, Palm Health Foundation launched an annual Train the Brain campaign in 2017. "It is predicated on the idea that taking care of your brain is just as important as taking care of the

rest of your body," says McNamara. Every year in October the Foundation activates a multimedia campaign, bringing the brain health message to the community on social media and through community events. The campaign encourages people to focus on healthy habits that lead to good brain health. "A lot of information about what makes a healthy brain is relatively new so there is a dissemination challenge," says McNamara. "Now that we have learned these things from science, we need to put them out to the overall community."

McNamara says the field of brain science has exploded over the past few decades and Palm Beach County is uniquely positioned to lead the way in advancing the concept of brain health. "We have some of the top neuroscientists in the world right in our own backyard," says McNamara referring to the scientists who work at the Wertheim UF Scripps Institute, Max Planck Florida Institute for Neuroscience, and Florida Atlantic Stiles-Nicholson Brain Institute. He points to research that is being conducted that connects brain science with addiction and mental health. "Locally, neuroscientists are working on addiction-related issues. There is a clear connection between the research going on locally and the opioid epidemic, getting to a better place with that, and then improving mental health care," he says.

As the Brain Coast Vision continues to evolve, McNamara is eager to see how the collaborations locally lead to a growing awareness of brain health around the world. "Our north star is to have everybody globally think of our area as The Brain Coast."



Sparkling collaboration in the neuroscience community

As a child, Dr. Courtney Miller thought she would be a psychiatrist. Thankfully, the Neuroscience Professor and Director of Academic Affairs at The Herbert Wertheim UF Scripps Institute for Biomedical Innovation and Technology discovered neuroscience instead. "Up until my senior year in high school I wanted to be a child psychiatrist," says Miller. "Then I learned about neuroscience, and I found the idea of getting new insights into how the brain functions pretty appealing."

While her career path shifted away from psychiatry, much of the work Miller does focuses on using brain science to understand psychiatric issues. The mission of the neuroscience research at UF Scripps is to understand the inner workings of the nervous system and what goes wrong in the many neurological and psychiatric disorders that affect its function, then to develop interventions for these conditions.

Miller has been working on one such intervention for much of her career. For decades she has studied a particular protein in the brain that plays a significant role in controlling brain plasticity, especially in the context of methamphetamine addiction. From her research, Miller developed a drug that restores that plasticity, effectively removing the craving for meth. It is slated to hopefully go to clinical trials in 2026. Unexpectedly, a similar drug she and her team are developing has potential application in the treatment of brain cancer.

Miller's discovery is just one of many made possible through collaboration with other neuroscientists. "The brain is

not a series of subregions that work independently. They are highly interconnected in an extremely complex way. Unraveling that complexity requires many of us studying the brain from several different angles, something the three research institutes locally are doing," says Miller. "One of the things that sets Palm Beach County apart is that all three of us — UF Scripps, Max Planck Florida Institute for Neuroscience, and FAU Stiles-Nicholson Brain Institute — are here and we really do have world-class neuroscientists. We want to figure out how to leverage the research we are doing and translate it into a way that we can help people in the community."

Under The Brain Coast initiative launched by Palm Health Foundation, the three research institutes are coming together to share research and collaborate on how to work together to advance brain science. "We are at a point now where we can sit down at a table and figure out our strengths together," says Miller. "We have complementary areas, and I can envision us fitting together in many ways."

Miller is encouraged not only by the exciting work of the current scientific community, but by the opportunity to attract more neuroscientists to our area. She mentions that a big area for growth on the horizon is brain stimulation. "It's a rapidly developing area in neuroscience and a really approachable way to treat brain disorders," explains Miller. "Now you can do transcranial magnetic stimulation from outside the brain, so it is non-invasive. Clinical studies have shown real impact in psychiatric disorders."

While the research drives her, Miller's passion for making an impact on people's lives is an important factor in her work. "I really enjoy understanding how people think," she says. "The things I have learned over the years as a neuroscientist about how plastic the brain is have given me a different view of how much we can control and what perhaps we can't, and how much ability we have to change how we are thinking and acting."

UF | The Herbert Wertheim UF Scripps Institute for Biomedical Innovation & Technology

Lighting up the brain science behind mental health and addiction

In a recent presentation at The Benjamin School, Max Planck Florida Institute's Scientific Director Dr. Lin Tian posed a simple question: if a blood test can tell us about our health conditions with precision, why can't we achieve similar precision with our emotions and our mental health? Answering this question has been the focus of Tian's research for decades.

Tian has developed new molecular tools that help scientists better understand the brain and how drugs interact with it. The end goal is to understand how chemical signals in the brain determine emotional states, thus guiding the treatment of neuropsychiatric disorders.

To track these chemical signals, Tian developed a sensor from two proteins. The first is green fluorescence protein, the protein that causes jellyfish to glow in the dark. "This protein is very special because if you shine a light on it, it will glow," explains Tian. "So now you have something you can visualize under a microscope."

The second protein is a G-protein coupled receptor found in the human brain. This protein is a natural bonding receptor for chemicals. "One third of FDA approved drugs target G-protein coupled receptors," says Tian. By putting the two proteins together, she can track how various drugs change the neuroactivity in the brain.

"Medications for neurological disorders target the chemicals in the brain. They work quickly at a chemical level but take weeks to show therapeutic effect," says Tian. "Antidepressants are the second most prescribed drugs in America, but we have limited knowledge of how they work." Now Tian can visually see how brain activity changes with the introduction of drugs. She explains that the lab replicates conditions such as depression in animals, introduces drug treatment, and then monitors brain activity, tracking molecules of chemicals like dopamine, serotonin,

and opioids. "Now we can record the release of those molecules and see how the drug works," says Tian. Through better understanding, the hope is that scientists can develop drugs that are more effective and less addictive. "Psychedelics, for instance, are very promising because they have a very fast anti-depressant effect, but the side effect is they are hallucinogens," says Tian. The new technology can now predict the hallucinogenic potential in psychedelic drugs, allowing for the development of new drugs that treat depression while eliminating the hallucinogenic effect.

Tian says her work can change the landscape of mental health and addiction treatment but will require collaboration with the pharmaceutical industry. "We can do the proof of principle, but we are not going to be able to scale. We can give pharmaceutical companies a platform to implement if they are willing," says Tian. "We need the support of the community to advocate for this."

The idea that her work can make a profound difference in the lives of people in crisis is what motivates Tian. "I think about can we do something bigger? Can we get these drugs to clinical trials so they can actually affect the lives of people? It is this that keeps me up at night."



Educating and engaging the community with the wonders of neuroscience

As Director of Community Engagement at Florida Atlantic University's Stiles-Nicholson Brain Institute (SNBI), Dr. Nicole Baganz works to make brain science accessible and inspiring for all ages. "We design programs that spark curiosity about the brain and show how understanding it can improve lives," she says. Through school partnerships, community collaborations, and public events, her team builds bridges between science and society.



FLORIDA ATLANTIC UNIVERSITY
Stiles-Nicholson
Brain Institute

Baganz came to Florida in 2016 to help launch the SNBI and establish its community mission. Since then, she has led programs including ASCEND (Advancing STEM Community Engagement through Neuroscience Discovery), an initiative originally aimed at middle school students. "It started in 2017 with Brain Sparks, a mini camp where kids could do hands-on neuroscience and meet real scientists, then grew into a seven-week afterschool program in Jupiter," she says. The program later went mobile to bring the experience to areas outside of Jupiter. "We then started Mobile Minds, with two vans that bring scientists and free neuroscience lessons to schools from grade school through high school." Baganz credits Dr. David Cinalli for co-leading the Mobile Minds outreach effort.

Programs for adults are also a key focus. "We host Brainy Days, a month-long celebration of neuroscience each



March," she says. "We feature scientists who share their work with the public, many of whom have written best-selling books on topics like Alzheimer's and brain health." The series also includes Brain Sparks at the Cox Science Center and a traveling juried art exhibit featuring works by artists with a bipolar diagnosis.

SNBI also presents Brains Explained, a community talk series held at public venues. "I recently spoke at Coastal Karma Brewing Company about brain fitness," says Baganz. She works alongside Dr. Aly Paz on this series that brings science into everyday spaces.

In addition to running community programs, Baganz has a background in neuroscience. As a PhD student at the University of Texas Health San Antonio, she studied serotonin, focusing on new targets for antidepressant drugs. Having watched her sister struggle with mental health and addiction, she was driven to understand the brain. "My sister's struggle profoundly shaped my perspective," says Baganz. "It deepened my drive to understand how the brain influences behavior and mental health." Her sister died in 2000 at age 18, a loss that continues to guide her advocacy. "Back then, mental health was kept in the shadows," she says. "It was considered an embarrassment to the family. That is part of why I speak so openly about it now."

The community programs led by Baganz and her team at SNBI align closely with the Brain Coast initiative, a regional effort championed by the Palm Health Foundation to advance brain health for all. "Along Florida's Brain Coast, we have world-class research institutions, an engaged community, and philanthropists working together to promote brain health," says Baganz. "It's a collaborative ecosystem where everyone plays a role."

SECTION 3:

CAMPAIGN FOR RECOVERY UPDATES & OPPORTUNITIES



THE CAMPAIGN FOR RECOVERY:

A bold vision comes to life

Something is brewing at Hanley Resource Center, and it's more than the aroma of espresso. With the launch of a new bookstore and café, Hanley is reimagining recovery by going beyond healing to offer life skills, purposeful direction, and job readiness.

The new bookstore and café will be the heartbeat of Hanley's new Employability & Recovery Training Program, a hands-on, real-world vocational experience designed for individuals rebuilding their lives after addiction treatment.

A Community Hub With A Mission

Nestled inside Hanley's renovated Resource Center, the café and bookstore are more than just cozy corners of campus. They are education experiences, training grounds, and safe spaces. Here, participants will not only learn how to steam milk or restock shelves, but also how to believe in themselves again.

Open to individuals currently enrolled in outpatient or intensive outpatient services, as well as alumni who've completed treatment within the past year, the program runs in six- to eight-week cycles, offering a flexible, supportive path back into the workforce.

A Program Built For Real Life

The Employability & Recovery Training Program is anything but theoretical. Participants will rotate through three tracks, culinary training, café operations, and bookstore retail, while also attending weekly classes on resume writing, interviewing, and workplace communication.

Participants' time will be split between classroom learning, hands-on experience, and peer support. Think of it as job training with a recovery-informed heart.

In the kitchen, participants will learn safe food handling, meal prep, and nutrition, with the opportunity to earn a ServSafe certification. At the café bar, they will dive into barista training, inventory management, and customer service. And in the bookstore, they will manage displays, pricing, and host community events centered on wellness and recovery.

Every trainee progresses through a three-tier "Path to Mastery" level system, identified by cap colors: white or gray for beginners, blue for intermediates, and black for leaders. This visual, gamified approach builds both confidence and camaraderie while recognizing achievements in real time.

Recovery Is The Foundation

At its core, the program isn't just about job skills; it's about recovery capital. Each component reinforces structure, accountability, and emotional regulation, all critical to sustained sobriety. Participants will engage in weekly journaling, mentorship, and group reflection to stay grounded in their personal growth.

For many, this will be their first step toward rejoining the workforce. For others, it will be a bridge to continuing education or a steppingstone to leadership in the recovery community. Hanley's partnerships with local restaurants, recovery-friendly employers, and community colleges ensure that there are next steps, including externships, job placements, or credit articulation, for those who complete the program.

More Than A Graduation Certificate

Those who complete the entire cycle and master Level 3 competencies earn a Certificate of Employability Achievement, along with a letter of recommendation, job placement assistance, and the pride that comes from persevering through a challenging endeavor.

Requirements are rigorous but realistic. Participants must attend at least 85% of scheduled sessions, complete all classroom and hands-on rotations, and complete a mock job interview and final review.

Graduates won't just leave with skills, they will go forth with dignity, direction, and a sense of belonging. In recovery, each is crucial in the journey towards a successful future.

Designed For Long-Term Impact

Staff at the Path to Mastery program will include a full-time program coordinator, instructors for culinary and retail training, a peer recovery specialist, and administrative support. The program's pilot phase will consist of extensive feedback from both participants and instructors, ensuring that it evolves to meet real-world needs.

Its design is evidence-informed, rooted in behavioral health best practices and vocational education principles. But what makes the program truly unique is that it is created to be person-centered, recovery-aware, and focused on empowerment.

The bookstore and café itself will be open to the community, serving as a literal and symbolic intersection between Hanley and the public. Customers will walk in for coffee and witness transformation in action.

A Vision For Recovery That Includes Everyone

Hanley's vision has always extended beyond treatment. With this new initiative, we are stepping boldly into the space where recovery meets reintegration. The bookstore and café



YOU'RE INVITED!

Join us at the Grand Opening of Hanley's Recovery Café & Bookstore. Opening to the public in June 2026. Subscribe to our newsletter for more exciting updates.



won't just prepare people to punch a clock; it will prepare them to reclaim their futures.

Set to open in 2026, the bookstore and café will be a cornerstone of Hanley's Resource Center, welcoming the public, supporting alumni, and demonstrating that healing and employability are closely intertwined.

As part of Hanley Center's continuum of care, the program deepens our commitment to treating the whole person, offering a path forward not just for sobriety, but for stability, dignity, and long-term success.

In a society where addiction often leads to isolation, unemployment, and stigma, programs like this change the narrative. They remind us that recovery isn't just possible, it's powerful. And everyone deserves a second shot.

Naming opportunities are available, and supporters are invited to be part of this innovative and life-changing campaign. To learn more or contribute, please contact Turner Benoit at Turner.Benoit@hanleyfoundation.org.

So, make sure to stop by for a cappuccino at the café, or to pick up a book from the bookstore. Each time you visit, you make a small investment in someone's new beginning.

OPENING DOORS TO HEALING

Recovery is about more than sobriety. It's about hope, dignity, opportunity, and a second chance at life. At Hanley, we believe that lasting recovery requires a solid foundation, and that foundation is built by a community that cares.

This belief is the heart behind Hanley's Campaign for Recovery, a comprehensive initiative that not only expands access to treatment but also establishes long-term support systems, including housing, workforce training, prevention

education, and advocacy. From reimagining alumni services to launching new social enterprises, such as the recovery bookstore and café, this campaign will create hope and lead change, one patient and one family at a time.

Rendering of Hanley Resource Center's new coffee shop and bookstore



Your support makes it possible

Whether you are honoring a loved one, celebrating a recovery milestone, or simply looking to make a lasting difference, there are many ways to get involved in the Campaign for Recovery.

1. NAMING OPPORTUNITIES

Leave a legacy of compassion by naming a space at Hanley's Resource Center or in select locations throughout Hanley Center's campus expansion. These opportunities are a powerful way to honor someone you love while supporting those still on the path to healing.

2. HONOR OR MEMORIAL GIVING

A gift in honor of someone in recovery or in memory of someone lost can become a lasting tribute. These donations carry stories, legacies, and love forward and serve as an inspiration to those on a journey of recovery.

3. LEGACY GIVING, ENDOWMENTS AND STOCK DONATIONS

You can support recovery for generations to come through planned giving. Whether through bequests, endowed gifts, or stock transfers, your generosity will ensure access to care for individuals in need continues to be possible.

4. SPREAD THE WORD

Talk about Hanley. Share our mission with your friends, workplace, or place of worship. Recovery is often hidden in silence. Your voice can be part of ending that stigma and telling the story of recovery with the authenticity and empathy it deserves.

5. ATTEND AN EVENT

Join us for one of our signature events or community initiatives. Every ticket, every auction bid, every round of applause helps fund scholarships and life-saving services for those who otherwise would not get the help they need.

To learn more about how you can support Hanley's Campaign for Recovery, including naming opportunities or planned giving, please contact Turner Benoit at Turner@hanleyfoundation.org.

Together, we can build a future where no one faces addiction alone and where recovery is not just a hope but a reality.



Thank you to our capital campaign donors

We are deeply grateful to the generous donors who have already stepped forward to support Hanley's Campaign for Recovery. Your belief in our mission and your investment in the future of addiction treatment and prevention are already making a tangible difference. Because of you, we are building spaces of healing, launching transformative programs, and expanding access to care for individuals and families across Florida. Every gift, whether large or small, is a beacon of hope for those seeking a path to recovery. Thank you for helping us turn our vision into reality and for being part of a movement that saves lives every single day.

Donor list as of December 1, 2025

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SECTION 4:

BEHAVIORAL HEALTH LEGISLATIVE UPDATE

Behavioral Health in 2025: Using Data to Effect Change

As behavioral health continues to dominate national conversations, new data and recent Florida legislation are converging to reshape the way we think about and respond to substance use disorder (SUD) and mental health care.

The Struggle Is Real

According to the 2023 National Survey on Drug Use and Health (NSDUH), over 48 million Americans met the criteria for a substance use disorder in the past year. Sadly, more than 85% of them did not receive the treatment they needed. In the same survey, nearly 1 in 4 adults reported experiencing a mental illness in the past year. Considering the high numbers of both those reporting substance use issues and those reporting mental health issues, significant overlap between the two is likely. These individuals who have co-occurring disorders are at much higher risk for poor health, unemployment, incarceration, and homelessness.

Dr. John Dyben, chief clinical officer at Hanley Center, notes that “addiction is not just a matter of willpower or behavior,

it’s a chronic medical condition rooted in biology, trauma, and social context.” In his recent presentation, *The Problem is the Problem*, Dr. Dyben calls for a paradigm shift in both clinical practice and policy, emphasizing narrative-based, trauma-informed care.

Legislation Guides Behavioral Health Care In Florida

In 2025, Florida passed Senate Bill 1620, a landmark update to the state’s mental health act. Co-sponsored by Senator Darryl Rouson, a longtime recovery advocate and Hanley alum, the legislation reflects recommendations from the Commission on Mental Health and Substance Use Disorder.

HIGHLIGHTS OF SB 1620 INCLUDE:

- MANDATING PERSON-FIRST LANGUAGE IN ALL BEHAVIORAL HEALTH SETTINGS
- REQUIRING INDIVIDUALIZED TREATMENT PLAN UPDATES EVERY 30 DAYS
- INTEGRATING DAILY LIVING ACTIVITIES-20 (DLA-20) FUNCTIONAL ASSESSMENTS
- EXPANDING TRAUMA-INFORMED CARE AND CRISIS INTERVENTION STANDARDS
- SUPPORTING SCHOOL-BASED BEHAVIORAL HEALTH AND TELEHEALTH ACCESS

Senator Rouson, who celebrated 27 years in recovery this year, also helped spearhead legislation supporting peer recovery specialists and workforce development, recognizing that long-term recovery requires more than just short-term care.

Research And Innovation In Recovery

As national data continue to reveal the complexity of co-occurring disorders and the gaps in access to care, Hanley Foundation is investing in the future of behavioral health through its Center for Research and Innovation. At the heart of this effort is a commitment to Measurement-Based Care (MBC) and Trauma-Informed Care (TIC), two evidence-based approaches that allow clinicians to respond to patient needs with precision and empathy.

Currently, the Foundation is conducting a study on the Trauma Informed Care Review (TICR), a novel Patient Reported Outcome (PRO) tool designed to measure how individuals experience trauma-informed treatment. By identifying hidden barriers and patient perspectives that traditional tools may miss, the TICR helps clinical teams refine and individualize care, ultimately improving outcomes. A companion version for adolescents (TICR-A) is also under development, with Institutional Review Board (IRB) approval secured and testing underway at two adolescent programs. “By embedding measurement-based care and trauma-informed practices into everything we do, we’re not just treating addiction, we’re identifying the hidden obstacles

that keep people from healing,” says Dyben. “Our goal is simple: use data to reveal what works, then scale it so every person gets the care they deserve.”

In 2025, Hanley also launched a custom-designed MBC and Outcomes system. The platform assigns evidence-based assessments to patients whose responses are immediately shared with their therapists to guide clinical decisions. After discharge, the system follows patients for three years, collecting periodic outcome data that will be analyzed to generate annual reports and uncover the most effective practices for long-term recovery.

Hanley’s Center for Brain Recovery recently received a grant to advance its use of QEEG (quantitative electroencephalogram) technology, also known as brain mapping. This cutting-edge tool allows clinicians to objectively assess brain function, offering critical insights that can help tailor both medical and therapeutic interventions more precisely for each individual.

By embracing real-time data and trauma-responsive approaches, Hanley is helping to define what effective care looks like, not just in theory, but in the lived experiences of our patients.

A Path To Good Health

Behavioral health is entering a new chapter, one defined by integrated care, evidence-based legislation, and the powerful voices of people in recovery.

“This is a moment to turn data into action,” says Dyben. “Legislation gives us a framework, but lasting change comes from building compassionate systems where people are seen, supported, and empowered.”

As the Campaign for Recovery continues to expand Hanley’s impact through building new treatment facilities, providing recovery support, and implementing workforce initiatives, we are heartened by the growing understanding among legislators, providers, and the community at large that mental health and addiction care is health care. Ensuring individuals are healthy in mind, body, and spirit is essential to building resilient, thriving communities for the future.

PALM BEACH COUNTY OPIOID SETTLEMENT HELPS EXPAND CASA FLORES

Hanley Foundation is honored to be among the recipients of funding from the Palm Beach County Opioid Settlement. These critical dollars will support the growth of Casa Flores, Hanley Center's residential recovery program dedicated to serving pregnant women affected by substance use disorder.

The opioid crisis has devastated families across our state, and programs like Casa Flores are vital in preventing generational cycles of addiction. With the help of these funds, Hanley will be able to expand services at Casa Flores, enhancing both residential capacity and clinical programming to better meet the complex needs of women in recovery and their children.

HANLEY FOUNDATION RECEIVES GRANT TO HELP MOTHERS WITH SUBSTANCE USE DISORDER

Hanley Foundation is proud to announce the award of a \$1.5 million grant from the State of Florida to support the growth of Casa Flores, Hanley's residential recovery program for pregnant and postpartum women with substance use disorder. These funds will be used for new construction or the purchase and restoration of transitional housing, helping meet the urgent need for safe, supportive spaces where mothers can heal alongside their children.

This transformational investment



Rep. John Snyder

This investment marks a turning point, not just in our ability to serve more families, but in the collective commitment of our community to support healing, recovery, and hope.

We extend our heartfelt thanks to the Palm Beach County Board of County Commissioners for their leadership in allocating these funds. Their commitment to addressing the opioid epidemic in our local communities is making a meaningful difference in the lives of those we serve every day.

Together, we are building stronger families and brighter futures, one mother, one child, and one recovery story at a time.



Palm Beach County employees (from left to right) Taruna Malhotra, James Green, Tammy Fields and John Hulick speak to county commissioners regarding the opioid settlement funds.

Sen. Gayle Harrell speaking at Hanley's Annual Palm Beach Dinner

will enable Hanley to offer more access to long-term recovery resources and provide stable housing, both key elements in breaking the cycle of addiction and improving outcomes for families across Florida.

We are deeply grateful to State Representative John Snyder and Senator Gayle Harrell for their advocacy, leadership, and unwavering commitment to behavioral health services. Their support ensures that Casa Flores can continue to expand, serving a greater number of women and children in need.

This grant is an investment in lives restored, families reunited, and futures rebuilt, giving hope to patients who once had none. Hanley Foundation is honored to continue this life-changing work in partnership with our state leaders and the communities we serve.



State Attorney Alexia Cox

Championing Palm Beach County's fight against the opioid crisis

State Attorney Alexia Cox is bringing a bold, compassionate vision to Palm Beach County's justice system, one built from both accountability and a deep understanding of the behavioral health issues that fuel crime and suffering in our communities. With a focus on prevention, public safety, and rehabilitation, Cox's leadership reflects a new era for the 15th Judicial Circuit and for the landscape of recovery in our community.

The Addiction Recovery Task Force is a cornerstone of Cox's efforts. The program has become a national model for prosecutorial innovation in the face of a public health emergency. Launched by former State Attorney Dave Aronberg and led by Chief Assistant State Attorney Al Johnson, the task force works closely with law enforcement, medical professionals, and community-based organizations to fight widespread fraud and abuse in the treatment and sober home industry locally.

These collaborations have resulted in more than 120 arrests and 110 convictions, holding bad actors accountable while working to protect vulnerable



people seeking recovery. The task force's work has also supported education and community-based solutions aimed at addressing addiction before it turns fatal.

The results speak volumes: opioid overdose deaths in Palm Beach County have dropped by 45% compared to the previous year.

"This significant progress in our fight against the opioid crisis reflects years of dedication, teamwork, and the belief that every person battling addiction deserves a real chance to recover," says Cox.

Cox's stance on behavioral health is clear: public safety is strengthened when the justice system recognizes the complexity of substance use disorder (SUD) and the challenges facing those suffering from it. Her office continues to support diversion and intervention strategies that give people access to treatment when appropriate, while still holding them accountable for their actions.

As Palm Beach County continues to confront the evolving addiction crisis, Cox is a leader who understands what is at stake and is working to create lasting solutions grounded in both justice and recovery.

FLORIDA SENATOR TINA POLSKY

Champions *fentanyl awareness* with senate bill 214

As the opioid crisis continues to claim lives across Florida and the nation, few public officials have taken as bold and proactive a stance as Florida State Senator Tina Polsky. This year, Senator Polsky sponsored and successfully passed Senate Bill 214, legislation that designates August 21st as "Fentanyl Awareness and Education Day" across the state.

This vital law encourages Florida's public agencies, local governments, and schools to promote awareness of fentanyl's dangers. From educating youth on how a small amount of fentanyl can be fatal, to highlighting the life-saving use of Narcan and fentanyl test strips, the goal is to save lives through knowledge and community engagement.

Senator Polsky's advocacy is rooted in compassion and urgency. In a public service announcement produced in partnership with Hanley Foundation, she stated:

"We are bringing this forward because it is so important to make sure everyone knows how dangerous fentanyl can be. A tiny speck can kill you. Please educate yourself on fentanyl. Tell your family members, tell your friends how dangerous and deadly one tiny speck of fentanyl can be."

The Senator emphasized that awareness is only part of the solution. Equipping individuals with tools like Naloxone

(Narcan) and test strips and ensuring they know how to use them are crucial. These interventions can prevent or reverse overdoses and prevent tragedy.

SB 214 encourages communities to organize educational events, share information on overdose prevention, and advocate for proactive policies to fight the synthetic opioid epidemic.

For Hanley Foundation, which has been at the forefront of prevention and recovery education across Florida, Senator Polsky's tireless efforts to champion SB 214 into law reflect a shining example of how advocacy can result in meaningful change towards raising awareness and stopping the spread of misinformation about substance use.

Hanley Foundation applauds Senator Tina Polsky's leadership and vision. Her work has helped ensure that Florida stands on the frontlines of the fight against fentanyl, empowering communities to share life-saving information and resources and prevent the needless loss of more lives.



Jeff and Tina Polsky at Hanley Foundation's Brice Makris Brunch





SECTION 5:

PARTNERS IN THE FIGHT AGAINST ADDICTION



One of the many water features on Hanley Center's campus

Partnering for a purpose

At Hanley Foundation, we know that the fight against addiction takes more than just one organization. Successfully effecting change through helping people find recovery requires many advocates working on multiple fronts with one shared purpose: saving lives.

Hanley's mission to eliminate addiction through education, advocacy, treatment, and recovery support is made possible only through the support and commitment of our board members, donors, community partners, and funders. Together, we form a united front of allies dedicated to preventing substance use, expanding access to care, and empowering recovery.

Our work is guided by four pillars that form the foundation for success.

PREVENTION

Through evidence-based education and early intervention programs, we equip young people and their families with the knowledge and tools to make informed, healthy choices. Prevention not only affects change in today's youth; it is a proactive investment in the next generation.

ADVOCACY

Through advocacy, we champion equitable access to mental health and substance use treatment and work tirelessly to reduce stigma through community education and legislative engagement. Our advocacy efforts help ensure that recovery remains accessible to all who seek it.

TREATMENT

Through the myriad programs at Hanley Center, the Foundation helps individuals and families find hope and healing at every stage of recovery. Our nationally recognized programs combine evidence-based treatment with compassionate, personalized care that addresses the physical, emotional, and spiritual dimensions of addiction. With programs tailored to meet each patient's needs, we ensure that those seeking help receive life-changing treatment and the opportunity to build a lasting foundation for recovery.

RECOVERY SUPPORT

We believe that everyone deserves recovery regardless of their ability to pay. Through treatment scholarships and post-recovery resources, we remove financial barriers and provide ongoing support for individuals rebuilding their lives. Each scholarship represents not only an opportunity for healing but also a renewed sense of hope.

As a nonprofit organization, Hanley Foundation is wholly dependent on the generosity and involvement of those who believe in our mission. Every life transformed is a testament to the collective impact of our community of supporters.

In the following pages, we proudly honor several of the many partners whose dedication and generosity make our work possible:

- Donor Spotlight: Alexis and Shanna Graham
- Board Member Spotlights: Nancy Caraboolad and Whitney Miller Douglass
- Sponsor Spotlight: Cleveland Clinic
- Foundation Spotlight: Cathleen McFarlane Foundation
- Community Member Spotlight: Susan Rosenberg Goldstein
- Funder Spotlight: Southeast Behavioral Health Network (Ann Berner, CEO)

Together, these individuals and organizations embody the spirit of partnership and philanthropy that fuels Hanley Foundation's mission and propels meaningful change in the fight against addiction.

Giving mothers and babies the hope for a brighter future

At the heart of Hanley Foundation's mission lies the belief that everyone deserves a second chance, especially mothers seeking recovery. With a transformative \$1 million gift from Palm Beach residents Alexis and Shanna Graham, Hanley Foundation is expanding the impact of Casa Flores, its revolutionary residential program for pregnant and postpartum women seeking recovery from a substance use disorder.

The Grahams' generosity comes at a critical moment. With nearly 20,000 infants born each year exposed to opioids in the U.S., the need for specialized treatment programs that support both mother and child has never been greater. Casa Flores provides women with comprehensive, medically supervised care throughout pregnancy and postpartum recovery, while allowing newborns to remain with their mothers in comfortable mother-baby suites.

"Addiction is complex and can have neurological, sociological, and societal impacts that many of us may not fully understand," says Alexis Graham. "We believe it is crucial for these women to have a safe space where they can seek support without fear of public shame or concern for their personal safety."

The Casa Flores program, which currently houses five mother-baby suites, provides wraparound services, integrating substance use treatment, prenatal and postnatal care, parenting education, and recovery support. Casa Flores is a bold step forward in breaking the generational cycle of addiction.

For the Grahams, this gift is deeply personal. Their commitment is rooted in the belief that sometimes the greatest gift you can give a mother and her child is a pathway to recovery, healing, and hope. "Women deserve expert care by trained professionals who can help them move forward in their lives," adds Alexis Graham.

Nearly \$4 million has been raised for the Casa Flores program through Hanley Foundation's Campaign for Recovery. Thanks to the leadership of donors like the Grahams, the vision to expand the program and help even more women and children is quickly becoming a reality.

The Grahams' extraordinary gift is a testament to the belief that every mother and every child deserve a future free from the weight of addiction, and filled with love, healing, and new beginnings.



Shanna and Alexis Graham, Talbott Maxey at Hanley's 20th Palm Beach Dinner

A champion for the cause

Nancy Caraboolad's passion for giving back was born decades ago as a young nurse at Children's Hospital in Boston. "I worked on the pediatric oncology floor. You were assigned to certain patients, so you developed a relationship with them. It was quite a life experience," says Caraboolad. "Being a nurse, you always want to give back."

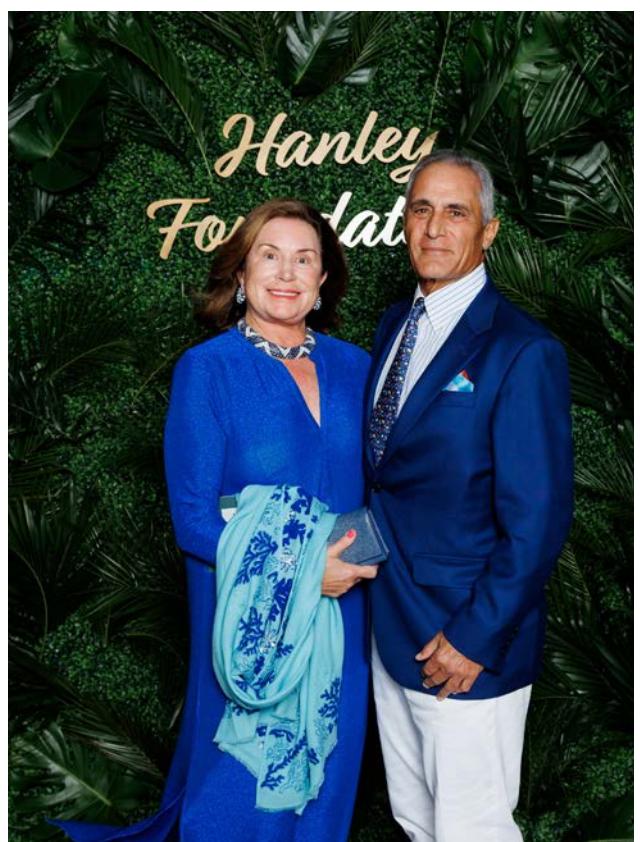
An avid golfer, Caraboolad first learned about Hanley when she was invited to play in the annual golf tournament in 2015. "Being a nurse, [I knew] the whole oxycontin thing was raging, and I had been on a rampage about that for a while. The number of lives that have been ruined is really a travesty," says Caraboolad. "I was happy to support an organization that was helping with addiction and recovery."

The Palm Beach resident returned to play in the golf tournament each year and, before long, she stepped up to co-chair the event. Despite the significant role she was already playing in fundraising for Hanley, Caraboolad felt like she had more to give. She reached out to Turner Benoit, chief philanthropy officer at Hanley, and asked what else she could do to help. "They asked me to come on the board, and I was happy to do so," says Caraboolad who joined the Hanley Foundation board in 2024. Not one to just sit on a board though, she started volunteering at the Hanley Center. "I would go on Sunday afternoon and sit at the greeting table for the visitations of family and friends. It was so buoying. I really felt like I was getting to the heart of what we were doing and who we were helping. Addiction affects everybody in some way."

Caraboolad speaks from personal experience — her family has also been affected by addiction. "My dad had a severe

alcohol problem. He was kind of a closet drinker, and he didn't drink all the time, but he would get pretty messed up," she says. Her father quit when he was 55. "That was pretty amazing."

Since that very first golf tournament 10 years ago, Caraboolad has been a staunch advocate and spokesperson for Hanley. "I love getting other people involved and spreading the word. You just start talking and it is a way of connecting, but also, in the long run, you might be able to help someone."



Nancy and Geoffrey Caraboolad at Hanley's 20th Palm Beach Dinner

Creating authenticity in addiction and recovery

Whitney Miller Douglass is not afraid to share her story. "This is what an addict looks like," she says without preamble. The words at first seem uncharacteristic coming from this well-spoken, polished Palm Beach mom, but Douglass thinks it is important to draw back the curtain on what addiction really looks like. "I have the ability to choose to not be anonymous about my recovery. The vulnerability is a little scary, but so freeing, and it's also a way for me to be of service. The hope in living my recovery out loud is to destigmatize the shame of addiction, to break the generational cycle, and to show that it is ok to ask for help."

A Florida native, Douglass grew up in a family where substance misuse was the norm, rather than the exception. "I'm a believer that it is genetic. I personally believe I was born with addiction." Her father, who just turned 94, has been sober for 55 years. Both her sisters are in recovery.



Maria-Flora and Whitney Miller Douglass at Hanley's 19th Palm Beach Dinner

Douglass, herself, has been sober since 2017.

Over the years, her family has supported the Hanley Foundation in numerous ways, but in 2022, Douglass was asked to lend her own time and talent to the cause by joining the board of directors. "My mother died, and I was in a really down, sad place. Turner really helped me by offering a way for me to be of service." (Hanley's Chief Philanthropy Officer Turner Benoit is a childhood friend of Douglass's.)

Douglass has jumped into her board role with both feet. "I attend every meeting and event that I can. I bring my son, my family, and my friends, and I talk and live recovery in every aspect of my life." She has also brought her creative thinking to new projects at Hanley. The new coffee shop under construction in Hanley's Resource Center will have beverages named by Douglass. "The drink sizes are named Serenity, Courage, and Wisdom, so the extra-large drink has to be Ego," laughs Douglass. "We're not a glum lot!"

The coffee shop is part of a new workforce program that provides work opportunities to Hanley patients. "We are stocking the bookstore and making t-shirts. We are going to have AA meetings there. I took the tour the other day and it is inspiring," says Douglass. "I think we are getting the word out to all aspects of the community and really trying to normalize recovery."

Douglass is thankful to be part of the future of Hanley and to play a role in helping people start their own sober journeys. "I owe my life to the people who helped me get sober and find a new way of living, and now I have a chance to pass that on. I am thrilled to be a part of Hanley where bold thinking and all of these innovations are happening. I'm proud to stand shoulder-to-shoulder with a board that believes in integrity and action. That, in and of itself, is fuel for hope. Every single human life is worth saving and can be saved. This is an epidemic. People are dying. It is my cause."

Supporting healthy communities and drug-free living

In the fight against addiction, prevention is often the unsung hero. At Hanley Foundation, our prevention programs reach hundreds of thousands of Florida's youth and families each year, and much of that impact is made possible through the unwavering support of Southeast Florida Behavioral Health Network.

Designated by Florida Department of Children and Families as the managing entity for behavioral health in Palm Beach, Martin, St. Lucie, Okeechobee, and Indian River Counties, SEFBHN administers the distribution of federal and state dollars earmarked for programs that promote the emotional well-being and drug-free living of children and adults in our community. Hanley Foundation's prevention services, from in-school education and family engagement to early intervention programming, are supported by this critical partnership.

Under the leadership of CEO Ann Berner, SEFBHN has become a statewide model for how managing entities can adapt quickly to community needs while ensuring programs are both evidence-based and locally relevant. On an episode of The Hanley Effect podcast, Berner highlighted the importance of tailoring prevention efforts to each county's specific needs. "We complement and fill in gaps," she shared. "It really takes everybody working at all levels. Blending our stewardship and the needs of our local community makes the managing entities a really dynamic and flexible way to deliver public health services."

This holistic, boots-on-the-ground approach has allowed Hanley Foundation to deliver high-impact, evidence-based prevention curricula in schools throughout Florida, helping

students develop the skills and resilience they need to avoid substance use before it begins. The partnership also supports broader community education campaigns, access to parenting resources, and engagement with trusted tools like 2-1-1 and peer-led outreach.

Importantly, SEFBHN holds prevention providers to rigorous standards through validation visits, which ensure transparency, compliance, and effectiveness, and underscore the value of public trust.

SEFBHN's high standards for accountability and transparency ensure that partners are responsibly stewarding taxpayer dollars and delivering the very best for the communities they serve.

We are proud to stand alongside Ann Berner and the team at SEFBHN as partners in prevention. Their vision and leadership have enabled Hanley Foundation's prevention team to reach families before a crisis hits, when education, awareness, and support can make the most significant difference.

Together, we're planting seeds to grow a new generation empowered to live substance-free.



Ann Berner, CEO of SEFBHN



Partnering to build a healthier community

Cleveland Clinic, founded in 1921 in Ohio, as a multi-specialty group practice, has grown into an integrated health system serving millions of patients each year. In Florida, the organization continues that mission through five hospitals and a network of outpatient services spanning from Broward County to Vero Beach.

Today, that integrated health system includes a core focus on behavioral health. In our local communities, Cleveland Clinic is making great strides in bringing behavioral health care services and support to Floridians. “Behavioral health is a critical focus area for us. We recognize the need for integrated, accessible, compassionate care,” says Kellie Hensley, senior director of marketing and community relations for Cleveland Clinic’s Florida market. “Through strategic partnerships like Hanley and through our community engagement efforts, my team works to build these meaningful relationships and implement initiatives and programs that deliver measurable impact across the counties we serve.”

The collaboration between Cleveland Clinic and Hanley started in 2024 when both organizations recognized they had similar goals for community health. “Our primary mission in serving the local community is in fostering the healthiest environment possible for every individual,” says Hensley. “Our relationship with Hanley is a vital component of that mission.”

Cleveland Clinic provides support for Hanley in funding prevention programs and initiatives that make behavioral health care more accessible. “One of the programs

we collaborated on is enhanced prevention education services in middle and high schools in Martin and St. Lucie Counties,” says Hensley. “Early intervention is critical and lays the foundation for hopefully a brighter future for our community.”

Cleveland Clinic also recognizes that cost can be a key factor in seeking treatment. “Mental health and addiction recovery often require long-term, multi-disciplinary support,” explains Hensley. “It can get expensive. Where we are making a difference is in collaborating with organizations like Hanley and playing a vital role in providing access to life-saving scholarships and resources to help someone receive care.”

Cleveland Clinic conducts a community needs assessment every three years, providing guidance for which health initiatives should take priority. “One of our community health priority areas is behavioral health. In many cases, addiction comes because of behavioral health struggles, and having a partner that can tackle the dual diagnosis of mental health and addiction enables people in our communities to start the healing process,” says Hensley.

Hensley says together Cleveland Clinic and Hanley are creating sustainable, measurable impact in our community, and she is looking forward to continuing to advance better behavioral health for Floridians. “We are excited about our partnership with Hanley. This collaboration represents our full alignment of missions.”



Stephanie Quirantes, Dr. Rachel Docekal, Kellie Hensley

PROVIDING HOPE THROUGH LIFESAVING SCHOLARSHIPS

Since 2018, the Cathleen McFarlane Foundation has provided unwavering philanthropic support to the Hanley Foundation through its Lifesaver Scholarship Program, contributing \$1,092,500 to date. This generosity has helped fuel hundreds of individuals’ journeys from addiction toward recovery, opening doors for many to find the new life they never thought possible.

Founded in 1997 by Cathleen McFarlane Ross, the Cathleen McFarlane Foundation has long focused on supporting underserved populations including people experiencing homelessness, addiction, and other profound life challenges. The Foundation’s mission aligns seamlessly with Hanley’s belief that treatment must be accessible to all and not limited by financial barriers.

Our foundation is proud to stand as a steadfast partner to Hanley Foundation,” says Denis P. Coleman, President of the Cathleen McFarlane Foundation. “Since its inception, we have supported the transformative recovery model that the Lifesaver Scholarship brings to this community and well beyond.”

“The Lifesaver Scholarship program simply wouldn’t exist without the generosity and vision of the Cathleen McFarlane Foundation,” says Hanley’s Chief Philanthropy Officer Turner Benoit. “They were the first to believe in our mission and invest in it. Because of their trust, the Lifesaver Scholarship program has grown beyond what we ever imagined, changing and saving thousands of lives.”

Through the Lifesaver Scholarship Program, the Hanley Foundation provides critical financial aid to individuals who would otherwise be unable to afford treatment. Thanks to donors like the Cathleen McFarlane Foundation, the program has helped thousands receive quality care through scholarship funding. The support from the Cathleen McFarlane Foundation has been particularly impactful in enabling individuals to access a full-continuum of treatment

from detox to outpatient services and recovery support.

“The Cathleen McFarlane Foundation is honored to continue our support of Hanley Foundation’s Lifesaver Scholarship Program, an innovative initiative we’ve proudly championed since its inception eight years ago,” says Sunni Johnson, executive director of the Cathleen McFarlane Foundation. “Everyone deserves the opportunity to rebuild their life, regardless of financial circumstances. Partnering with Hanley to make recovery accessible to all is both inspiring and deeply fulfilling, and we encourage others to join in supporting this life-changing mission.”

For the Hanley team, the Cathleen McFarlane Foundation partnership signifies a shared conviction that all lives matter, and that help and hope are always the path forward. Those who serve on the frontlines of addiction treatment know that financial obstacles remain a top reason people delay or forgo care. With nearly a million dollars in dedicated support, together we are able to continue our lifesaving work.

The impact of financial support reverberates beyond each scholarship. Its ripple effect spreads healing throughout families, reunites siblings, restarts careers, and strengthens communities.

We are profoundly grateful to the Cathleen McFarlane Foundation for their steadfast investment since 2018. Their generosity has empowered the Hanley Foundation to carry forward its mission with greater reach and effectiveness. Together, we demonstrate that philanthropy and recovery walk hand in hand, and that when people invest in hope, lives are changed.

CATHLEEN MCFARLANE FOUNDATION



Executive Director Sunni Johnson

Honoring the memory of a brother's sober journey

Susan Rosenberg Goldstein credits Hanley for bringing her brother back to her. Her only sibling, Michael Rosenberg, was two years older, and brother and sister were very close. Yet when Michael was in the throes of alcohol addiction, their relationship became fractured. "When he was drinking it was very hard. He was not easy to be with," recalls Goldstein.

Michael had sought treatment many times but was unable to get sober until he came to Hanley. Goldstein says her brother found meaningful connections at Hanley which made all the difference in helping him finally get sober. "I remember Michael saying that he met people and felt connected to people in a way he never had before," she recalls. "He felt incredibly comfortable there. He was like another person."

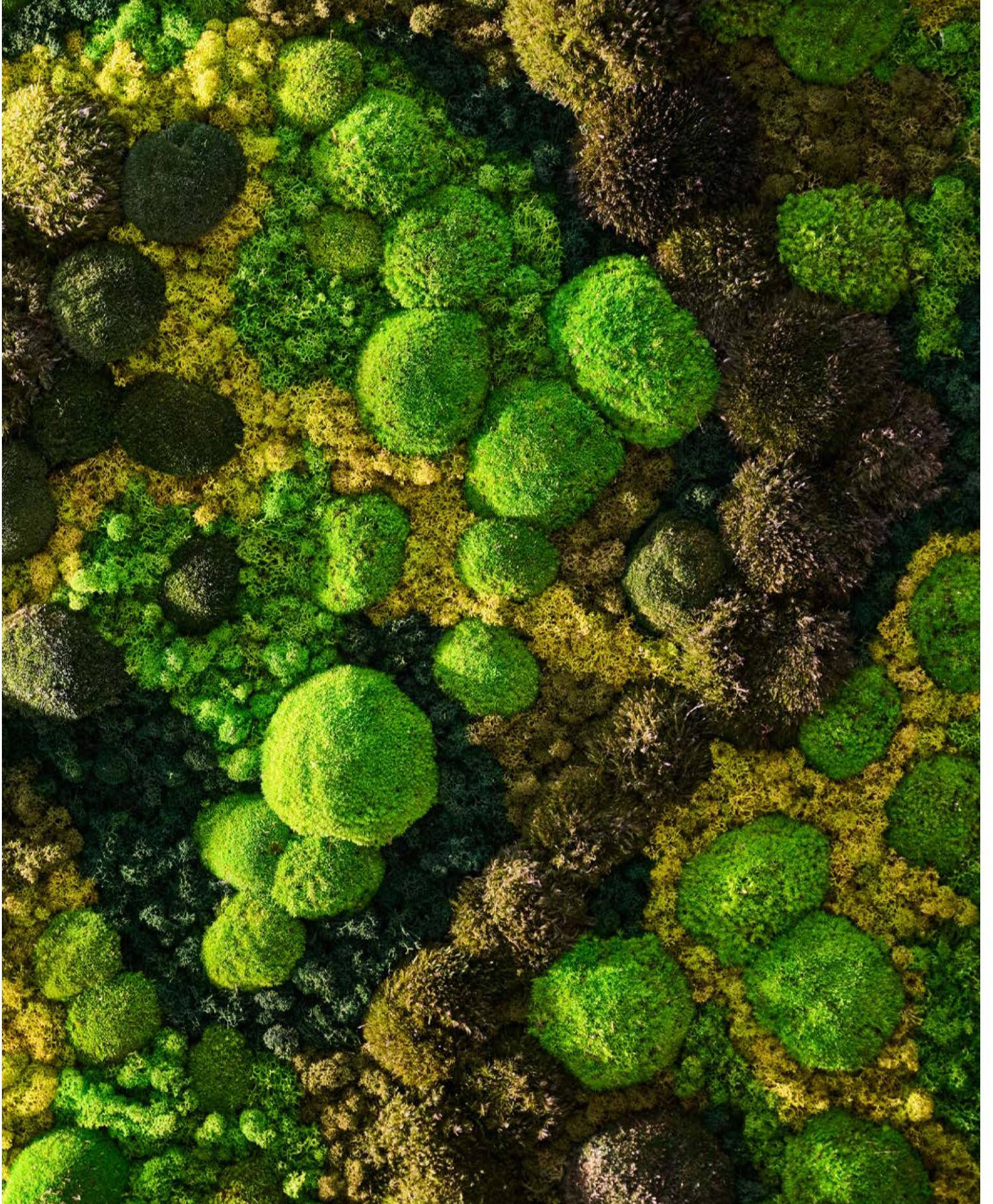
Goldstein and her brother reconnected and spent many years traveling between her home in Florida and Michael's home in Texas for family visits. Michael has since passed away, but he remained close to his sister and sober until his death.

Watching her brother's transformation was the catalyst for Goldstein lending her support to Hanley in numerous ways. "My father started a foundation in 1966 called the Sunny & Abe Rosenberg Family Foundation," says Goldstein. "We fund various organizations, but our focus is at-risk youth and families." Under Goldstein's direction, the Foundation has funded many initiatives at Hanley in honor of Michael and, after his death, in his memory. The Foundation also funded the Literacy Coalition of Palm Beach County, The Children's Home Society, Caridad Center, and JAFCO among other local charities.

Goldstein was involved in the early years of the Great Charity Challenge, an annual equestrian relay event that unites the equestrian and Palm Beach County communities to drive meaningful change through philanthropy. Goldstein's daughter, Danielle, was a competitive show jumper. Mom and daughter moved to Wellington from New York City when Danielle was young so she could train (Danielle would eventually compete in the 2020 Summer Olympics in Tokyo). The Great Charity Challenge includes a family picnic and luncheon that supports Hanley each year. "For me, one of the highlights of the event is the costume horse race event where teams of three riders compete for hundreds of dollars to fundraise for all the organizations involved in the event," says Goldstein. "Those events were some of the highlights of my life in Wellington."

Goldstein also joined the board of the Hanley Foundation, lending support wherever she was needed. She stepped down to an emeritus position on the board when she moved to Miami Beach where she lives today. Goldstein continues to provide support from afar. "My family has always been involved with helping others. We were raised that way," she says. Her daughter, Danielle, and son, Darin, are now on the board of the family foundation as well. "Hanley is just a wonderful organization. There is so much that Hanley does that connects people to becoming sober."

Hanley Board Emeritus Member Susan Rosenberg Goldstein at the 2011 Hanley Family Luncheon





Hanley Center's
zen garden

A Continuum Of Care At Hanley Center

Navigating recovery from substance use disorder (SUD) or mental health challenges is a deeply personal journey, but no one should have to walk it alone. At Hanley, we offer a full continuum of care rooted in compassion, clinical excellence, and comprehensive support. From detox to outpatient services, scholarship assistance, and long-term recovery services, Hanley meets individuals and families wherever they are in the healing process.

Comprehensive SUD Treatment & Mental Health Services

Our substance use disorder (SUD) treatment model is comprised of medical, clinical, and holistic care for adults and older adults, beginning with individualized treatment planning. Hanley's programs include Residential Treatment, Partial Hospitalization (PHP), and Intensive Outpatient Programs (IOP), all delivered by expert clinicians within a trauma-informed, medically supervised environment.

In addition to treating substance use disorders, Hanley offers a Residential Mental Health Program, a structured, supportive setting for individuals experiencing primary mental health conditions such as depression, anxiety,

PTSD, or bipolar disorder. This specialized program provides stabilization, psychiatric care, and therapeutic support for those who do not require hospitalization but need more focused care than traditional outpatient services can provide.

For SUD treatment and services, Hanley offers age- and gender-specific programs, including our nationally recognized Older Adult Program, allowing for targeted, effective care that respects the unique needs of each patient.

Lifesaving Scholarships

At Hanley, we believe financial hardship should not prevent someone from getting the lifesaving help they need. Hanley Foundation's Lifesaver Scholarship provides need-based assistance to help individuals who would not otherwise be able to access treatment. Thousands of lives have been changed thanks to the generosity of this community-supported initiative.

Further support is available through the Mark Garwood Phoenix Scholarship created in memory of Mark Garwood who lost his battle with substance use disorder. This program helps individuals in early recovery pursue education, providing a way forward for men and women who are committed to pursuing a new path in their lives.

Lifelong Recovery Support

Recovery is a lifelong journey, one that requires support and commitment along the way. Hanley's Alumni Services team supports individuals as they navigate the challenges of reintegration through peer mentorship, alumni events, and ongoing check-ins. This strong community network reinforces accountability and connection, two vital ingredients in long-term sobriety and mental wellness.

Hanley's comprehensive model ensures that no matter where someone begins, they are supported every step of the way. From the first call for help to creating a thriving new life in recovery, Hanley Center provides the tools, care, and community to make healing possible.

Recovery is possible, and at Hanley, it is within reach.

SECTION 6:

THE HANLEY DIFFERENCE: PATHWAYS TO RECOVERY

HANLEY CENTER EXCITED TO INTRODUCE A NEW Christian track recovery option

Faith and recovery have long walked hand in hand. That relationship is about to take on a new and more intentional form thanks to a generous donation from The Greg and India Keith Foundation. Hanley Center is proud to announce the launch of a new Christian Track, a spiritually integrated pathway designed to support patients who wish to incorporate their Christian faith into their recovery journey.

Led by Chaplain Lance Woodley, the Christian Track is set to launch in the first quarter of 2026. A seasoned spiritual care provider with a gift for supporting individuals through their darkest valleys and guiding them toward healing, Woodley is the ideal champion for this program.

"This track is about walking alongside people in their brokenness, helping them rediscover hope, identity, and peace through faith," says Chaplain Woodley. "It's a sacred honor to be part of that process."

The new faith-based initiative is designed to work as a supplement to Hanley's core programming. Patients in the Christian Track will continue to fully participate in their assigned clinical and 12-Step programming in the care setting where they're already receiving support, receiving all the compassionate and evidence-based care Hanley is known for. What sets this track apart is its added layer of spiritual development and faith-based support.

Each participant will work through a specially designed Christian Track workbook, written to complement and enhance their therapeutic work. The curriculum weaves biblical principles into the heart of the recovery process, offering opportunity for reflection, spiritual growth, and the cultivation of personal faith. In addition to individual

assignments, participants will attend two weekly groups dedicated to exploring the Christian curriculum and processing their experiences through a spiritual lens.

The Christian Track underscores Hanley's belief in treating the whole person — body, mind, and spirit. Whether someone is reconnecting with their faith or discovering its power for the first time, this program aims to create space for grace, transformation, and healing through Christ-centered principles.

The Christian Track is yet another way that Hanley continues to expand its continuum of care, honoring each patient's experience and offering tailored paths to lasting recovery.



The chapel at Hanley Center



Mark Garwood Phoenix Scholarship recipients, volunteers, and Hanley Foundation staff at the 9th Annual Shoot for the Moon

THE POWER OF PARTNERSHIP:

In the world of recovery, few things are more powerful than second chances. But when you combine a second chance with education, support, and long-term healing, you not only change people's lives; you build new futures for them.

That is exactly what is happening through a groundbreaking new partnership between Hanley Foundation and the Mark Garwood Foundation. On July 1, 2025, the two nonprofit

How the Mark Garwood Phoenix Scholarship Is Launching New Futures

organizations officially joined forces to expand access to post-secondary education for individuals in recovery through the now-unified Mark Garwood Phoenix Scholarship, a program with a proven track record of transformation.

This collaboration is a merger of missions, but also a profoundly personal and deeply purposeful step forward, one rooted in loss, love, and an enduring belief that recovery is about more than mere survival. It is about thriving.

Born From Loss, Built For Hope

The Mark Garwood Foundation was established in 2014, by Erica and John Garwood after the heartbreaking loss of their son, Mark, at the age of 24. A bright, compassionate young man, Mark struggled with substance use disorder and diabetes. Even as he battled his own pain, Mark never lost his instinct to uplift others.

Determined to carry Mark's legacy forward, the Garwoods founded the Phoenix Scholarship Program in 2015. To date, more than \$650,000 in educational scholarships has been awarded to 86 individuals across South Florida who wish to pursue an educational track after treatment. An astounding 90% of recipients have maintained long-term sobriety during the program.

"Partnering with the Hanley Foundation is a meaningful way to ensure Mark's legacy lives on," said Erica Garwood, now a Hanley Foundation Board Member. "Together, we're not just helping individuals achieve sobriety, we're helping them rediscover their worth, rebuild their lives, and hold onto hope for a brighter future."

A Seamless Fit For Hanley's Mission

The integration of the Phoenix Scholarship adds one more essential element to Hanley's continuum of care. Hanley's work has always gone beyond clinical treatment to address the needs of every patient, offering recovery coaching, family services, mental health support, and scholarship aid to remove financial barriers to treatment.

Now, with the addition of the Phoenix Scholarship, Hanley can offer even more targeted support for those ready to pursue a degree or certification after treatment, whether it's a technical program or college education.

"This strategic initiative expands our continuum of care in a way that is both practical and deeply impactful," said Dr. Rachel Docekal, CEO of Hanley Foundation. "The Phoenix Scholarship gives people in recovery the tools to not only stay sober, but to truly rebuild their lives with purpose, opportunity, and pride."



Introducing The Mark Garwood Recovery Model

This partnership also marks an exciting next step: the development of the Mark Garwood Recovery Model, a framework designed to support scholarship recipients beyond just financial aid. The model will integrate mentorship, career guidance, and recovery support, ensuring that each participant receives comprehensive care to sustain success in both their academic pursuits and their sobriety.

The vision is simple, yet powerful: education not just as an escape from addiction, but as a launchpad into stability, independence, and lifelong growth.

The Legacy Of One Life

What began as one family's act of remembrance has evolved into a movement that now spans multiple counties, boasts dozens of success stories, and is accompanied by a growing network of alumni who are not only staying sober but also thriving.

Scholarship recipients go on to become nurses, tradespeople, social workers, parents, and mentors. They pay it forward

in both large and small ways, each embodying what Mark Garwood himself believed: that everyone deserves encouragement, strength, and the chance to rise again.

"When someone receives a Phoenix Scholarship," said one alum, "they don't just receive money. They receive belief."

Get Involved: Fuel The Future

Hanley Foundation invites the community to support the expanded Phoenix Scholarship through donations, sponsorships, and participation in special events:

- Shoot for the Moon: A fundraising event that benefits the Phoenix Scholarship Fund

Mark Garwood Foundation x Hanley Foundation's Annual Fundraising Events: Shoot for the Moon and Racquets for Recovery



- Racquets for Recovery: A community tennis tournament in celebration of healing and hope

Every contribution helps another person in recovery take the next step toward education, stability, and the life they were meant to lead.

A Phoenix Rises

The name "Phoenix" is no coincidence. Like the mythical bird that rises from the ashes, these scholarship recipients rise out of addiction and into possibility.

Thanks to the vision of the Garwood family and the expansive reach of Hanley Foundation, that rising now has even more altitude and many more wings to take flight.



“When legacy meets vision, lives are transformed. ”



RECOVERY AT WORK:

Helping companies navigate health crises in the workforce

At one time or another, nearly every workplace has faced an employee health crisis. A valued employee suddenly starts spiraling for no apparent reason. A high performer is quietly struggling. A team member is having difficulty bouncing back after a personal trauma. Mental health and substance use concerns once lived in the shadows of workplace culture, but now employees' personal challenges are becoming more commonplace, affecting not just the individuals, but entire organizations.

Today's world holds many more stressors for everyone, and the emotional and psychological toll of modern life is impossible to ignore. Yet too often, employees' struggles remain unrecognized, resulting in an unhealthy workplace for everyone.

This is the reality that Hanley Foundation is committed to changing.

With more than 40 years of experience in addiction and mental health care, Hanley is now expanding its reach through Employee Assistance Program (EAP) partnerships and building a bridge between recovery and the workplace.

The Hidden Crisis Behind The Desk

Workplaces have long been a barometer of social change, and today they are reflecting a sobering reality. Nearly one in four adults in the U.S. experienced a mental illness in 2023, and more than 48 million met the criteria for a substance use disorder. These numbers are staggering, but perhaps more startling is how many of these people remain untreated.

Employers are starting to see the effects of these statistics in the workplace. Rising absenteeism and lost productivity, increased safety incidents, and a steady churn of burnout are a few of the indicators that employees are struggling. The signs may be subtle, or devastatingly clear, but employers are becoming more aware of the risks of untreated mental health and substance use issues in the workplace.

"Behavioral health isn't a personal issue anymore, it's a systems issue," says Dr. Rachel Docekal, CEO of Hanley Foundation. "And that makes the workplace part of the solution."

A Path To Recovery In The Workplace

For decades, Hanley Center has treated addiction and co-occurring mental health conditions with compassion, evidence-based care, and dignity. Now, through tailored contracts with EAPs and HR departments, Hanley is helping employers extend that same care to employees in crisis before a breakdown becomes a bottom.

The idea is simple: meet people where they are. And for many, that means integrating access to mental health and substance use services into their professional environment.

These unique partnerships allow companies to refer employees to Hanley for residential or outpatient treatment, often with pre-negotiated terms that remove the usual roadblocks — no fighting with insurance, no waiting for authorization, no confusion about who covers what, just a smooth pathway to healing.

"There's a difference between offering an 800-number and offering a plan," says Dr. Angelo Asheh, Chief Medical Officer at Hanley. "Our EAP contracts provide the clarity and continuity people need to actually get better."

An Oasis For Healing And Recovery

At Hanley's West Palm Beach campus, employees who arrive via an EAP referral find themselves in a place that feels less like a hospital and more like a refuge. Surrounded by gardens, palm trees, and walking trails, Hanley offers a space for employees in crisis to slow down, breathe, and begin to heal.

From detox to residential care to outpatient programming, each patient receives a treatment plan tailored to their specific clinical and personal needs. Hanley's specialized programs support veterans, first responders, perinatal women, older adults, and those struggling with primary mental health disorders.

As with all Hanley programs, patient care is woven into a continuum of care that includes family support, trauma-informed therapy, life-skills development, and long-term recovery planning.

Changing Culture From The Inside Out

Treatment is only one component of affecting positive change in the workplace. Creating a healthy environment at work means changing the mindset from the top down. Hanley supports employers' leadership teams by hosting in-person and virtual training focused on recognizing the signs of substance use disorder, managing mental health in the workplace, and responding effectively to crises. These interactive conversations are led by Director of Community Relations Samuel Bovard, with the collaboration of seasoned clinicians like Dr. John Dyben, who offer guidance to employers on how to move beyond policy and toward real cultural change.

The truth is that behavioral health isn't just a box to check in the company handbook. It's a value that guides the culture of today's workplaces. The companies embracing this value are already seeing the return, through healthier employees, stronger teams, and reduced costs.

Good Health Is Good Business

For the employers who have already partnered with Hanley, the shift has been palpable. An employee quietly referred to treatment through the EAP returns with newfound clarity. A manager, once unsure how or when to intervene, now knows exactly what signs to look for and what steps to take to help. A team once stretched thin by the weight of the unknown now feels the security of knowing resources are in place if they need them.

As more companies confront the real cost of untreated behavioral health issues, Hanley's expansion into EAP contracts provides a proactive response to the challenges today's employers face. As employers shift their mindset to the new reality of mental health and substance use issues today, Hanley stands ready to show them how building a healthier, happier workforce is just good business.

For more information about the EAP Direct Contract or Workplace Training initiatives, please contact Samuel Bovard, Director of Community Relations at sbovard@hanleyfoundation.org, or 561-841-1051.



A closer look at treatment at Hanley Center and Headwaters

At Hanley Center and Headwaters, treatment is more than a clinical process; it's a personalized journey toward lasting recovery, rooted in compassion, innovation, and profound clinical expertise. The following pages offer a behind-the-scenes look at the heart of our mission: the people and programs that bring hope and healing to life.

With care that spans the full continuum, from detox to outpatient and long-term alumni support, Hanley's approach integrates evidence-based treatment with trauma-informed care, spiritual engagement, and a strong family systems model. Our programs are guided by a multidisciplinary team of medical experts, therapists, nurses, and support staff, each of whom is deeply committed to helping individuals

and families reclaim their lives.

In the pages ahead, our clinical leaders share insights into the core pillars of Hanley Center's treatment ecosystem. You'll hear from the directors of our Center for Men's Recovery and Patriots Initiative, Center for Women's Recovery and Casa Flores, Center for Older Adult Recovery, Center for Brain Recovery, Residential Mental Health Program, Medical and Nursing Services, Hanley Center Counseling, and our Family Program.

From our world-class treatment programs to our robust alumni and aftercare offerings, this is where science, service, and the human spirit intersect. Welcome to a deeper look at what makes Hanley a true leader in the field of recovery.

Helping Families Navigate the Landscape of Addiction

While addiction recovery is an individual journey, many times it is a journey for loved ones too. Spouses, parents, children, and family members of those suffering from substance use disorder and mental health issues often endure their own struggles as their loved ones seek recovery.

Hanley recognizes that families can play a vital role in recovery, yet to effectively support their loved ones, they need support too. To provide that support, Hanley's Family Services team works with families to give them the tools and resources they need to find their own healing in the recovery process.

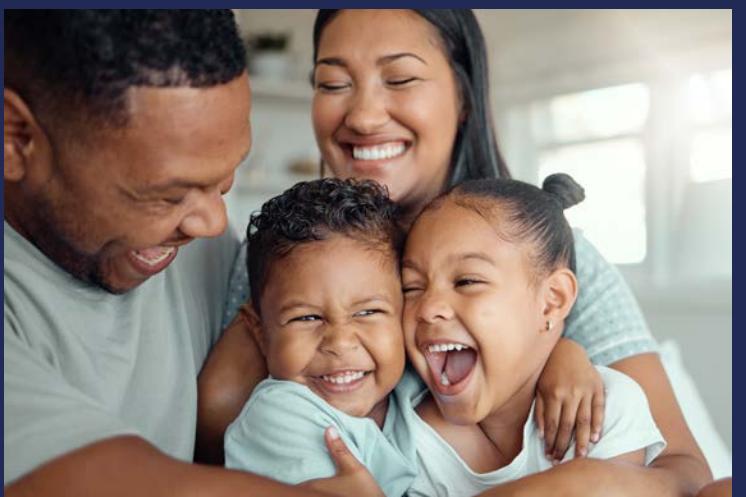
Family Services at Hanley consists of programs that focus on bringing healing and stability to families. One such program is the family education program, a weeklong experience during which families come to Hanley and receive support, therapy, and education. During the program, families also spend time with non-related patients, a unique experience that provides the opportunity for new perspectives. By pairing patients with families that are not their own, the experience allows for open communication without the history of family dynamics, opening the door for both sides to gain a better understanding of what it is like to walk in the shoes of others.

Family Services also provides additional resources for Hanley's primary therapists when more support is needed. Weekly therapy is offered for family situations where complex family dynamics are at play. Therapy sessions are either in person or through Telehealth to accommodate families who are not local.

Last year Hanley also launched a children's program in conjunction with the National Association for Children of Addiction (NACoA), a nonprofit organization whose mission is to eliminate the adverse impact of alcohol and drug use on children and families. Hanley's program is open to children ages 7-12 who have been impacted by addiction and anyone in the community is welcome.

Recognizing the growing need for more therapists in family services, Hanley is also focused on training the next generation of mental health and addiction professionals. A six-week family program with children made possible through a grant with Impact 100 includes interns from Palm Beach State College who are training in the field.

Hanley continues to develop new programs to better serve families. Future programs that will launch soon include Family Lab, a mechanism to train clinicians in how to do family work, and a two-day family program coming to the mental health unit.



Leading from a place of understanding and shared experience

Samantha Manchester's decision to become a therapist was driven by her own experience as a child. "I had a negative experience with therapy, and it was really formative for me. I wanted to make sure that children, and now adults, weren't having those negative experiences in therapy," says Manchester. "I wanted to help children who had experienced the traumatic death of a parent which is something I experienced at nine."

Manchester pursued her career path after high school at University of North Florida, graduating in 2017, with dual bachelor's degrees in child psychology and criminal justice. She then earned a master's degree in social work from Florida Atlantic University (FAU) in 2019. She is now a licensed clinical social worker with the State of Florida.

During her school years, Manchester spent a lot of time working with children, even volunteering at the same grief center she went to as a child. Yet, just a few days after graduating from FAU, she went to work as a group facilitator at a substance use treatment center. She has been in the field ever since. "Substance use was really never on the radar for me. I just kind of fell into it, and I never left," says Manchester.

Manchester joined Hanley in 2024. She says Hanley's reputation was what drew her to make the move. "I knew Hanley was developing these new programs and really looking at what the need of the community is and shifting how we do treatment based off those needs rather than just going with the flow."

One of those new programs is Hanley's Patriots Initiative, which Manchester heads up. Still in development, the program is intended to help individuals cope with the

emotional and psychological effects of serving in the military, law enforcement or as a first responder. Manchester says much of the program is guided by the unique experiences of these patients. "The biggest impact comes down to the smaller environmental factors. How you knock on the door can set the tone for that entire interaction," explains Manchester.

As the spouse of a veteran, Manchester knows firsthand how important it is to understand the life experiences of the people she serves. "We look for where can we find spaces for our first responders and veterans to make sure that our treatment and the way that we are interacting is informed by their culture and experiences."

Manchester also leads Hanley's Men's Program, a unique role for a woman. "It is interesting being a female director for a male unit. I think it has helped a lot," says Manchester who says the mix of female and male therapists in the program gives patients a choice. "There are a lot of men who feel more comfortable working with a woman."

In the short time she has been at Hanley, Manchester has seen a much different patient experience than at other treatment centers. "The level of motivation and want for sobriety that these individuals have has always been a much higher caliber than I am used to seeing in a substance use treatment facility," she says. "These individuals really want to get well."



Samantha Manchester, Clinical Director, Men's Program

CREATING A CULTURE OF CONCIERGE

One look at Vidya Nair's resume and it might seem like she is a fish out of water as Clinical Director of the Headwaters program at Hanley. After all, she spent the first five years of her career working among underprivileged populations in India. Yet for Nair, helping affluent individuals get treatment and helping street children get food requires the same mindset: she begins with the end in mind. At Headwaters, that end is sobriety.

"There is no zip code in addiction," says Nair. "The disease is the same, but the barriers are different." For patients in the Headwaters program, those barriers often relate to the complexities of seeking treatment when a patient has a high-profile life or is in a position of high responsibility. Regardless of the challenges, Nair and her team are prepared to go the extra mile to ensure that no barrier blocks a patient's journey to sobriety. **"There's no stigma and there's no shaming. Whatever it takes for our patients to get the treatment, we will make it happen."**

Throughout her career, Nair has found making things happen is the best reward of all. That career began at the age of 16 on the streets of Bengaluru in India. "Social work looks very different in developing countries. Our goal was that children got one hot meal a day and that they were accounted for," says Nair. "It was incredibly rewarding work."

Nair moved to the United States in 2005, initially living in Minnesota. Eventually she made her way to Florida and decided to pursue her education further at Florida Atlantic University. The college degrees she earned in India were not transferrable to the U.S., so she had to begin again. She graduated from FAU with a bachelor's degree in social work. "I have four degrees now," Nair laughs. Currently she is a doctoral student at FAU studying social work.

Nair interned at the Department of Children and Families and the Center for Child Counseling working with traumatized children in both agencies. Then one of her professors alerted her to an opening at Hanley's new Casa Flores program. Nair

joined Hanley in 2024 as Clinical Director for Casa Flores. Currently, she oversees Hanley's Women's Program, Casa Flores, and Headwaters

Nair says the Headwaters program offers an unprecedented level of care for the unique individuals served. "I like to think of it as concierge level treatment," says Nair. Headwaters offers both comprehensive clinical treatment and therapies as well as personalized care services to relax, rejuvenate, and revitalize. Therapies such as cognitive behavioral therapy, biofeedback, and narrative exposure therapy are combined with the practices of reiki, meditation, reflexology, acupuncture, and massage to offer patients a whole body and mind approach to healing.

Since taking over leadership of the Headwaters program, Nair has added specialty services with the goal of addressing the individual needs of each patient. "We're able to bring in therapists with specialties," says Nair. She cites gambling and love addiction as two examples of specialties. Nair is currently working to implement IV treatments as well.

As with all Hanley programs, the attention to patient care and comfort at Headwaters is second to none. "The level of care and the point of contact — medical, clinical, nursing — is super unique," says Nair. "Most programs don't have a physician there five days a week. We have a physician here five days a week who sees the patients one-on-one and talks to the family."

Nair says it's people who make the biggest difference. "I love working at Hanley because of the people I get to work with. Hanley is a place where safety and healing are prioritized for our patients."



Vidya Nair, Clinical Director, Headwaters

Dedicated to ensuring equity and equality in patient treatment

From the time Eulices Montiel-Fernandez started working in the mental health and substance misuse field, he was committed to ensuring that patients were treated with fairness and equity. "The way I look at things is from a place of equality and wanting things to be fair and equal," says Montiel-Fernandez. "It is rewarding but also a struggle sometimes. We are trying to make sure that people are understood and helped."

Montiel-Fernandez's mindset was formed from both his passion for helping his patients, and from his roots in the Latino community.

Born in Cuba, Montiel-Fernandez came to the United States when he was four years old. His family set down roots in New Jersey where he spent the first 47 years of his life. Montiel-Fernandez went to Rutgers University intending to become a pediatrician. "I was going to be a biology and pre-med major, but then I almost failed chemistry horribly my first semester," says Montiel-Fernandez. He withdrew from the class before he could officially fail and switched his major to psychology. After graduating in 1998, he went on to earn a master's degree in clinical social work from New York University, graduating in 2000.

The early days of Montiel-Fernandez's career were spent in community health services. "My first job was at a small community health program," says Montiel-Fernandez. "Then six months later I found out there was a larger community mental health program in the town I grew up in. It was run by the county of Middlesex."

Montiel-Fernandez spent 19 years with that agency, eventually becoming Clinical Director. "The unique thing about my role in particular was being bilingual and being placed on the substance abuse team where people had both substance abuse and mental health issues," says Montiel-Fernandez. "It allowed me to tap into three of my passions: mental health, substance abuse, and the Latino population."

It set the stage for the work I would do moving forward."

Montiel-Fernandez also moonlighted in local psychiatric emergency rooms where he went out into the community to assess individuals and determine if they needed inpatient care. In 2003, he added private practice to his resume, expanding his experience from primarily low socioeconomic patients to more affluent clientele.

In 2021, Montiel-Fernandez moved to Florida. "I love anything to do with the water," he says. "It's my happy place." After working at several treatment centers locally, an intern told him Hanley was looking for clinical directors.

Montiel-Fernandez knew very little about Hanley, but he quickly got excited when he learned more. "Before I interviewed with them, the fact that they had been around so long was what interested me most," says Montiel-Fernandez. **"From my first interview, though, the amount of knowledge and education Hanley's team had was very appealing to me."** He joined Hanley in 2024, as Clinical Director for Outpatient Services. He now also oversees Hanley's mental health program.

Montiel-Fernandez is proud to be part of a decades-long change in how mental health and substance misuse are treated. "Especially in the Latino community, getting mental health services used to be taboo, and that was something I worked with early on," he says. "Another big difference was when I started in the field, if you had a substance abuse issue and a mental health issue, the idea was that you could not treat them simultaneously. Now we can treat both at the same time."



Eulices Montiel-Fernandez, Clinical Director, Outpatient Services

Finding an unexpected career path into recovery

When Dr. Stacy Grossman graduated from Nova Southeastern University (NSU) with a doctorate degree in psychology, she was quickly offered a job at a local treatment center. Had it not been for the intervention of the supervisor in her postdoctoral program, Grossman might never have come to Hanley. "I was so excited. I was going to take the job," recalls Grossman. "Then my supervisor said, 'I'm so happy for you, but I want you to wait until you go to Hanley.' I asked her why. I mean I already had a job offer. And she said, 'Because reputation-wise, you want to work for Hanley, so if you have that opportunity, you have to take it.'" Grossman got that opportunity and in 2013 she came to work at Hanley. She hasn't looked back since.

During her tenure at Hanley, she has held many positions, bringing her positive energy and enthusiasm to each role. Anyone who meets Grossman quickly discovers she is incredibly passionate about working in recovery, yet it is

a career path she just stumbled into while in college at the University of North Carolina Wilmington.

"I wanted to be a teacher. My second year in, I began tutoring kids, and I realized that I wanted to work with adults instead," says Grossman. Unsure of

what career path to choose instead, she switched her major to psychology and found she was drawn to the field. "It was just kind of by accident that I fell into psychology, but I realized I was actually pretty good at it."

After earning her bachelor's degree, Grossman enrolled in the doctoral program at NSU in Fort Lauderdale. During the five-year program, she realized that she really wanted to work in addiction. "I would read a lot of memoirs about addiction and finish each book thinking that I wanted to be the person helping them," says Grossman.

Today she is the person helping many patients who come through Hanley. It is a role she finds both rewarding and increasingly challenging. "The acuity of patient illness has gotten significantly more severe. The kind of patients that are seeking treatment are so much sicker today than 10 years ago," says Grossman. She explains that the landscape of available drugs is vastly different in today's world. "The drugs are not the same and they are really doing damage to people's bodies and brains." In her role as Clinical Director for Hanley's Center for Brain Recovery, Grossman is hopeful about the possibilities to better help patients with cognitive issues and mitigate the lasting effects of today's drugs.

Throughout the many positions she has held, Grossman has enjoyed working in Hanley's unique team environment that encourages a collaborative approach to patient care. **"When we have decisions to make about someone's care, the whole team comes together to make that decision — clinical, medical, psychiatry, even our support staff," says Grossman. "For me that's the most important thing."**



Dr. Stacy Grossman, Clinical Director, Center for Brain Recovery

SERVICE, CARE, AND SMILES

When Florence Andre “Nurse Flo” came to Hanley to interview for the Director of Nursing position, she knew very little about her future employer. “I was just interviewing all around,” says Andre. “The thing about nursing is you don’t apply to just one place.” Within the first minutes of her interview, Andre felt something different. “I came into the room, and I felt like I needed to be here.”

Andre accepted the position, and now, almost two years later, she leads a thriving nursing department defined by excellence, compassion, and teamwork. Listening to her speak, it is hard to believe that nursing wasn’t always her dream.

As a young high school graduate from Miami Shores, Andre admits she did not know what her future looked like. “I went to Tallahassee after high school and started my associate’s degree,” says Andre. “I didn’t have a passion for nursing initially.”

After leaving college, she returned to Miami and took a job as a behavioral health technician at MACtown, a nonprofit organization that works with people with intellectual and developmental disabilities. There, she found her calling. “I loved serving a population that people sometimes don’t understand. I was able to empathize with them,” says Andre. Recognizing her gift for patient care, the CEO at MACtown suggested that she consider nursing school. “He told me I could start with my LPN and if I liked it, we could go from there,” says Andre.

Andre not only liked becoming a nurse; it became her passion and her purpose. “I saw that I could advocate for my patients on another level,” she explains. She earned her LPN and followed by bachelor’s and master’s degrees in nursing executive leadership. Her goal is to obtain her Doctorate in Nursing (DNP) and she is currently enrolled for her Psych NP.

She left MACtown to take a position as Director of Nursing at Palm Beach Youth Academy, a juvenile correctional facility. There, she built a high-performing team that consistently achieved top audit results from the Department of Juvenile Justice. She later continued her leadership journey at Sandy Pines, a residential treatment facility for children and adolescents where she worked for two years. **“My goal was not only to be a transformational leader, but to be a servant leader to both the nursing team and the patients,”** says Andre. **“The population of corrections, mental health, and patients with a substance use disorder is sometimes underserved or overlooked.”**

That same passion for advocacy now fuels her work at Hanley. Under her leadership, Hanley’s nursing department has collaborated with charge nurses to introduce training initiatives that focus on mentorship, improvement in communication, and continuous improvement throughout the department, all designed to empower nurses to succeed. **“I am most proud of our healthy nursing culture,”** says Andre. **“Everyone is so eager to help. I tell people, we give smiles and get smiles here at Hanley, and those smiles aren’t just from patients, they’re from our team members.”**

Her leadership has not only strengthened the team’s performance, but has also fostered a sense of joy in the workplace. **“The nurses that work here love what they do, but most importantly love where they are working,”** says Andre. **“The true measure of success is a team that serves with excellence and compassion and leads with a smile.”**



Florence Andre, Director of Nursing

Committed to shifting the paradigm of addiction treatment

Ursula Avilus’s decision to become a nurse was made in the manner in which many teenage decisions are made. “My mother told me I had to go into the nursing magnet program at school, so I didn’t have much of a choice,” says Avilus with a laugh. “I became a nurse at 18.” Avilus admits that her mom was right though. “It was honestly the best thing that could have happened.”

Her nursing career would eventually lead her to Hanley, but before that, Avilus worked in many different psychiatric settings. “My early career included hospitals and nursing homes, but my passion had always been psychiatric nursing,” says Avilus. She worked for the Florida state hospital system as a nurse manager, then she was promoted to a facility in Texas where she worked in forensic psychiatry. “The patients there had all committed some sort of crime, and our job was to get them competent to stand trial,” she explains. “It was very interesting.”

Avilus returned to Florida in 2018 to join Hanley as the director of nursing, although at first, she wasn’t sure she wanted the position. “I was very hesitant when I learned Hanley was in substance use. In Florida we know that substance use places open and close their doors all the time,” says Avilus. She did her research and was impressed by what she found. “I learned that Hanley had been around for 30 plus years. I realized they were stable, and patients got well, and a lot of staff were in recovery themselves.”

Today Avilus is the director of medical services at Hanley and loves her job. “My worst day at Hanley doesn’t even amount to my best day anywhere else,” she says. “This is such a great place to work.” She now holds multiple degrees

including a bachelor’s degree in nursing and social work, a master’s degree in nursing, and a post doctorate psychiatric mental health nurse practitioner (PMHNP) degree.



Ursula Avilus, Director of Medical Services

Being at Hanley has meant a paradigm change for Avilus both personally and professionally. **“At the places I worked before, everything was about dollars, dollars, dollars. When I came to Hanley and realized that even patients with no insurance were not kept out, that we had scholarships, it was so foreign to me,”** she says.

She also has a new perspective on a family member’s struggle with addiction. “I had an uncle who died from end stage liver failure related to alcohol use,” says Avilus. “Prior to working at Hanley, I just thought he was a crazy drunk who didn’t care about our family and just wanted to drink. Coming here, I realized that my uncle was suffering with the disease of addiction.”

Although she was never able to make amends with her uncle before he died, she is hopeful that she can now help patients like him. “I bring my faith to the patients I care for. My faith is surrounded by hope, and the hope that things can get better,” says Avilus. “I understand where healing comes from.”

*Coordinating
comprehensive care to*

MEET THE NEEDS OF OLDER ADULTS

Patients in the Center for Older Adult Recovery (COAR) at Hanley often face health challenges that go well beyond addiction, making the treatment for these individuals challenging as well. As a pioneer in older adult treatment, Hanley leads the way in the field with a COAR team that is highly adept at navigating the complicated world of older adult treatment.

The patients who come into Hanley's COAR are not only facing addiction issues; many times, they have cognitive and medical issues as well. This combination of different healthcare considerations makes determining the best course of treatment for each patient challenging.

The path to treatment usually begins with an in-depth

conversation during which the COAR team evaluates a patient's overall health and determines where issues need to be addressed. It is not unusual for families to be unsure whether their loved one is suffering from addiction, cognitive decline, or a medical issue. "Many families reach out to us and say there are so many medical or cognitive complications, I'm not sure what is happening," says Dr. Stacy Grossman, clinical director for COAR. "Is my parent an alcoholic or is this dementia?" It is a question not easily answered, but one the COAR team guides families through.

As an older adult patient's recovery evolves, the COAR team monitors changes in cognitive and physical health to work towards a diagnosis. A few months in a patient may show signs of recovery in cognitive and physical health and

sometimes they continue to be confused or show physical limitations. As the full picture of a patient's health becomes clearer, the COAR team helps develop a treatment plan that addresses whatever health challenges each patient is facing going forward.

Regardless of what those health challenges are, the COAR team is uniquely equipped to manage all the care each patient needs to get well. Hanley's medical department works alongside the COAR team to ensure a comprehensive approach to patient treatment. The older adults in the program are often receiving medical services or seeing physicians that are not on the Hanley campus and the COAR team coordinates how that care integrates with the services and programs on-site. The team manages patients

records, talks to doctors, coordinates getting labs to and from providers, and provides all support needed to ensure that each patient is getting the medically necessary care they require while at Hanley.

The COAR team is also keenly aware of the concerns families face when their older loved ones are struggling. The team strives to provide the information, support and authenticity needed to help patients and families navigate their options both during a patient's stay at Hanley and after they are released. Recognizing that care is different for each patient and each family, the COAR team helps families navigate what care looks like for their loved one once they leave Hanley and provide support for each family's decisions.



A bedroom in Hanley Center's Older Adult Program



A bedroom in Hanley Center's Mental Health Program

Where individualized care and holistic therapy leads to good mental health

Although Hanley has long been known for substance use treatment programs, clinicians today recognize that substance misuse and mental health are often intertwined, making mental health a key focus of Hanley's model of care. In keeping with Hanley's high standards, the mental health program at Hanley takes a holistic and personalized approach to treating patients struggling with mental health issues.

"The first thing I say when I describe our residential mental health program is that because it is such a small program — we only have 10 beds — it allows us to be very concierge," says Clinical Director Eulices Montiel-Fernandez. "We have two clinicians, a case manager, and me, and every staff member is fully versed in every patient."

Having worked in mental health services for decades, Montiel-Fernandez says Hanley's level of individualized care is truly unique. "We work with them very individually and from a team perspective. That's what separates Hanley's mental health program from other larger mental health programs. We have the ability to provide very individualized services."

In addition to traditional mental health therapies, Hanley has implemented numerous other services designed to support mental health and general well-being. Many auxiliary services are available to patients in the mental health program including equine therapy, yoga, acupuncture, and fitness classes. Patients may also participate in recreational and skill-building financial outings to build life skills and help them reintegrate into society. "It is not a traditional mental health program where patients sit around in groups and take their medications. It is an active program," says Montiel-Fernandez.

A family support group was recently launched as part of Hanley's mental health program, adding another layer of care for the family members of patients in mental health treatment. "If you have a family member in our mental health program, you now have the ability to take part in a weekly support group where you can understand and get support through their process," says Montiel-Fernandez. Group meetings are held via Zoom, so even families who are not local can participate. Families often find comfort in realizing they are not alone. "That was part of the reason to set this up, so that they could realize that other people are going through the same thing," says Montiel-Fernandez. "Sometimes something that one family member shares helps someone else understand more about their own individual process."

Montiel-Fernandez, who has been working in mental health treatment for over two decades, is optimistic about the changes he has seen. "The advances made in medication are big. We are now able to give patients medications once a month or every couple of weeks that do away with the need for daily medications, which says a lot for patients being able to stay stable for longer periods of time," says Montiel-Fernandez.

He also sees the taboo of mental health changing from his early days in the field. "There has been a cultural shift, and although mental health still carries a stigma, it's not the same amount or the same type of stigma from 20 years ago." It is a shift Montiel-Fernandez says is important not only for patients, but for the community at large. With more awareness comes more understanding and empathy for patients struggling to find the mental well-being many of us take for granted.



Building a bigger vision for brain recovery

For the past ten years, the Center for Brain Recovery (CBR) has played a supporting role for Hanley's team of primary therapists with services like basic psychological and cognitive testing and mindfulness exercises. Now CBR is getting ready to step into a spotlight of its own with a planned expansion of services that will position it as a full-scale brain recovery center serving both Hanley patients and the community at large.

"What we always specialized in was mindfulness and coping skills," says Dr. Stacy Grossman, clinical director of CBR. "Our goal was to teach patients how to regulate their emotions and start retraining their brain. Now we want CBR to be a true center for brain recovery, where you can come and receive neuro and psychological services, get neurofeedback, and engage in mindfulness exercises. We want to expand the program to make it one of the things that people come to Hanley for."

Grossman and her team have been exploring different technologies such as QEEG brain scans and neurofeedback for possible integration into the CBR program. The goal is to provide additional services for patients at Hanley but also expand the program to the community. Grossman says she

pictures CBR as providing two pathways to care. "There's the program for residential patients with a focus on baseline testing, skill building, and learning how to regulate emotions and heal the brain," she says. "Then there's this really cool outpatient program where folks in the community can engage with things like neurofeedback or biofeedback or get a full neuropsychological evaluation and really understand where they are, how they function and how to get better."

The new vision for CBR addresses a growing public interest in brain functionality and how it relates to personal health and wellness. "People really have an interest in utilizing testing services to understand what their functional level is," says Grossman. "One of the reasons that mindfulness has been so popular is because the research shows that when you practice this skill, there are actual physical, functional changes in your brain, and people want to heal their brain."

Many of the tests CBR will be able to offer will provide valuable insights for the future of patients' health. "I told my parents they should get testing done," says Grossman. "There's nothing wrong now, but if there ever is, to have something to compare it to would be so helpful for diagnostic purposes."

As the future of CBR evolves, Grossman is excited to be at the helm of building the type of ground-breaking program Hanley is known for. "We are excited about the possibility of building this new neuro program where patients can come and get a whole neuro and psychological evaluation and really understand their psychological and cognitive baseline," says Grossman. "I see so many cool things that can happen as we expand the program. I love CBR. It is my passion."

PAVING A SMOOTH PATHWAY

FOR THE TRANSITION TO SOBER LIVING

The initial residential phase of mental health and substance use treatment helps patients focus on recovery in an environment insulated from the outside world. When they are ready to start their transition back into their lives, the professionals who work in Hanley Center's outpatient programs are here to make their entry back into the world as soft of a landing as possible.

"Our outpatient programs are the part of Hanley that provides aftercare for patients," says Eulices Montiel-Fernandez, the clinical director for Hanley Center Counseling. "The idea is that the longer the runway the person has and the longer the amount of time that person has working on sobriety, learning how to sustain sobriety, and building healthy support systems, the better chance they have at attaining long-term sobriety. The outpatient programs allow people the opportunity to continue treatment."

Montiel-Fernandez oversees Hanley's PHP (partial hospitalization program), IOP (intensive outpatient program), and outpatient counseling services. These programs provide patients with the skills and tools they need for successful sober living as they return to their lives. Montiel-Fernandez says patients in these programs are often facing numerous challenges that could threaten their sobriety. "We help them cope with the stressors of life, including things like family dynamics, their temptations to use, and mental health issues that serve as triggers," he says.

Montiel-Fernandez says Hanley's programs are unique from other treatment centers in that they take a more gradual approach to step down care. "We structure it so that it is as gradual of a transition back into the community as possible to give the person the best chance to sustain sobriety," explains Montiel-Fernandez who says Hanley's PHP program can be visualized as a half step down from the residential level of care compared to other centers' full step down in care. The PHP program provides patients with the high level

of support and structure gained from on-site counseling at Hanley, while living offsite at a residence managed by Hanley and doing things in the community like going to dinner and attending meetings.

Hanley Center's outpatient programs not only serve patients coming out of Hanley's residential programs, but also patients referred by other treatment centers or from the community.

As with its other programs, Hanley is at the forefront of care in the outpatient space. "There has been a shift, and we are looking at the problem of addiction from a broader perspective specific to patients in medication-assisted treatment," says Montiel-Fernandez. The medications he refers to are those used in addiction to treat things such as cravings or symptoms of withdrawal. "The perspective before might have been the idea that the 12-step system and that type of process was the only thing that worked to keep people sober. Recently Hanley has taken a broader perspective that perhaps patients can be helped by medication-assisted treatment in addition to the 12-step model," he explains.

Regardless of where a patient is in his or her recovery, Montiel-Fernandez says it is his job to ensure the path to a sober life is as smooth as possible.



Hanley Center Counseling



Liz Bradshaw, Mark O'Connor, Danielle Hanson, Maureen Sander, Dan Hogue, Elizabeth Dorow, Renee Rogers
(Not pictured: Michelle Schutte)

Building a network of life-saving resources

Maureen Sander oversees a team of seven regional outreach directors spread throughout the United States who operate on the front lines of Hanley. It is their job to find pathways to treatment for people with mental health and substance use disorders no matter what it takes. The team at Hanley is a valuable resource for finding treatment options that are a good fit for the patient. "People will refer to us even if they don't think the patient is a good fit for Hanley because they know my team will find a good fit for them," says Sander. "We put the patient first and get them to the right place."

The people who refer patients to Hanley come from a vast network of professionals built through the work of Sander and her team. In various regions throughout the country, the business development team is on the road daily meeting with therapists, treatment centers, outpatient programs,

alone after treatment."

Approximately 50 percent of Hanley's patients come from outside of Florida, so ensuring that the right resources are in place regardless of where the patient is heading after treatment is the job of Hanley's seven regional outreach directors. Each provides a valuable conduit to services in a different region of the country.

Elizabeth "Liz" Bradshaw

SOUTHWEST REGION

Liz Bradshaw lives in the Dallas-Fort Worth area. With ten years in the field, Bradshaw has been representing Hanley in the Southwest region for the past year. Her region includes Texas, Oklahoma, and Colorado.

psychiatrists, doctors, and anyone who may need a connection to addiction and mental health services. "Our team educates providers about Hanley and also vets them to see if they are appropriate partners," says Sander. She explains that one of the reasons Hanley is such a trusted resource in the field is that the business development team thoroughly evaluates outside entities and professionals before referring patients to them. "If we are going to refer someone out, we want to make sure that we are referring them to programs similar to our ethics and specific protocols," says Sander. "We only refer to programs we have personally vetted."

Hanley's business development team not only helps patients get into treatment but also ensures they have access to care and support once they leave. "We work hand in hand with our clinical team to support patients through their continuing care and recovery journey," Sanders explains. "It's about staying connected and making sure no one feels

Elizabeth Dorow

FLORIDA'S EAST COAST REGION

Elizabeth Dorow has been Hanley's Regional Outreach Director for Florida's east coast for three years. Her region spans from Vero Beach south through Miami. In addition to traveling throughout her region to meet with professionals in the treatment field, Dorow also supports the team by meeting with professionals from out of the area who come to West Palm Beach to visit Hanley.

Danielle Hanson

SOUTHEAST REGION

Formerly the Vice President of Development for Hanley Foundation, Danielle Hanson joined the business development team after relocating to the Atlanta, Georgia area. Hanson is now connecting with existing behavioral health partners and building new relationships for Hanley throughout Georgia and Alabama.

Dan Hogue

MID-ATLANTIC AND SOUTHEAST REGIONS

Dan Hogue originally worked in the education department at Hanley in 2005. After leaving to pursue other opportunities and moving to Charlotte, North Carolina, Hogue returned to Hanley as the Regional Outreach Director for the Mid-Atlantic and Southeast regions. Hogue travels throughout North and South Carolina, Tennessee, Virginia, and Washington D.C. building connections with professionals in the region.

Mark O'Connor

NEW YORK CITY REGION

Regional Outreach Consultant Mark O'Connor provides boots on the ground in the important New York City region. Florida has a large population of seasonal residents and visitors from New York, so having a strong presence in the city and outlying regions is vital to building Hanley's network of resources. Based in Manhattan, O'Connor is the first Hanley representative to live and work in New York City.

Renee Rogers

SOUTHWEST FLORIDA AND JACKSONVILLE REGION

Renee Rogers has been working in the treatment field for over 15 years and is experienced in working with attorneys and other professionals. She has been with Hanley for six years. Based in Tampa, her extensive experience has allowed her to build strong relationships throughout Tampa/St. Petersburg, Naples, Sarasota, Orlando, and Jacksonville.

Michelle Schutte

KENTUCKY, ILLINOIS, INDIANA, AND OHIO REGIONS

Michelle Schutte brings more than a decade of experience in the substance use and mental health field. Based in Kentucky, she serves this multi-state region and is dedicated to building strong community relationships while sharing Hanley's mission with accuracy, insight, and care.

In the areas where Hanley does not have boots on the ground, Sander manages business development herself. "Business development is all about relationships in this industry," says Sander. "We work very closely with the professionals referring patients to us. Our job is to embrace them, support them, listen to them, and figure out what their needs are."

Sander, who began her career in the addiction field at Hanley in 2004 in the prevention department, has witnessed countless stories of courage, healing, and transformation, experiences that continue to fuel her passion for helping others find recovery. Today, Sander leads with compassion, empathy, and a deep understanding of how critical that first point of contact can be. Her commitment reflects the heart of Hanley's mission: to meet individuals and families wherever they are in their journey, offering hope, guidance, and the promise of lasting recovery.



Empowering today's youth to make smart choices

W

hen Cara Jewell went to school for theater, she never imagined she would be putting her acting skills to work as Hanley's Regional Prevention Coordinator for North Florida. "My theater skills do come in handy," laughs Jewell who regularly finds herself in front of teenage audiences trying to engage them in a conversation about substance misuse.

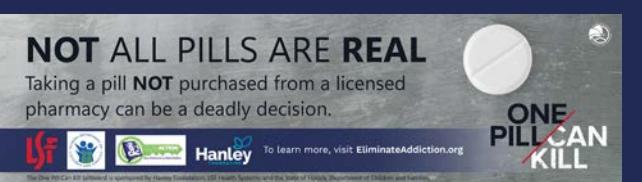
Hanley's North Florida prevention program spans coast to coast with a mission to educate youth in substance misuse prevention. Jewell and her team go into schools with four core programs focused on raising awareness of substance misuse and providing information to kids in their own language. "We offer an alcohol literacy challenge, prescription drug abuse prevention module, marijuana and vaping prevention, and project success," says Jewell. Project success is a four-session program that covers topics such as what it is to be an adolescent, how to relate to friends and family, and coping skills.

Jewell and her team are seeing a measurable change in awareness among 6-12th grade kids in the schools they work with. "We hand out clickers that look like a calculator. Kids use the clickers to answer questions before the program and then to share how much knowledge they gained after it. They are a very handy tool for data collection to show that what we are doing makes a difference," says Jewell.

Hanley was recently selected as the recipient of grant money from the Florida Department of Education for a new program called, "The Facts. Your Future," an educational initiative aimed at providing kids with the facts surrounding drug abuse. As one of only a handful of organizations awarded the grant, the Hanley team is still putting the pieces in place for what the program will look like. Regardless of how it rolls out, the prevention team will rely on its local partners to ensure success. "Everything starts based on relationships," says Diamond Howard-Stevens, director of prevention for

Hanley. "Hanley prides itself on hiring local people in each county which allows relationships and rapport to be built." Howard-Stevens says these relationships account for the growth in the North Florida region. "We started off with a few counties in the north and have expanded to 19 counties today." Hanley recently added Madison and Taylor counties to the areas served.

Hanley also launched a billboard campaign in North Florida aimed at opioid awareness. Billboards carried the simple message of "One Pill Can Kill" and provided links to resources on Hanley's website. "It's a short slogan, but it is very powerful," says Howard-Stevens. "Counterfeit drugs are really widespread so people could take an oxy, but it's not really oxy. It's a drug that can be laced with fentanyl. So, one pill can kill."



The need for education and prevention continues to grow as kids face increasing pressures today. "Vaping seems to be everywhere, and it's flavored and it's yummy, and everyone seems to be doing it. It's very hard to say no," says Jewell. She also points to social media and its negative impact. "Social media is incredibly challenging for youth today. There is constant noise and distraction and you can't just leave problems at school. They follow you home."

Despite the challenges of their day-to-day work, the prevention team takes pride in the impact they are making. "Working in prevention you get to see that prevention works," says Howard. "You could be in a room of 50 kids, and you get that one kid who comes to you and says, 'I really learned a lot.' That is what empowers us."



Coming together to *drive impact* and *inspire hope*

Throughout the year, Hanley Foundation hosts a series of signature events that celebrate community, raise critical funds for our programs and services, and advance our mission of prevention, advocacy, treatment, and recovery support. These exceptional experiences bring together passionate supporters, partners, and families who believe in saving lives and creating brighter futures.

One of the most anticipated events each year is the Palm Beach Dinner held in February at the Henry Morrison Flagler Museum. With an intimate atmosphere and an inspiring program, the evening features heartfelt stories of recovery, honors community champions, and raises vital funds for Hanley's Lifesaver Scholarship Program. It's a night when philanthropy meets purpose and hope takes center stage.

In April, the annual Hanley Foundation Golf Classic will draw supporters to the picturesque and challenging Palmer Course at PGA National Golf Club. This spirited day of golf is more than just a competition; it combines camaraderie and purpose in support of recovery. The event benefits our Lifesaver Scholarship Program, providing lifesaving, quality treatment to those who otherwise could not afford it.



Minnie Pulitzer, Liza Pulitzer, Sissy Armstrong, Tibby Bartram, Whitney Miller Douglass at 20th Annual Palm Beach Dinner



Annual Golf Classic



Annual Bartle BBQ Hang

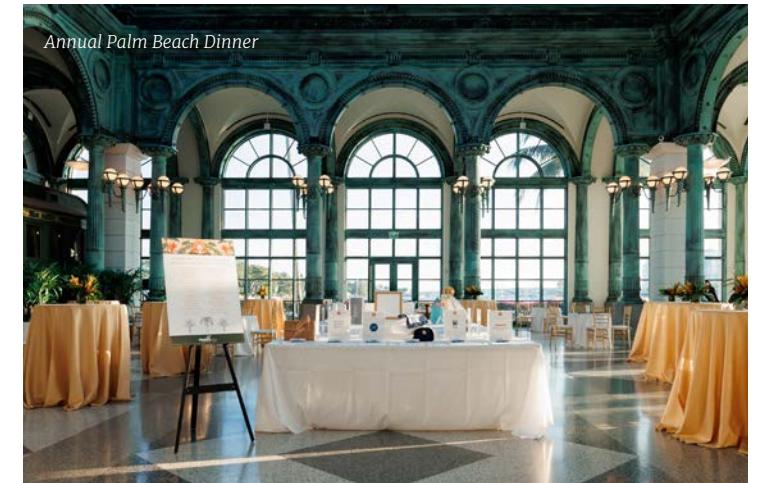
This past summer, the Foundation hosted the third annual Bartle BBQ Hang, a unique tribute event underwritten by James Bartle of SandyJames Fine Food & Productions, in memory of his nephew, Cory Bartle, who lost his life to an accidental overdose. With great food, live music, and a half pipe, this event brings awareness to the impact of addiction and funds scholarships for individuals seeking recovery.

In November 2025, the Mark Garwood Foundation and Hanley Foundation's Shoot for the Moon event brought together supporters for a clay-shooting experience. The event helped fund the Mark Garwood Phoenix Scholarship Program, which awards higher education to adults in

recovery. These scholarships offer more than just tuition; they provide opportunities for a new future through higher education.

Every January, the Racquets for Recovery tennis and pickleball tournament continues to grow in popularity. Co-hosted by the Mark Garwood Foundation and Hanley Foundation, the tournament raises funds and awareness for the Mark Garwood Phoenix Scholarship Program, through friendly competition and fellowship on the courts.

From elegant dinners to sporting events, each gathering serves as a reminder that recovery is possible and that we are stronger when we fight addiction together. These events are not just celebrations; they are lifelines for individuals and families on the path to healing.



For more information or to attend, sponsor or donate to one of Hanley's signature fundraising events, please reach out to Kate Keller at events@hanleyfoundation.org.

MEANINGFUL CONVERSATIONS:

The Hanley Effect Podcast

Overcoming the societal stigma and secrecy surrounding mental health and addiction means talking about it, openly and honestly. Hanley Foundation's podcast, The Hanley Effect, brings the conversation about mental health, addiction and recovery to the public with informative, educational and inspiring discussions. Hosted by Dr. Rachel Docekal and Dr. John Dyben, each episode dives deeply into a host of topics including real-life stories of resilience, breakthrough research, and practical strategies for healing.



Episodes drop every Wednesday and are available on major platforms, including Apple Podcasts, Spotify, YouTube, and the Hanley Foundation website. Whether you're in recovery,

struggling to help a loved one, a clinician in the field, or simply someone who wants to learn more about behavioral health, this series offers insights, education, and inspiration.

With topics ranging from parenting tips on prevention, to the neuroscience of addiction, to community innovation in behavioral health, each conversation not only tells a story but also invites you to be part of the solution. In a world where stigma still shadows mental health and substance use disorder, The Hanley Effect

seeks to shine a guiding light towards understanding and awareness. Tune in and join the movement toward healing and change.





HANLEY FOUNDATION:

Florida's Recovery Leader



Hanley Foundation is Florida's premier recovery resource, dedicated to eliminating addiction through prevention, advocacy, treatment, and recovery support. For over 40 years, it has served as the state's largest provider of grant-funded prevention education and operates one of Palm Beach County's finest quality addiction treatment centers.



HEADWATERS
AT HANLEY CENTER

- The Foundation delivers the treatment arm of its mission through Hanley Center, offering accredited behavioral healthcare.
- Located on a 14-acre campus in West Palm Beach, the Center offers leading-edge treatment from an expert clinical and medical team.
- Specialized programs include age and gender-specific care, a stand-alone residential mental health program, and tailored tracks for veterans, first responders, pregnant/postpartum women.

- Headwaters at Hanley Center is a specialized boutique treatment program tailored for high-profile and affluent individuals.

For more information, visit hanleyfoundation.org or call 844-542-6539.

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Each member of Hanley's Board of Directors has a personal connection with our mission, and over half are in recovery.

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Sculpture on Hanley Center's campus



Educate. Change Minds. Save Lives.

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