

RECOVERY REVOLUTION

A MAGAZINE OF HANLEY FOUNDATION



WOMEN MAKING A DIFFERENCE IN TREATMENT
OF BEHAVIORAL AND MENTAL HEALTH:

*Elizabeth Matthews, Rachel Docekal, Stacy Mandel Palagye,
The Honorable Danielle Hickox Moore, Liza Pulitzer (not pictured
here, Aggie Stoops and Dee-Dee Harris)*



Hanley's treatment campus: A place for contemplation and conversation

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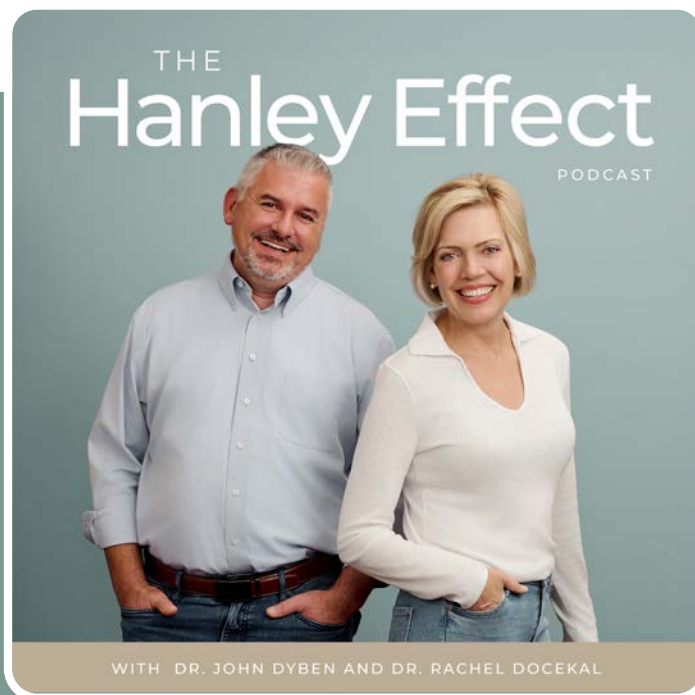
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The truth about recovery, resilience, and mental health. Up close and personal. Powerful, honest, and vulnerable. Information, innovation, inspiration with Dr. John Dyben, Dr. Rachel Docekal, and special guests. No stigma, just the honest truth. Please join the conversation wherever you get your podcasts, or scan the code.



Dear Friends,

As I reflect on the past year, I am struck by the advancements that have shaped Hanley Foundation and the communities we serve. It has been a year of transformation, growth, and renewed commitment to our mission—a year that has strengthened our resolve and capacity to provide hope for those struggling with behavioral health challenges.

This second edition of RECOVERY REVOLUTION captures the essence of our journey through a year of meaningful progress.

We have expanded our reach, introduced innovative programs, and forged new partnerships to enhance the support we provide to those in need. Our efforts have been driven by the understanding that recovery is not a static process but a dynamic journey that requires adaptability, resilience, and unwavering support and compassion.

Among our most significant achievements this year is the launch of specialized programs for veterans, first responders, and pregnant mothers. These initiatives reflect our deepening commitment to addressing the unique challenges faced by these groups, offering tailored care that meets their specific needs. We have expanded our mental health program, now offering residential care to even more individuals. And, we have strengthened our prevention education and advocacy efforts, ensuring that we are supporting those in recovery and working to prevent addiction before it takes hold.

But this year of change is just the beginning. As we look to the future, we are filled with optimism and determination. We are exploring new ways to expand our services, reach more people, and create lasting impact. The stories and insights shared in this edition of RECOVERY REVOLUTION offer a glimpse into the exciting developments on the horizon and the continued evolution of our work.

At Hanley Foundation, we know that there are many doors to recovery; however, they all lead to the same room. We embrace change as an opportunity to better serve our communities and to build a stronger, more compassionate approach to recovery. I am grateful to all of you—our supporters, partners, and team members who have walked with us through this year of transformation. Together, we will continue to lead the way toward a brighter future for all.

With heartfelt thanks,

A handwritten signature in black ink that reads "Rachel".

RACHEL DOCEKAL, MBA ED.d.
CHIEF EXECUTIVE OFFICER



SECTION ONE



Hanley's Campaign for Recovery:

\$35M capital initiative that will revolutionize treatment of substance use and other behavioral and mental health disorders

Dick Robinson
Prevention Center

RECOVERY REVOLUTION. The title of this magazine was carefully chosen. That's because Hanley Foundation is revolutionizing the way treatment of substance use, behavioral and mental health, and other disorders is delivered. Instead of just treating the disease, we treat the whole person. Addiction is not an isolated event. Recovery is a lot more than just not drinking or using. Recovery begins with healing and living a *safe, healthy life with purpose, joy, and peace.*

In traditional addiction treatment settings, the transition between medical stabilization and recovery can be difficult. And even if the patient maintains sobriety when released to home or a sober living facility, recurrence of use sometimes happens. That does not mean the treatment has failed. Instead, it is often a sign that treatment needs to be adjusted or that more support is needed.

Hanley Foundation provides that additional support and is constantly seeking, often creating, more and better ways to treat and care for patients, to reach unserved people, and to help them get treatment no matter the obstacles.

In these pages, you will learn about some of the revolutionary new programs already implemented, those still to come, and how you can help by contributing to the Campaign for Recovery. It's about *Innovation, Breakthrough, and Impact.* It's also about *People, Inspiration, and Drive.* **Please join us.**

DEAR FRIENDS,

I am honored to be chairman of Hanley Foundation's life-saving Campaign for Recovery.

Our campaign goal of thirty-five million dollars will fund transformative capital projects and facilitate innovative treatment options to make a profound difference in the lives of our patients. As they achieve lasting recovery, they will become active, productive members of their communities.

If you were to walk around the 14.5-acre Hanley campus, you would be reminded of its rich history and legacy. The bronze plaques memorialize generous local, longtime supporters from Palm Beach and surrounding areas. They stand as a testament to the enduring spirit of community and compassion that brought world-class addiction treatment and recovery to the Palm Beaches and beyond.

Today, those forerunners are joined by new generations from the Palm Beaches, united to help others achieve lives rich with purpose and pride.

My mother and father, Dee-Dee and Cammie Harris, are at my side in this noble, life-changing quest.

Please join us.

Gary Harris

GARY HARRIS
CHAIRMAN, CAMPAIGN FOR RECOVERY



CAMPAIGN FOR RECOVERY:

Innovation, Breakthrough, Impact

Jack and Mary Jane Hanley founded Hanley Center 40+ years ago. In those years, Hanley has helped tens of thousands of people begin life anew, free from substance use disorders and learning to thrive in recovery.

Since then, science, psychology, and medicine have made great strides in learning to look beyond the disease to the whole body—beginning to understand how all the systems in the body work together—and what happens when they don't.

Approaches to treatment have evolved. Hanley was one of the first in the nation to recognize that men and women need their own specialized treatment, that older adults often think and react differently than their younger selves, and that many people – maybe most – who use alcohol and drugs are actually self-medicating, trying to escape personal pain and trauma. Treatment modalities have advanced, and Hanley Foundation is leading the way.

It is a Recovery Revolution, and it is just beginning. Here's what we are working on now:

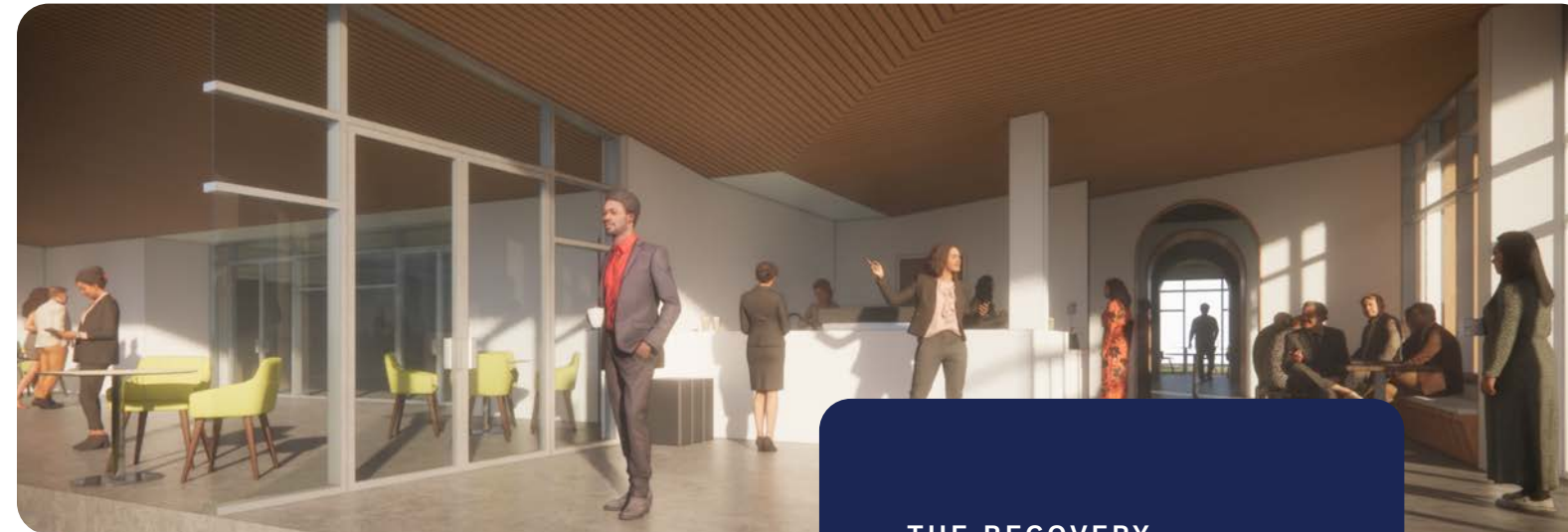
- Casa Flores, a residential treatment program for pregnant women with substance use disorders; a postpartum living, learning community for those moms and their babies; and an

Early Learning Center to prepare children from all walks of life to excel and break the generational cycle of addiction.

- Patriots Program – specialized care for veterans, law enforcement officers, firefighters, paramedics, and their families, presented in their own living and working environment.
- Physical and holistic therapies, such as yoga, meditation, acupuncture, Reiki, massage, and art and music therapy, are integrated into each patient's treatment.
- Center for Brain Recovery – Hanley is a pioneer in studying the brain and its relationship to substance use disorders, behavioral health, and mental health. Now, working with today's medical and institutional experts, we are pursuing new avenues of understanding and bringing that expertise and technology to our patients' treatment as part of their comprehensive, holistic protocols.
- Hanley Foundation partnered with Florida Atlantic University's Charles E. Schmidt College of Medicine, whereby internal medicine residents are required to complete an addiction rotation to broaden their knowledge and skills about best practices

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Coming in 2025, the Resource Center will feature a spacious café for rejuvenation, relaxation, and revelation



THE RECOVERY REVOLUTION IS ABOUT PEOPLE, INSPIRATION, AND DRIVE.

The Campaign for Recovery is a \$35 million commitment to people who need our help today and those who will need us tomorrow and into the future. We need your help to make it a reality.

As you read the articles in this magazine about the programs and people already doing amazing things to further our mission, please consider joining our Revolution. Chief Philanthropy Officer Turner Benoit will guide you on your way. His direct line is (561) 797-2777. Thank you.

and treatments for individuals with alcohol and substance use disorders. In addition, we are pursuing partnerships to attract top graduate students to intern at Hanley, increasing their exposure to real-life treatment and recovery.

- Renovating our Resource Center into a community hub for educational programs, peer support, job training, and long-term recovery support, including a café and recovery bookstore.
- Developing a therapeutic campus by creating outdoor meditation spaces, communal areas, gardens, and open green spaces conducive to connection, reflection, and healing.
- Expanding and renovating our residential pavilions to create custom spaces aligned with the best practices in substance use disorder treatment for older adults, professionals, men and women, and individuals experiencing a mental health challenge.



Enjoy sipping your caffè latte with an inspirational read from our bookstore, or perhaps while taking a break from an educational seminar in our 150-seat auditorium

The Women of the Revolution:
Elizabeth Matthews, Rachel Docekal,
Stacy Mandel Palagye, The Honorable
Danielle Hickox Moore, Liza Pulitzer
(not pictured here, Aggie Stoops and
Dee-Dee Harris)



The Women of the Revolution

It was a woman, Mary Jane Hanley, whose personal story of addiction and recovery became the focal point of the fundraising campaign that built Hanley Center 40 years ago.

Since then, caring, compassionate women and men have carried our messages of hope and triumph for all our prevention, recovery, and philanthropic programs. Here are some of the women leading the Campaign for Recovery.

THE HONORABLE DANIELLE HICKOX MOORE

The Mayor of the Town of Palm Beach, Danielle “Dani” Moore, lives a life of community and civic service. The mayor since 2021, she served on the town council for six years prior and was actively involved with town commissions before that. Dani is a Palm Beach native. Her mother, Lesly Smith, was mayor from 2000 to 2005, and her stepfather, Earl E.T. Smith, was mayor from 1971 to 1977.

Civic involvement is in her blood; philanthropy is from her heart. She is president of the Mary Alice Fortin Foundation, which funds charitable organizations and educational programs throughout south Florida, and she serves on boards and committees for numerous other local nonprofit organizations.

“Hanley Foundation is a critical member of our Florida community. They provide an unparalleled array of treatment and recovery services for adults of all ages. Through this campaign, they will expand programs for pregnant women and their postpartum babies, veterans, first responders, and advance treatment of behavioral and mental health conditions.”

LIZA PULITZER

Her last name evokes images of fanciful flowers and freedom. As a young, third-generation Palm Beacher, Liza designed young women’s dresses for her mother’s world-famous clothing

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lines. That was followed by Liza's highly successful real estate career. Through it all, Liza has remained faithful to the local philanthropic community, serving on committees, making connections, and leading fundraising by example.

“I support Hanley Foundation because I’ve had many, many years of addiction in my family. And when I was in crisis with my family, we didn’t really know where to turn. We reached out to Hanley – and began our journey of recovery.”

ELIZABETH MATTHEWS

Elizabeth's family roots go back to Florida's pioneer days. Her great-great-grandfather, Henry M. Flagler, built the Florida East Coast Railway to transport goods and passengers south and a string of luxury hotels to make their stay comfortable. Elizabeth and her family's philanthropic work is quiet but profound.

“My personal path to recovery has wandered over the years; had unforeseen stops and starts. I’ve learned now that I had to stay on the winding path and grow emotionally to connect the dots that formed my life. The whole time I was growing – and I always wanted to be blessedly sober. I am honored to be one of Hanley’s Women of the Revolution.”



Turner Benoit with Aggie and Jeffrey Stoops

AGGIE STOOPS

Aggie and her husband, Jeff, created the Stoops Family Foundation to support a variety of local, regional, and state causes, emphasizing education, healthcare, social services, children-in-need, and cultural issues. Through their foundation, they made a \$1 million lead gift to Hanley's Campaign for Recovery, which inspired others in the community to donate. Aggie and Jeff recently received the Outstanding Philanthropist Award from the Association for Fundraising Professionals.

“We believe in making transformative gifts to empower organizations to take giant steps, like Hanley’s women and babies’ program that has the opportunity to end the cycle of addiction for countless families.”

STACY MANDEL PALAGYE

Stacy learned the value of philanthropy from her parents, Barbara and Morton Mandel. She and her family have supported monumental improvements to health, education, community, cultural, and Jewish organizations in Palm Beach County and throughout the world. Stacy brings that compassion to the Campaign for Recovery.

“We want to help heal our community. Keith and I truly believe that the new pregnant women and their unborn babies’ program can help stop the family cycle of addiction.”

DEE-DEE HARRIS

Dee-Dee Harris, along with her husband, Cam, and son, Gary, comprise one of the behind-the-scenes families that do so much for philanthropy in Palm Beach County and their home state of North Carolina. Hanley Foundation is fortunate to have the long-time support of the Harris family. Gary Harris is chair of the Campaign for Recovery.

“Hanley Foundation has been there for us, and we are thankful to support this great organization’s work and exciting new programs.”

Hanley CEO Rachel Docekal
with Dee-Dee Harris



For-profit vs. nonprofit healthcare: *Why it matters*

A TRUE STORY:

Aiden S came to Hanley after struggling for years with alcohol. He had received treatment several times prior at for-profit treatment centers. After three weeks of residential treatment at the last of those for-profit centers, his insurance company made the decision that he no longer needed treatment. His insurance would no longer pay for any additional days. His for-profit treatment center told him, "Goodbye and good luck."

Research has affirmed that longer lengths of stay improve the likelihood of an individual remaining sober. At Hanley, that means every patient stays for at least 45 days.

The situation with Aiden S is fairly common and one of the key differentiators between for-profit and not-for-profit healthcare. In Aiden's situation, Hanley's scholarship dollars kicked in, and he stayed in treatment for more than 90 days. He is still sober today.

At Hanley, our measures of good business are lives saved, families reunited.

Behavioral healthcare changed dramatically with the passage of the Affordable Care Act in 2010. In addition to other provisions,

the Act prohibits insurance companies from discriminating against individuals with preexisting conditions, including substance use and mental health disorders. Treatment suddenly became affordable.

Soon, private equity dollars began to flood the behavioral health landscape. For-profit treatment and halfway houses popped up like weeds in an unkempt lawn.

For over 40 years, Hanley has been not-for-profit. Mission was and is our guiding principle.

This guiding principle is seen in every choice we make and in the long-term success of our patients.

- You see it in our staff. Our staff-to-client ratio is the best in our field. We are a teaching facility where experts teach the next generation, and training and education are benefits every staff member enjoys.

- You see it in our food. Everything is freshly made, organic where possible, and our partnerships with local farmers and purveyors ensure the highest freshness and nutrient value possible.

- You see it on our campus. We believe that nature plays an integral part in wellness. Hanley sits on 14.5 acres of botanical gardens. Our walking trails, healing garden, and gazebos are accessible 365 days a year due to our location in sunny Palm Beach County.

- You see it in our trauma-informed culture. The culture necessitates that every single member of staff, from the housekeepers to the CEO, is trained in trauma-informed practice.

- You see it in our Alumni Services Department. From annual alumni barbecues to monthly anniversary nights, this department is charged with helping alumni maintain their connection to recovery. Every event is free and designed to support the work Alumni did in treatment.

- You see it in our patient care. Every patient receives exactly what he or she needs to get well, regardless of ability to pay.

- You see it in the programs we provide. We treat patients with the highest levels of medical and clinical acuity. Patients who have been unsuccessful in other settings. Patients whose families have lost hope. Patients Hanley is able to get well.

- You see it in our innovation. Medical and clinical advances happen at Hanley. Research and development are part of all the work we do. And then, we share that knowledge. For free. At Hanley, our focus is on getting people well. Not getting us rich.

Come see for yourself. We would be honored to give you a tour of our campus. Meet some of our staff, and perhaps have a nutritious lunch in our dining room.

Just scan the QR code.



SECTION TWO

A new era of leadership:

Bringing innovation and compassionate care to the forefront





Hanley 'C-Suite' Leadership *Embodies the spirit of innovation*

In 2007, Steve Jobs took the stage at the Macworld Conference and previewed the technology he and his team had been working on – a small glass phone that was capable of downloading music, videos, and maps from the Internet. At the time, the Blackberry was the accepted technology and undisputed market leader. The audience was stunned as it understood that creativity and innovation had just changed the way hand-held devices – basically the telephone – delivered information.

We all know what happened next.

Hanley Foundation has long embodied the spirit of innovation and research-affirmed excellence shared by Apple and others that have had lasting impact on their field. Back in the 1980s, Hanley was one of the first programs that pioneered gender-specific treatment for substance use disorders based on the real-world experience of Hanley's founder, Mary Jane Hanley.

Hanley was the first program to research treatment for older adults. As the natural result of its findings, in 1998 Hanley opened the doors of its Center for Older Adult Recovery. Innovations and firsts continued with evidence-based youth prevention in 2000, specialized treatment for ultra-high-net-worth individuals in 2015, and residential mental health in 2022.

Hanley has a history of listening to and focusing on the needs of the individuals and community when setting its priorities. And Hanley's priorities often lead to innovations in the field of behavioral health. Where there is a need, Hanley researches and then creates the solution. The culture of empathy and innovation by Hanley's leadership team starts with CEO Rachel Docekal, whose vision influences and inspires. She emphasizes the importance of connecting the team's efforts with the concept that people do recover, ensuring that every initiative and program is purpose-driven.

This past year, Hanley created three programs responding directly to the community's needs. Casa Flores serves pregnant and peripartum women and their children, those who are parenting, and those whose lives have been touched by abuse and violence. Dr. Heather Howard, Hanley's Chief Strategy Officer, is nationally recognized as an expert in perinatal mental health and maternal substance use. Dr. Howard is committed to eliminating the stigma, strengthening families, and increasing the number of individuals screened for behavioral health challenges. For her, Casa Flores is a passion project.

As the Executive Director of Hanley Center, Brad Williams embodies The Hanley Way through his resolve to deliver world-class patient and family care. Brad tells the story of walking through campus, hearing a Casa Flores baby cry for the first time, and his resulting feelings of excitement, joy, and hope for that baby and her mama. Under his leadership, the treatment center fosters a compassionate and holistic approach, ensuring
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that each patient is viewed as a whole person rather than just a diagnosis. Brad leverages his sobriety journey and extensive professional experience within large organizations to provide critical insights, guiding Hanley to deliver exceptional patient care in a safe and healthy community where patients go to heal and grow.

Hanley has a long history of treating veterans and first responders. In 2024, the Patriots Program was created to treat the most challenging trauma. Mental health is an essential component of treating substance use disorders. With extensive credentials and years of experience, Chief Clinical Officer, Dr. Phoenix Adams, understands how to navigate these co-occurring disorders, leading a system of comprehensive care that vastly increases the chances of recovery and regaining wellness.

Both our research and experience working with complex trauma have affirmed the need for both clinical and pharmacological approaches. With expertise in substance use disorders, mental health, and preventive medicine, double board-certified physician and Chief Medical Officer, Dr. Angelo Asheh, brings a comprehensive background and forward-thinking approach to Hanley's efforts. Dr. Asheh, utilizes the latest research in treatment modalities, ensuring Hanley's approach is both grounded in proven methodologies, while being on the leading edge of innovations in the field. His leadership extends beyond direct patient care. He also serves as a medical instructor amplifying the Hanley message while teaching at the University of California, Florida Atlantic University, and as a REACH scholar (Realizing Educational Achievement Can Happen) through Yale University and the American Academy of Addiction Psychiatry (AAAP).

The sounds of laughing children now fill Hanley's halls a few times each month for our day-long children's program. Created by renowned children's counselor, Jerry Moe, and Hanley's Dr. John Dyben, the program helps children who have been impacted by substance use disorder in their families. As a leading expert in addiction treatment, Dr. Dyben is dedicated to advancing the field by implementing cutting-edge therapies and evidence-based practices. He emphasizes the importance of a holistic, patient-centered approach, ensuring that all aspects of a person's life are considered in the treatment process. His dedication to continuous improvement ensures that the

organization lives up to the promise of driving small and large innovations within the field.

Impactful Innovation is the term Hanley's leadership team uses to describe work that changes lives and saves families. In 2024, Hanley announced a \$35M Campaign for Recovery. Hanley has long envisioned, researched, and piloted new programs – similar to Casa Flores and the Patriots Program – and then raised the needed dollars to bring those programs to fruition. Leading the Campaign for Recovery is Chief Philanthropy Officer Turner Benoit. Turner's own recovery journey allows him to engage deeply and honestly with others, furthering Hanley's impactful work.

The Campaign for Recovery will add new pavilions to house the Patriots Program, Casa Flores, an early learning center focused on children who have been exposed to substances in utero, and expand and renovate existing spaces. With thirty years of experience in behavioral healthcare with an emphasis on compliance and administration, Chief Operating Officer Jennifer Lee is spearheading the build-out of these critical spaces. With integrity and professionalism, her skills complement Hanley's architects, engineers, and space planners, as she provides oversight and guidance, enabling Hanley Foundation's expansion.

When Steve Jobs climbed on that stage so many years ago, he eloquently communicated why the iPhone was different, better, and unlike anything that came before it. Hanley relies on Chief Advancement Officer Lindsey White to communicate why we are different, better and unlike anything that came before. Lindsey leverages her connections, creativity, and captivating storytelling to ensure that Hanley Foundation reaches new communities and is positioned for long-term growth.

At Hanley Foundation, we know that people do recover. We focus our creativity and innovation on saving lives, restoring families, and building healthier communities. Interested in learning more? We are just one click away.

Photo, left-to-right: Lindsey White, Chief Advancement Officer; Jennifer Lee, Chief Operating Officer; Brad Williams, Executive Director; Dr. Phoenix Adams, Chief Clinical Officer; Dr. Rachel Docekal, Chief Executive Officer; Dr. John Dyben, Chief of Research and Innovation; Turner Benoit, Chief Philanthropy Officer; Dr. Heather Howard, Chief Strategy Officer; and Dr. Angelo Asheh, Chief Medical Officer.

Scan the QR code to learn more:



HANLEY FOUNDATION IMPACT GOALS

- Become a national leader in behavioral health teaching, training, and research.
- Deliver world-class patient and family care with excellent outcomes.
- Educate individuals and communities to prevent the misuse of drugs and the development of substance use disorders.
- Drive small and large innovations within our field.
- Build resilience within and strengthen the bonds of the recovery community.
- Reduce stigma surrounding mental health and substance use disorders.





FROM INSIGHT TO ACTION:

The role of executive coaching in aligning our high-performing team

In any high-performing organization, the role of a coach extends far beyond just guiding individuals. It's about shaping the success of each team. For Hanley Foundation, Kim Pheasant is a valuable resource driving leadership development and empowering the team to strive for excellence. "The magic moment is when the team starts to understand each other, and how that, in turn, creates more cohesive relationships and impactful outcomes," Kim stated. "Great teams are built on relationships and structure. Often, people are too close to the problem and develop tunnel vision, so they struggle to create

and build systems to address their obstacles. It's much easier to see what needs to be done from an outsider's perspective."

Kim, the founder of 2Focus Forward, is a seasoned Executive Coach with extensive expertise in guiding individuals and teams toward transformative growth. With a deep understanding of organizational dynamics, Kim specializes in enhancing relationships, pinpointing and developing key areas of opportunity, and crafting strategic frameworks to achieve personal and professional goals. "I strive to be a sounding board

for my clients to allow a confidential space for our coaching. Through this work, we uncover the path and goals that lead my clients to the fulfilling personal and professional life they envision."

Executive coaching is not just about addressing immediate challenges. It's about creating a strategic mindset for long-term success, supporting personal growth and resilience. By instilling a forward-thinking perspective and nurturing individual development, Kim equips team members with the tools and insights needed to navigate future challenges with confidence. "I love watching people discover their strengths, moving from recognizing potential to fully embracing what they bring to the table. It's fulfilling to see a scattered, disconnected team come together like pieces of a puzzle, using the tools I provide to create something whole and effective, or rather, putting the pieces of the puzzle together. There's nothing more rewarding than witnessing that transformation."

As you can imagine, each team within Hanley is composed of individuals with unique personalities, work styles, and perspectives. Kim uses numerous assessment tools to identify strengths, potential gaps, and conflicts that may hinder them, thereby providing a clear picture of the team's current standing, enabling her to promote unity. "These insights are crucial for creating a more harmonious, efficient, and goal-oriented team. By working with the teams and individuals, I can help people in

leadership recognize their skills and align them with Hanley's goals. They learn how to set expectations, provide feedback, and hold team members responsible for their contributions, which improves collaboration."

However, it does not happen overnight. Everyone must play a vital role and commit to continuous improvement. Accountability shifts the focus from efforts to outcomes. "Every six months, I reevaluate them to see how they've grown. The data-driven assessments give me a clear picture of where the team stands, making it easier to implement targeted strategies for improvement."

Kim has spent the past three years working closely with the Hanley team, witnessing their remarkable progress. "It's awe-inspiring to see the right people, seemingly divinely guided, arrive at Hanley. Working with individuals who possess both intellectual brilliance and a deep sense of compassion, all united in driving a recovery revolution, and seeing this team collaborate toward that vision, has been truly extraordinary."



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“It's awe-inspiring to see the right people, seemingly divinely guided, arrive at Hanley. Working with individuals who possess both intellectual brilliance and a deep sense of compassion, all united in driving a recovery revolution, and seeing this team collaborate toward that vision, has been truly extraordinary.”

KIM PHEASANT, ON THE LAST THREE YEARS AT HANLEY

CROSS-DISCIPLINE MEMBERS PROVIDE DIVERSE PERSPECTIVES

Hanley Treatment Council unique in the industry

Hanley Foundation recently implemented a complementary approach to operating the entire treatment center that reflects how we view our patients—as whole, functioning, multi-faceted individuals rather than having compartmentalized parts.

“This is a new way of thinking,” says Executive Director Brad Williams. “It’s what’s happening with our staff as they see themselves and act as agents of change. It’s what’s happening with our leadership as they find themselves being pulled by enthusiastic staff into new thinking, new ideas.”

It’s called the Treatment Council, “. . . five unique individuals with an incredibly diverse plate of skill sets coming from different backgrounds,” Brad explains. “No other treatment center has this type of overview. It’s a platform for us to take

a deep dive into philosophical questions about treatment and how we approach an ever-changing environment.”

“The Treatment Council is a reflection of the fact that mental health care is health care,” added council member Dr. John Dyben. “We hold ourselves to the highest standards of excellence that we expect from any other area of healthcare, which necessarily requires a truly multidisciplinary approach.”

Current members of the council are:

- Executive Director Brad Williams
- Chief Medical Officer Dr. Angelo Asheh
- Chief Strategy Officer Dr. Heather Howard
- Chief Clinical Officer Dr. Phoenix Adams
- Chief of Research & Innovation Dr. John Dyben



CHIEF MEDICAL OFFICER

Dr. Angelo Asheh brings a balanced approach

Dr. Angelo Asheh is renowned for his clinical excellence and compassionate care. He is pleased to join a visionary leadership team dedicated to transforming recovery and setting new standards for treating addiction and mental health challenges.

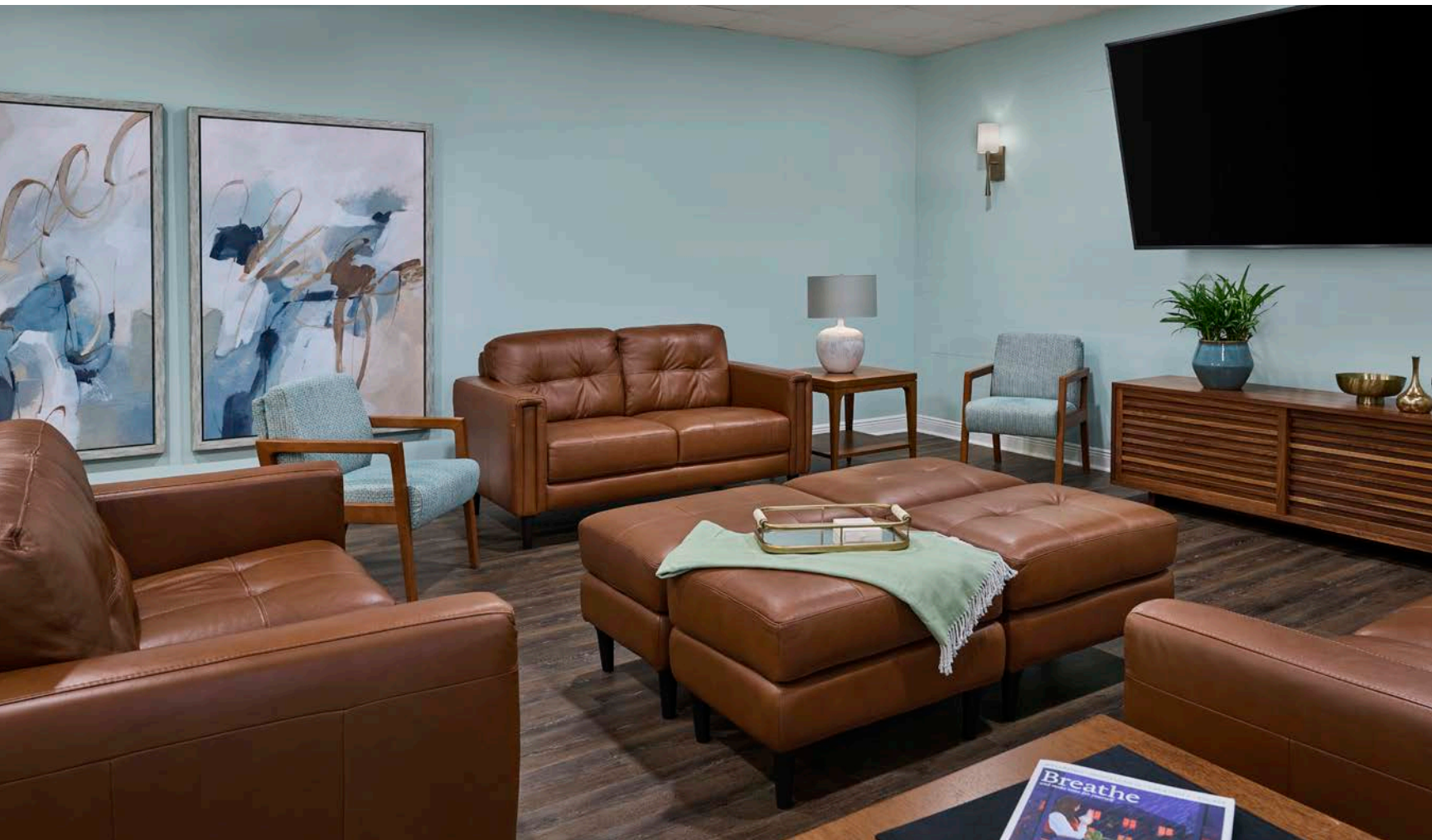
“Hanley’s exceptional talent, strong leadership, and forward-thinking approach to new methodologies drew me to this team,” Angelo said. “There’s a perfect balance of innovation and creativity while still honoring the traditional evidence-based practices that have consistently delivered successful outcomes.”

A double board-certified physician, Angelo brings extensive experience in psychopharmacology, ADHD, depression, anxiety, and pain management. He is deeply committed to treating the “whole person,” recognizing the critical links between childhood trauma, social factors, and long-term recovery. “By considering the full scope of a patient’s life, lifestyle, diet, and sleep, we can design a treatment plan that’s completely individualized,” he says. “True recovery goes beyond managing symptoms. It’s about creating a life where patients can find purpose and resilience.”

In addition to his critical role at Hanley, Angelo serves as a medical instructor at the University of California and Florida Atlantic University, and he holds the prestigious REACH scholar designation from Yale University and the American Academy of Addiction Psychiatry. His academic contributions help shape future clinicians who share his passion. “I love teaching and paying it forward. By being a teacher, you are also being a learner. I am a lifelong learner, and at Hanley we are constantly growing and implementing that philosophy into our treatment practices.”

He says the opportunity to strengthen the relationship with FAU is appealing. “Dr. Docekal’s goal of making Hanley a leading educational institution for training the next generation of clinicians and leaders was a significant draw for me.”

What also attracted him to Hanley was the proximity to the ocean. “I’m a big water person. I love the beach, fishing, surfing, anything on the water.” He regularly enjoys the ocean with his fiancée and their Yorkies, Lola and Tati.



The National Institutes of Health recognizes the Imposter Syndrome as a behavioral health phenomenon described as self-doubt of intellect, skills, or accomplishments among high-achieving individuals.

Scan to learn more:



CHIEF CLINICAL OFFICER

Dr. Phoenix Adams reflects on service and career

Dr. Phoenix Adams is Hanley Foundation's chief clinical officer. He joined the organization in 2024, with 12 years of executive experience in the nonprofit residential addiction treatment field. He also had an established private mental health and substance use disorder practice. His belief and confidence in sharing his knowledge and experience led him to become an active presenter to prestigious audiences across the United States and the world.

He didn't begin his work life in social work. His first executive experience was with a Fortune 500 company in South Florida. There, Phoenix had all the hallmarks of success—promotions, recognition, and salary increases. He liked and respected his co-workers, and they liked him.

But looking back on it, Phoenix now believes he was suffering from imposter syndrome. "I was grateful to have a job, but I felt disconnected from the job as it didn't give me a sense of purpose. I would sit in meetings feeling like I was contributing but wondered how much it really mattered in the scheme of things, and wondered if anyone else could see how disconnected I felt. One day, I got this weird sensation as if I was actually wearing somebody else's clothes! I knew there had to be more, and I knew I had to find a career that fulfilled me with both passion and purpose."

Phoenix remembered an earlier interaction with a social worker called in to help a family member and how that work of kindness impressed him. "I thought, maybe I could do something like that, something I would be connected to, a way of giving back." So, he enrolled in a social work program at Florida Atlantic University. "By the second semester, something clicked. I felt like 'this is me – I found a home.'"

Phoenix never looked back – always forward.

When Hanley Foundation called him to visit the nonprofit center and talk about the future, he said he quickly fell in love with the organization, particularly the people who comprise it. "The leadership team, led by Dr. Rachel Docekal, is an experienced, energetic group of professionals with a passion for not only

delivering excellent care to patients but also evolving treatment to exceed the ever-changing needs of our patients.

"Equally important," Phoenix continued, "the leadership team is making Hanley a place where professionals who work for the organization can thrive in a way that is fulfilling to them – an environment in which people want to have careers. If they're happy and fulfilled, that leads to better outcomes for patients and their families.

"So, what attracted me to Hanley was not only the culture that exists for patients and their families but the culture that Hanley cultivates for the staff. It's consistent with my values of prioritizing excellence in patient care and my beliefs about how we should treat staff. Hanley is doing both very well."

Operationally, Phoenix is responsible for all the clinical programs:

- Casa Flores perinatal program
- Center for Older Adult Recovery
- Child-Centered Family Program
- Detox
- Family Services
- Headwaters
- Men's Program
- Mental Health
- Patriots Program
- Women's Program

Each program has a director who reports to Phoenix and becomes the bridge between clinical treatment and the leadership team. "I also have strategic responsibility—influencing the direction of treatment programming, helping determine if we have gaps in services, and with our team, designing programs to meet the needs of incoming patients.

"When people ask me to describe myself, I say I have a mind for business and the heart of a social worker. I understand the business components to sustain the work, but I am very connected to the mission that drives the business."

CHIEF STRATEGY OFFICER

Dr. Heather Howard expands Hanley Foundation's breadth and experience

Dr. Heather Howard's job title is intentionally vague.

That's because she brings to Hanley Foundation a wealth of hands-on experience and educational depth that runs the gamut of the behavioral health and substance use disorder fields. These attributes need room to grow to benefit all who come to Hanley for help.

Her experience is deep-seated. While continuing her education at Boston College, she was a clinical social worker at Brown University's Women & Infants Hospital in Providence, R.I. There, she confronted the 2000-2009 opioid prescription crisis. "More and more people were being prescribed opioids, and they became dependent due to their long-term use. Physicians didn't have any reliable research to follow – everyone was just floundering," Heather explained. "Some of the women became pregnant. I saw so many young women, afraid of opioid exposure to their unborn children, being coerced into major medical decisions regarding treatment for opioid use disorder and pregnancy. Most mothers were justifiably concerned that their newborn child would be taken from them by child welfare."

Those experiences compelled Heather to get her PhD in clinical social work. "One of my professors, understanding my passion for helping people, suggested I teach just one course. Always looking to broaden my horizons, I agreed." That one course led to nine years in academia – two at Wheelock College (now part of Boston University) and seven years at Florida Atlantic University in Boca Raton.

The totality of her work brought Heather to the attention of Hanley Foundation, which was undergoing a major expansion of its behavioral health, mental health, and substance use disorder treatment and prevention programs. Hanley saw in Heather

someone who, not pigeonholed in one particular aspect of the organization, could influence the tide that raises all ships.

She approaches her work with her heart as well as her head. One of her early Hanley collaborations is with Allison Jimenez, vice president of program development. Allison spearheaded Casa Flores, the groundbreaking living, learning program that provides pregnant women aged 18 and older with medically managed support and residential treatment during and after pregnancy. It's a subject close to Heather's heart from her previous experiences.

“

Professionally, I love to encourage and support. Give them a little nudge to be the best they can be, achieve something they never dreamed possible. That brings me such joy. I would say, professionally, that's probably one of my superpowers.

DR. HEATHER HOWARD



Residential mental health services complement Hanley's continuum of care

Hanley Foundation is one of just a few substance use disorder treatment facilities in Florida with an on-site, 10-bed residential mental health program. Its nursing, medical, and psychiatric services are provided 24/7 by a licensed team of medical providers, mental health clinicians, and behavioral health technicians in a private, stand-alone facility on the Hanley campus.

"Patients are generally referred to us from their family doctor, a friend, or an outside medical or treatment facility," explained Eulices Montiel-Fernandez, clinical director of the mental health program. "Addiction often has co-occurring diagnoses – so some may be patients in our substance use treatment programs who need additional residential mental health treatment."

"Families in crisis sometimes reach out directly to our admissions office," added Suzanne Sherwood, assistant clinical director.

Each patient is at the center of a caring team designed to uncover and manage mental health conditions, including mood or personality disorders, trauma, and co-occurring addictions.

"Mental health is central to all medical conditions – addiction, diabetes, high blood pressure, even cancer," Eulices said. "You can't care for any medical condition without taking mental health into consideration. With a unit like this, we get to pay more attention to the actual psychiatric part of the equation."

"When I started at Hanley four years ago, I was working at the Center for Men's Recovery," Suzanne said. "We would see psychiatric conditions take the forefront and prevent patients from being able to engage in the healing process: the programming, the methods that have worked so well for others. Our mental health unit is a smaller, quiet setting so patients can better engage in their treatment."

Some patients are referred to Hanley from hospitals that work

with patients under the Baker Act as a result of their untreated mental health conditions. "The hospitals get them out of the acute crisis, but there is generally a large gap between the emergency and going back home. That's where residential mental health at Hanley comes in," Suzanne explained.

“

"We give patients a long runway to be able to reintegrate into the community."

EULICES MONTIEL-FERNANDEZ

"Ideally, we provide a degree of stabilization that can prevent or reduce the severity of crises. This stabilization usually includes medication management, education about mental health conditions, and support with coping skills. For example, those who have been isolating may need help with life skills such as interpersonal communication and how to ask for help," Suzanne continued. "After stabilizing at the residential level of care, we recommend paths through the continuum of care such as partial hospitalizations programs or individualized intensive outpatient programs. These programs provide a layer of support while integrating back home or into the community."

"One thing we are not," Suzanne emphasized, "is a lock-down psychiatric facility. That's sometimes the perception one gets when they hear 'mental health' because of the stigma that unfortunately remains."

Hanley Foundation is working to destigmatize any mental health or behavioral health conditions.



Comfortable semi-private rooms await patients at Hanley's Mental Health Services Pavilion

Hanley Foundation takes a giant step to further research in the addiction field

Hanley Foundation continues to advance its leadership position as a national addiction and mental health treatment organization by establishing its own Institutional Review Board (IRB), federally registered with the U.S. Department of Health and Human Services (DHHS).

“This puts us in a position to advance research, both to improve our own patient care and advance the field of behavioral healthcare as a whole,” explained Dr. John Dyben, Hanley’s chief of research and innovation.

IRBs were established by the federal government to protect the health and privacy of people who are involved in any kind of research. Research, in this context, has a broad definition. “Even the act of having a person answer a survey can potentially fall under the umbrella of ‘human subjects research,’” John explained. “Research that will be used to advance the field through publishing findings in academic journals must comply with federal regulations and be monitored by an IRB. Having this within Hanley Foundation opens the doors to ethical, efficient, and effective research that will drive innovative improvements.

“There are very, very few institutions in the addiction treatment field that have their own IRB. That is why you rarely find anyone doing research or publishing papers. Treatment without research leads to stagnation,” John continued

“Now, we can expand our 40+ years of field experience to dramatically increase research, holding ourselves to all the professional standards required by the DHHS. Treatment with research leads to innovation.”



SECTION THREE

Headwaters:

A program so specialized it has the power to change you

Headwaters: To heal, to help, to bring hope

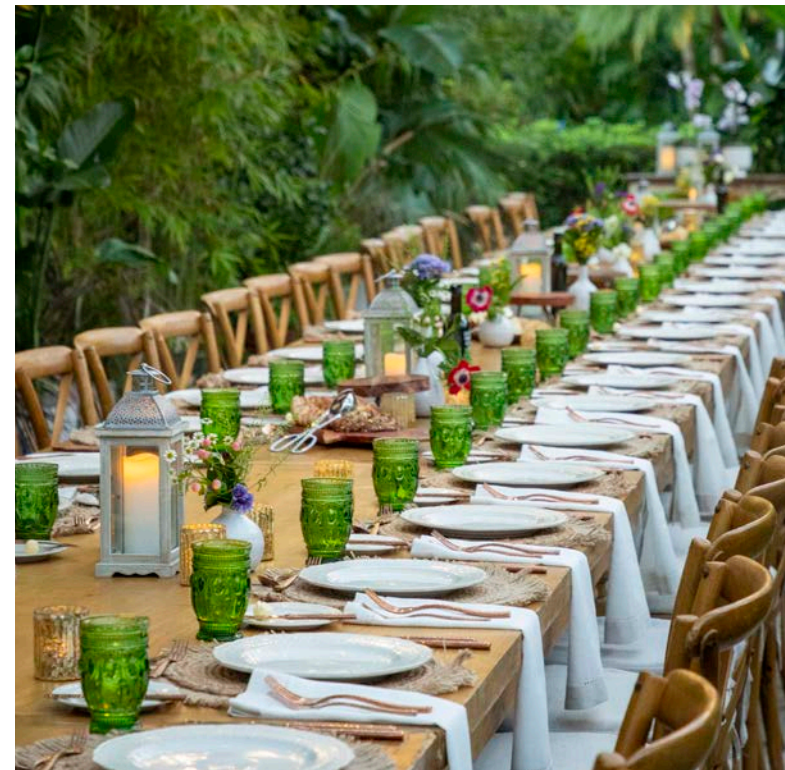
Finding the perfect place for treatment of substance use, behavioral health, and mental health issues can be a daunting task for any individual – one made more difficult for people of means, prominence, and stature. There exists in the behavioral health field a small but highly talented cadre of individuals whose lives are devoted to finding the perfect fit for their clients' needs.

Hanley Foundation recently hosted a select group of these talented individuals so they could see and feel first-hand what their clients will experience at the newly renovated, reimagined, and enhanced Headwaters in West Palm Beach.

First on the three-day agenda was a discussion of Headwaters' clinical advancements, moderated by Hanley Executive Director Brad Williams and featuring Dr. Phoenix Adams, chief clinical officer; and Dr. Angelo Asheh, chief medical officer.

The next day, guests began with a sunrise sound bath experience on Palm Beach lead by holistic therapist Jessi Hall, followed by breakfast courtesy of local partner Aioli Bakery and Café. Headwaters patients can select from more than a dozen complementary therapies each week of their stay. From neuromuscular massage and acupuncture to Reiki and cupping, guests had the opportunity to sample these holistic services to better understand how they can contribute to the healing process for patients. After a delicious Asian-inspired lunch in the Headwaters dining room, prepared by Executive Chef Tim Pearce, guests toured luxurious patient bedrooms and amenities. The evening meal was an outdoor, informal, family-style, farm-to-table for the 50 guests.

“We appreciate our partners' taking their time to experience what makes Headwaters special,” said Dr. Rachel Docekal, Hanley Foundation's chief executive officer. “Their clients will benefit from their knowledge. This is why we do what we do: to heal, to help, to bring hope.”



Scan the QR code
to learn more:





Headwaters:

A SANCTUARY FOR HEALING AND GROWTH

In a world where substance use disorders affect individuals from all walks of life, leaders, innovators, and high-profile individuals face unique challenges in their recovery journey. According to the 2023 United States National Survey on Drug Use and Health, 48.5 million Americans experienced a substance use disorder in the past year. For those in positions of influence, the decision to seek treatment comes with distinct considerations—balancing public responsibilities, professional demands, and the deeply personal process of healing.

At Headwaters, we are uniquely equipped to meet these challenges. Serving a niche clientele allows us to craft tailored recovery experiences, leveraging innovative therapies and a holistic approach to address the complexities of addiction and co-occurring disorders. Our program is built on the understanding that patients with similar life experiences often achieve better outcomes when they recover together, fostering mutual understanding and peer support in an intimate, confidential setting.

A BESPOKE RECOVERY EXPERIENCE

Our thoughtfully designed botanical campus offers a tranquil environment where patients can step away from their responsibilities and focus on recovery without sacrificing the ability to stay connected when necessary. Leaders often carry immense professional burdens, which is why we provide access to devices during off-hours, allowing them to maintain critical professional duties without compromising their treatment.

Each patient resides in bespoke, private accommodations featuring ensuite baths and luxurious amenities, ensuring comfort and privacy throughout their stay. Every detail—from

the serene gardens to the intimate residential environment—has been carefully curated to create a space that promotes physical, emotional, and spiritual restoration.

PERSONALIZED TREATMENT ROOTED IN COMPASSION AND EXPERTISE

At the core of Headwaters' philosophy is our commitment to highly individualized care. By limiting patient capacity, we ensure a superior therapist-to-patient ratio that allows for intensive, one-on-one attention. Each patient's treatment plan is developed by a multidisciplinary team of master's and PhD-level clinicians, board-certified addiction physicians, psychiatrists, and licensed therapists. This team collaborates daily, ensuring treatment evolves alongside the patient's progress.

Treatment plans are comprehensive, addressing addiction and co-occurring disorders with a combination of evidence-based therapies, addiction medicine, and psychiatry. Key therapies include:

- Cognitive Behavioral Therapy (CBT): Transforming negative thought patterns into constructive beliefs.
- Dialectical Behavior Therapy (DBT): Building emotional regulation and interpersonal effectiveness.
- Motivational Interviewing: Enhancing commitment to change and personal growth.

For patients requiring trauma-informed care, we offer advanced modalities like Eye Movement Desensitization and Reprocessing (EMDR), Brainspotting, and Narrative Exposure Therapy. These cutting-edge approaches enable deep healing from past trauma, fostering a strong foundation for long-term recovery.



HOLISTIC THERAPIES TO SUPPORT MIND, BODY, AND SPIRIT

Recovery extends beyond clinical treatments. At Headwaters, integrative therapies are seamlessly woven into the patient experience, enhancing physical and emotional well-being while equipping patients with tools for lasting self-care. These therapies include:

- Acupuncture: Reducing stress, improving sleep, and restoring energy balance.
- Meditation and mindfulness: Decreasing anxiety, depression, and PTSD symptoms.
- Reiki and sound baths: Promoting spiritual awareness and deep relaxation.
- Massage therapy: Relieving physical tension and fostering a sense of calm.

NUTRITION AS MEDICINE

Recognizing the critical role of nutrition in recovery, our private chef creates nutrient-dense meals sourced from high-quality, local ingredients. These meals are designed to stabilize mood, reduce anxiety, and promote cognitive function and sleep, supporting the body's natural ability to heal and repair itself during the recovery process.

STRENGTHENING RELATIONSHIPS THROUGH FAMILY SYSTEMS THERAPY

Addiction doesn't occur in isolation, and neither does recovery. Headwaters places a strong emphasis on rebuilding the patient's relational and support systems through Internal Family Systems (IFS) therapy. Our dedicated family counselor collaborates with the patient's primary therapist to provide a robust program that includes:

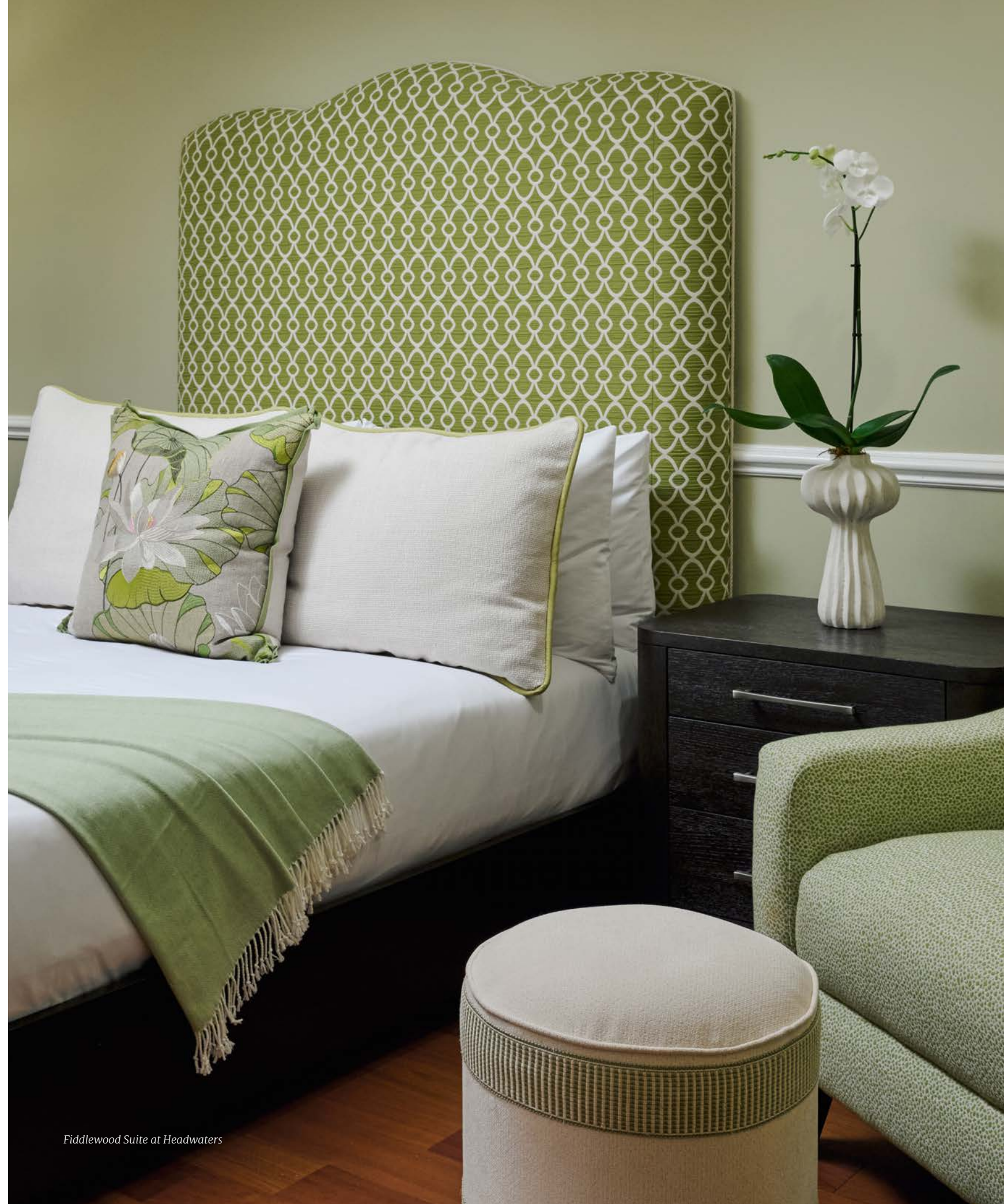
- Orientation to Family Services and weekly education programs.
- Individualized family therapy sessions.
- Access to resources and guidance for loved ones, friends, and key professional contacts.

This comprehensive approach ensures that all individuals impacted by the patient's addiction—whether family members, colleagues, or close friends—are engaged in the recovery process. By healing these connections, patients can re-enter their lives with a renewed sense of purpose and support.

A JOURNEY TOWARD LONG-TERM RECOVERY

At Headwaters, recovery is more than a process—it is a transformative journey of rebuilding lives and rediscovering purpose. By targeting the mind, body, and spirit, we offer a deeply personalized approach that empowers patients to achieve sustainable, long-term healing.

Through the intersection of cutting-edge therapies, holistic practices, and unparalleled clinical expertise, Headwaters provides a haven where individuals in positions of influence can heal without compromise. With our dedicated team by their side, patients are equipped to navigate their unique challenges and reclaim their lives with dignity, strength, and resilience.



Fiddlewood Suite at Headwaters



TREATING THE WHOLE PERSON BY ADDING INTEGRATIVE THERAPIES

At Headwaters, focusing on the mind, body, and spirit of the patient is a key point of the recovery treatment. To address many of the patient's physical and emotional setbacks, Headwaters offers a range of complementary integrative therapies designed to support patients in their healing journey. These therapies work in conjunction with clinical and medical treatments, creating a holistic and transformative recovery experience.

"These treatments are designed to bring peace to the soul and comfort to the body. It is wonderful when dealing with the uncomfortable moments during the recovery process," explains Jessi Hall. With 18 years of experience in the spa and wellness industry, she is Headwaters' lead spa therapist. A Reiki master, she uses the Eastern technique of gentle touch to help guide energy in a way that leads to balance and healing. She also leads sound bath group sessions, a meditative practice involving the use of resonant sound to help people relax and let go of stress and anxiety.

Patients can select from more than a dozen therapies, including Swedish or deep tissue massages, reflexology, meditation, cupping, acupuncture, yoga, aquatic therapy, and seeding. It's patient choice, but if special needs arise, Jessi communicates with Headwaters' primary counselors to create a wellness plan for a patient. With three masseuses, one acupuncturist and one craniosacral therapist available, each patient receives two treatments a week.

Jessi personally recommends a neuromuscular massage, designed to ease chronic pain, relax the mind and body, help with anxiety and overactive nervous systems, and is ideal for patients who suffer from scar tissue breakdown from old injuries. There's also craniosacral therapy, which helps relax the body's fight or flight and soothes the nervous system.

"Working at Hanley is a blessing in my life, watching people overcome such difficult things, seeing the soul reconnect with the body is a miracle in true form," she says. "It's also sharing a space with such gifted healers of all sorts. At Headwaters, we all have like-minded hearts, working together to heal."



CLINICAL DIRECTOR OF FAMILY SERVICES

Stephen Honaker, reconnecting families, restoring hope

As Headwaters clinical director of family services, Stephen Honaker plays a pivotal role in the recovery journey, not just for individuals struggling with substance use disorders, but for their entire families. "Addiction is a family disease," Stephen says. "One major factor is that addiction tends to be generational, with patterns often repeating across multiple generations. It affects and infects the entire family system."

Stephen's approach focuses on repairing and strengthening the family unit through education, counseling, and therapeutic support. He helps them understand the complexities of addiction, including its physiological and emotional roots, and equips them with tools to foster communication, empathy, and healing. "We look at families as systems. We know that when you impact one part of the system, it will have a ripple effect. Communication, conflict resolution, and problem-solving are key components. When we address those, we increase the overall health of the family and the patient."

With a B.A. in Education, a B.S. in Accounting, and an M.Ed. in Mental Health Counseling, Stephen brings a multidimensional perspective to his work. As a Florida Licensed Mental Health Counselor, Qualified Supervisor, and trained EMDR (Eye Movement Desensitization and Reprocessing) practitioner, he is well-equipped to address the complexities of trauma and recovery. "My unique background and time spent in the finance industry helps me connect with the executives at Headwaters because I understand their challenges and the pressures they face."

Stephen's wealth of experience and dedication has made him an integral part of the Headwaters team. His compassionate approach and commitment to helping families navigate the challenges of recovery pave the way for long-term wellness. "It is a labor of love for me, for sure. I play a part in their journey."



SECTION FOUR

Redefining Recovery:

A community-driven approach



REDEFINING RECOVERY

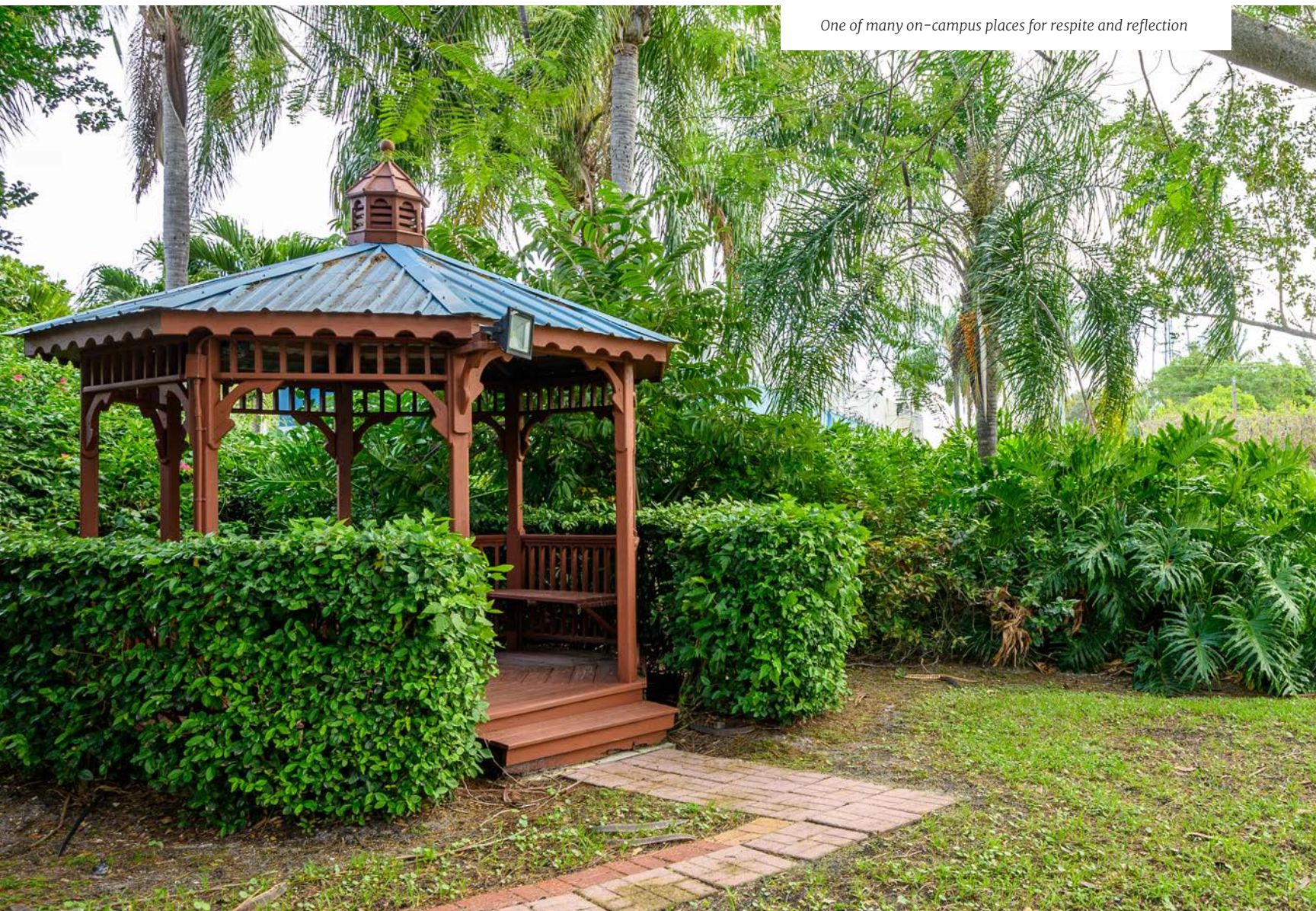
Benefits of a recovery-oriented system of care

For decades, addiction treatment has followed a similar path: individuals enter rehab for 30, 60, or 90 days, complete detox, then they're discharged with instructions to attend A.A. meetings. As you can imagine, the one-size-fits-all approach doesn't work. The focus on a short-term fix often leads to relapse as opposed to getting to the root of the problem.

"We don't believe in short-term fixes at Hanley," says Dr. John Dyben, chief of research and innovation. "We are joining with the State of Florida Department of Children and Families program called Recovery-Oriented System of Care (ROSC)."

It is defined as an integrated, values-based recovery-oriented system of care where recovery is expected and achieved through meaningful partnerships and shared decision making with individuals, communities, and systems.

"Working with ROSC," John continues, "Hanley promotes good quality of life, community health, and wellness for all. And through our very successful Prevention Program, which now operates in 34 Florida counties, we support ROSC efforts to prevent the development of behavioral health conditions."



One of many on-campus places for respite and reflection

Saluting Hanley Foundation's Community of Care:

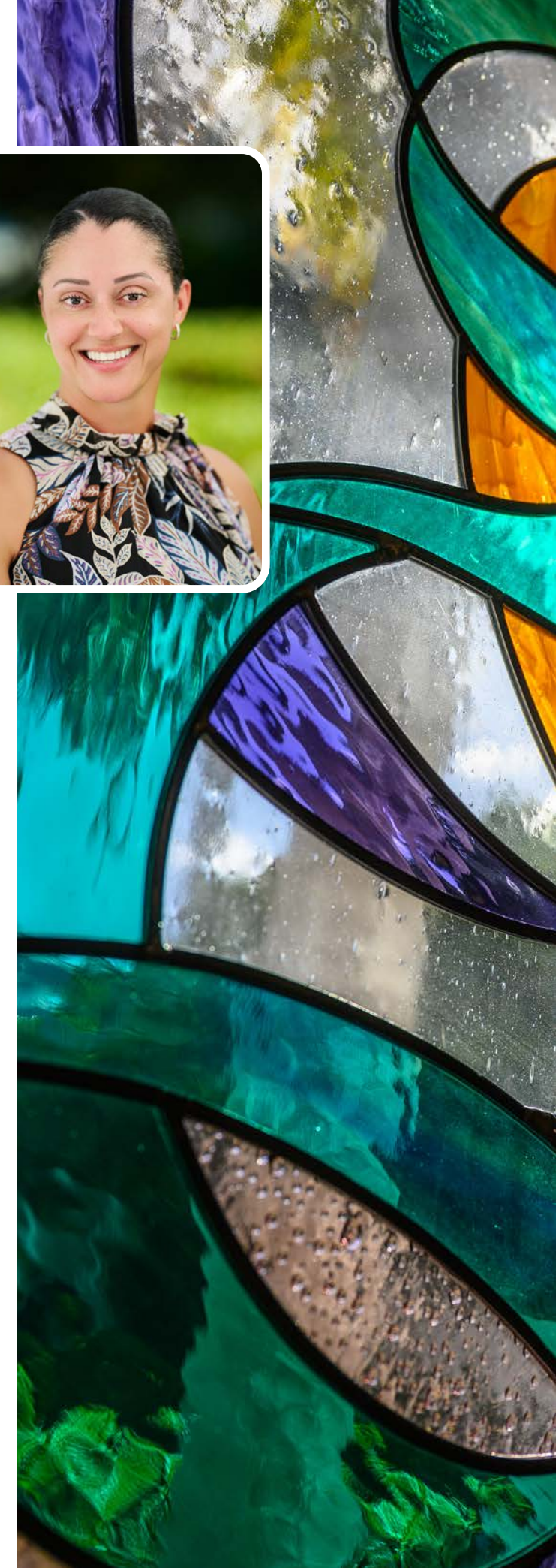
PALM BEACH COUNTY CRIMINAL JUSTICE COMMISSION ANGELIQUE J. PICKETT

Palm Beach County Criminal Justice Commission (CJC), led by Executive Director Angelique J. Pickett, studies all aspects of the criminal justice and crime prevention systems within federal, state, county, municipal, and private agencies in the county. Its mission also includes the study of health and human services and education systems, among others, as they pertain to criminal justice or crime prevention. CJC was founded in 1988 by the Palm Beach County Board of County Commissioners in partnership with the Economic Council.

Hanley Foundation's 40-year history of prevention and treatment of substance use disorders is an integral part of CJC's work. "There's very little within the criminal justice system that isn't impacted by either drug and alcohol use or mental health," Angelique said. Hanley's chief executive officer, Dr. Rachel Docekal, has been a member of the Economic Council for 11 years. She was appointed to the CJC board in 2016, and elected to a two-year term as chairperson in January 2024.

Angelique has 22 years of experience as a non-sworn employee of police departments in Virginia and Boca Raton. Her talents include crime analysis and intelligence-led policing techniques—both designed to use data to focus the efforts of officers and detectives. She sees CJC as a rare opportunity to bring together the different facets of the criminal justice system to reduce crime and positively impact the lives of people affected by the system, regardless of their point of entry.

Hanley Foundation's Community of Care is a tribute to local nonprofit organizations whose good work contributes to the quality of life in Palm Beach and adjacent counties.



Turning pain into progress:

THE IMPACT OF THE OPIOID SETTLEMENT FOR PALM BEACH COUNTY

When Dr. Heather Howard's mother, Shirley, died, it was devastating. "Opioids killed my mother." Shirley was an avid reader and loved collecting books on early American history. She had numerous first editions and a true zest for knowledge. She was a banker focused on I.T. when statements were first becoming electronic. "My mom had Lupus and was told she was going to die in 1976, when she was just twenty-six years old, but she kept fighting because she wanted to be there for her family."

However, years later, she would fall victim to the prescriptions meant to alleviate her chronic pain. "Her doctors prescribed Percoset and Dilaudid because the belief at the time was no one should have any pain; as a result she became dependent on these drugs. Shirley lived to be sixty-four years old. She had a tremendous will, but the chronic use of opioids caused multiple other health problems and an increase in pain."

Now Chief Strategy Officer for Hanley Foundation, Dr. Howard is one of two people tasked with evaluating The Palm Beach County Advisory Committee on Behavioral Health, Substance Use, and Co-Occurring Disorders and their subcommittees. "Each committee has their own objectives," she says.

"Their role is to recommend to County Commissioners how to spend the millions of dollars in opioid settlement funds Palm Beach County received after they sued drug manufacturers, distributors, and retailers over their role in promoting opioid-based painkillers. The Advisory Committee is comprised of nine at-large members and nine ex-officio members who are individuals with both lived and learned professional experience," says John Hulick from the county's Office of Behavioral Health and Substance Use Disorders, who was appointed "Drug Czar" in 2017, after a record high number of opioid-related deaths in the county. He says the committee represents a diverse cross-section of the community. "This includes individuals who are parents who have lost their children to accidental overdose, impacted family members, people in recovery, formerly

incarcerated individuals, clergy, peer support specialists, doctors, clinicians, first responders, providers, attorneys, law enforcement personnel, as well as elected and government representatives."

Hulick's office is responsible for facilitating the Advisory Committee. Based on their recommendations, he says an annual plan will be submitted to commissioners to determine how to spend what remains from \$148 million in settlement funds through the year 2042. "A major aim has been to set a clear ecosystem of behavioral health and substance use disorder care path. A path that is more person-centered and recovery-oriented, focused on improved long-term recovery outcomes and increased resiliency rather than solely focused on the historical approach of acute- and crisis-centric care."

He says the Advisory Committee is heavily focused on recovery. "They want opioid settlement funds to be spent 90% on social determinants of health, prioritizing housing, recovery supports, care coordination, and environmental strategies to include youth, families, and community education, 10% on deep-end and crisis care. It also made a comprehensive set of recommendations in seven strategic areas such as treatment and recovery, prevention and education, the justice system, and public safety."

For the most part, these focus areas align with the recommendations from a coalition of nearly 200 recovery organizations nationwide. This coalition has outlined its vision for how the nearly \$50 billion in settlement funds should be used across the country. Like the Palm Beach County Advisory Committee, they support increasing access to medications for opioid use disorder, legal aid programs, and other social services. However, they oppose directing any funds toward law enforcement, arguing that "not a single dollar should go towards officers' salaries, equipment, or jail renovations." They believe that while law enforcement has received substantial funding

over the years, it has been ineffective in addressing the crisis.

Dr. Howard, a colleague of Hulick, says she is encouraged that this money will be focused on addressing the social determinants of health and supporting families that were personally impacted. "I can't stress enough how important it is that we are supporting groups that are the most vulnerable individuals that are still struggling." And she's hopeful that Hanley Foundation receives funds for Casa Flores, the new initiative dedicated to helping pregnant women battling substance use disorder. "Casa Flores will break the intergenerational cycle of addiction. It will support the mothers entering recovery and treat their trauma. We cannot punish moms for using drugs and take away their

infants. Pregnancy is a time when women want to do things differently. The unborn baby is their number one motivator to embrace change and recovery."

Reflecting on her personal story and the others who have lost a loved one, Dr. Howard is optimistic the money will make a difference but is not naïve about where it comes from. "This settlement money is truly from the blood and tears of individuals whose families have been impacted by the disease of addiction. Thousands and thousands have died."



Hanley CEO Rachel Docekal with John Hulick

JOHN HULICK: LEADING THE CHARGE AGAINST SUBSTANCE ABUSE IN PALM BEACH COUNTY

John Hulick, often called the "Drug Czar," holds the official title of Senior Program Manager for Substance Abuse at the Palm Beach County Community Services Department. His office is overseeing the Palm Beach County Advisory Committee on Behavioral Health, Substance Use, and Co-Occurring Disorders, which advises county commissioners on how to spend the nearly \$150 million from the opioid settlement.

Hulick brings a wealth of experience to the role, having been recruited to Palm Beach County from New Jersey, where he served as Governor Chris Christie's Executive Director of the Governor's Council on Alcoholism and Drug Abuse. His responsibilities in that role extended beyond substance abuse issues. He also served as a policy advisor to Governor Christie, overseeing matters related to human services, children, and families.

His distinguished career includes numerous senior positions within government, such as his pivotal role in the Department of Labor during Governor Thomas Kean's administration in New

Jersey. Beyond his public service, Hulick has also taken on leadership roles in private non-profit organizations, enhancing his strategic insight and broadening his understanding of complex societal challenges.

With comprehensive experience across public and private sectors, Hulick's visionary leadership drives the county's efforts to form meaningful partnerships with key stakeholders from various sectors, focusing on solutions that tackle the opioid epidemic and other substance abuse challenges head-on.

PALM BEACH COUNTY

Sheriff Ric Bradshaw receives Hanley Foundation Community Champion Award

Since first elected sheriff in 2004, Ric Bradshaw has been a stalwart supporter of Hanley Foundation and its mission of eliminating addiction through prevention, advocacy, treatment, and recovery programs. Through the sheriff's office, Hanley received grants to provide 24 lifesaving Narcan distribution cabinets placed in various high-traffic locations throughout Palm Beach County. Sheriff Bradshaw also facilitated QPR (Question, Persuade, and Refer) suicide prevention training for his deputies and, through the PBSO's Paws and Stripes program, helped Hanley acquire and train "Mac," a therapy dog to work with patients, including those in Hanley's new Patriots Program.

"Sheriff Bradshaw's support isn't confined to department grants," said Hanley Foundation CEO Rachel Docekal. "He and his wife, Dorothy, are active participants in our special events, lending not only their support but their time and talents."

"Only through meaningful partnerships like the one we have with Palm Beach Sheriff's Office can we make real change in our community, helping individuals receive the treatment recovery care they need."

"We are deeply grateful to Sheriff Bradshaw for his steadfast support of our mission."





Right: Broadcasting tycoon/host and philanthropist Dick Robinson gives friend and Hanley Foundation board member Dick Hellawell a few pointers at one of the pair's successful fundraising tournaments.

Dick Robinson, 'philanthropy addict' with a booming voice and a big heart

In the vibrant heart of southeast Florida during the early 2000s, a series of tournaments lit up the prestigious golf courses of Palm Beach and Martin counties. These events were not just any gatherings; they featured a dazzling array of the region's most influential philanthropists, all orchestrated by the charismatic Dick Robinson, a spirited Bostonian who championed the Hanley Foundation in honor of his father.

Dick, who splits his time between Connecticut and Palm Beach County, has a natural talent for attracting a crowd that makes a difference. He's surrounded by individuals who are not only well-connected but also eager to get involved, roll up their sleeves, and contribute generously to worthy causes.

His story is one of remarkable perseverance. Born in 1938, in Malden, Massachusetts, a bustling suburb of Boston, he grew up as an only child in a family that ran a successful wholesale flower business. Despite the early challenges—most notably a stutter—Dick carved his path to success. As a child, he became enamored with broadcasting when his father gifted him a portable radio on his 12th birthday, a present that would become his constant companion and inspiration.

Malden High School played a crucial role in nurturing Dick's vocal abilities. (Dick served as President of his Class of over 600 students.) With a drama society led by an encouraging professor, he participated in debates and public speaking contests, all while hosting record sock hops for his friends. It was a training ground that would serve him well.

However, two life-altering events struck in 1956. The loss of his mother was profound, but it was his near-fatal encounter with a gang at an out-of-town school dance that truly changed his trajectory. A brutal assault left him with a fractured nose, and Dick nearly died during the surgical procedure to repair it. Doctors performed an emergency tracheotomy during which a scalpel accidentally nicked his vocal cords. After five long weeks in the hospital, he was told he might never speak again. Defying the odds, along with help from the higher power, Dick proved them wrong. "I've had so many blessings. Coming back from that was one of them," he reflected in a recent interview.

With determination in his heart, Dick embarked on his broadcasting career, starting at a local radio station in Ware, Massachusetts. He learned the ropes before venturing into larger markets, all while dreaming of establishing a school to guide aspiring broadcasters. In 1964, he brought that dream to life by founding the Connecticut School of Broadcasting (known today as CSB Media Arts Center) in Hartford, expanding its reach to North Palm Beach and several other locations - becoming the oldest and largest group of media arts schools in the nation.

After spending a couple of weeks each year in the sunny paradise of Palm Beach, Dick and Sally discovered it to be their perfect winter haven in 1978.

It was in this vibrant Florida community that Dick launched Legends Radio: WLML - 100.3FM: "Where Legends Music Lives," rapidly attracting a dedicated audience of discerning, affluent

adults both in Palm Beach County and internationally through LegendsRadio.com. Driven by his love for the Great American Songbook, Dick established The Society for the Preservation of the Great American Songbook (“SPGAS”), a 501(c)(3) non-profit dedicated to keeping this timeless music alive for future generations. SPGAS proudly produces Dick’s internationally acclaimed radio show, “Dick Robinson’s American Standards by the Sea,” heard locally on Legends Radio, as well as his weekly television show, “Dick Robinson’s Music by the Sea,” broadcast on PBS South Florida’s WXEL-TV every Saturday at 6:30pm (now in its 30th year). These initiatives became powerful channels for Dick’s philanthropic work, allowing him and Sally to engage deeply with the island’s lively social and charitable scene. Through their civic and media contributions, they forged meaningful friendships and partnerships that continue to enrich both their lives and the community.

Shannon Donnelly, society editor of the Palm Beach Daily News, playfully dubbed Dick a “philanthropy addict.” He, however, coined it “FUNraising.”

“We gathered a dedicated group of friends eager to help people and organizations,” he explained.

At fundraising galas, Dick became a beloved presence—always impeccably dressed in a black tuxedo, microphone in hand, greeting guests not only by name but also sharing personal anecdotes that added a heartfelt touch, often with a dash of humor. But it didn’t end there, Dick brought the party to life by inviting a dazzling lineup of close friends and legendary artists to perform at the galas. Guests were treated to unforgettable performances from iconic stars like Jack Jones, Vic Damone, Al Martino, and the incredible Keely Smith, just to name a few!

“We raised an incredible sum of money for our charity partners,” he said proudly. “Palm Beach is one of the most generous communities.”

A pivotal moment came in 1983 when Dick first met Jack and Mary Jane Hanley at an event unveiling their vision for a residential addiction treatment center in West Palm Beach—a cause close to his heart.

Dick opened up about his own struggles with alcohol, “Alcoholism ran in my family.” His father’s battle with the bottle was a painful memory for Dick. “I often told him, ‘Dad, for Mom’s

sake, you have to quit drinking.’ He would agree, but the cycle never changed. It was deeply frustrating,” he recalled.

My Dad was an alcoholic.

For years, Dick stayed away from alcohol, but the allure of the vibrant radio industry eventually got to him. It was a time of lavish parties – entertaining major clients around the world and his resolve weakened in his late 20s. Ultimately, the memories of his father weighed heavily on his conscience. “I stopped drinking cold turkey,” he shared. “People called it willpower—I called it the higher power watching over me.”

With 34 years of sobriety under his belt and a proud wife cheering him on, Dick marked the end of his drinking on New Year’s Eve in 1990. His dedication to the Hanley Foundation was nurtured by two remarkable people— Mary Jane Hanley and Anne Keresey.

“Anne was with the Hanleys from the beginning. A woman with class. She had a heart of gold, was passionate about people, always smiling, and an impassioned fundraiser.” Dick and Anne were co-chairs of Hanley Center’s 20th Anniversary celebration in December 2006, with four-hundred and fifty good friends at The Breakers. The event raised a record amount for Hanley.

Dick brought his dear friend, Dick Hellawell, into the circle. “He ran Braman Motorcars – and played a huge role in the success of our golf tournaments for over 15 years. My heartfelt thanks go to all who joined us on the links for the great times and friendships forged along the way.”

.....
Over several years, the “Dick Robinson Gold Classic” tournaments netted over \$1,000,000 for Hanley Foundation.
.....

Dick’s rich baritone voice is a bit rougher now, but when talking about the people and charitable organizations with which he’s been involved, his voice brightens with the enthusiasm of his youth.

Thank you, Dick!

“

People called it willpower
— I called it the higher
power watching over me.

DICK ROBINSON

SECTION FIVE



From the garden to the kitchen:

The power of nutrition and nature in recovery



DID YOU KNOW THAT TIM PEARCE ONCE SERVED AS A CHEF FOR THE QUEEN?

One of a well-coordinated team of chefs and servers led by renowned Swiss Chef Anton Mossiman, Tim Pearce helped prepare a three-course lunch (topped off by Chef Mossiman's famous bread pudding) for 500 guests of Her Majesty Queen Elizabeth II on the polo grounds of Windsor Castle in 1992. "I remember it like it was yesterday," says Chef Tim.

Executive Chef Tim Pearce

EATING ONE'S WAY TO RECOVERY:

The use of superfoods and healing

Planning, preparing, and presenting fine food is part of Executive Chef Tim Pearce's DNA. But it wasn't until 2009, when he applied for the open job at Hanley Center, that his life's work took on new meaning.

It came as a surprise. The healthcare industry didn't have a very good reputation for catering and cooking, but Tim applied anyway. "Sitting across the desk from the HR person, she said to me, 'You have a unique opportunity here.'" That piqued Tim's interest. "Please tell me more. 'You can make nutrition a key part of recovery,' she said.

"It changed my whole perspective," Tim explained. "For years, I focused on making sure that I used the freshest ingredients, but the real test in the world of commercial restaurants was ensuring it tasted great and looked attractive on the plate. Now, I had the opportunity to use those wonderful ingredients, but combine them in a way actually to aid in recovery. I can help somebody."

Tim was hooked. That afternoon, before he was even hired, he bought a dozen books on brain recovery, food for the body, and related topics. "I got the job, thankfully. It's been about 15 years now, and I love every minute of it."

Tim describes his work: "It's my goal to offer a platform of nutrition that can aid in recovery. Our focus is on providing foods rich in antioxidants, Omega 3s, and nutrient-dense ingredients that we can offer our patients so they will reap the benefits in the recovery process."

Tim and his fifteen-person culinary team have a five-week menu cycle. Meals are served for breakfast, lunch, and dinner seven days a week. "Of course, there are several options on each menu, so you may experience a different meal each time you come to the dining room," Tim added.

Fresh ingredients are the basics of nutritious and tasty meals.

Tim and his team source ingredients locally whenever possible. "Our partnership with Continental Produce opens the door to their longtime relationships with local farmers, so we get the best produce. We also buy an assortment of wild mushrooms directly from Gratitude Garden Farm, an organic enterprise in Loxahatchee Groves. Mushrooms are a wonderful ingredient, full of antioxidants." And through a special arrangement with the local, family-owned Celis Juice Bars, dining room patrons enjoy fresh juices every morning.

"Our bread purveyor is Chef Michael Hackman, proprietor of Aioli Bakery. He prefers non-GMO ingredients that are shipped to a local mill to be ground into flour. Aoli receives the flour at its peak to produce amazing croissants, Danish pastries, butter bread, and sourdough."

.....
Non-GMO means a product was produced without genetic engineering.
.....

"Organic is tricky sometimes," Tim adds. "We must be smart. Is it better to buy local strawberries if only non-organic ones are available at the time, or should we buy organic from Mexico or California? We try to keep our carbon footprint in mind – how much energy it takes to ship them here. In that case, if I can buy locally, absolutely! We believe in supporting our important local agriculture industry as much as we can."

With all these responsibilities, Chef Tim, like the rest of Hanley Foundation's staff, remembers why he is here. He looks forward to opportunities to tune out the busy kitchen to spend time in the dining room engaging with patients who want to talk or may need encouragement. "That's what transforms this job that I love so much into a calling."



WE BELIEVE IN THE POWER OF LOCAL PARTNERSHIPS.

By working with local farmers and food producers, we support our community and ensure the freshest ingredients in every dish. Our commitment to sustainable practices and ethical sourcing means you can savor the taste of our region with every bite. Learn more about our partners on the following page.



CONTINENTAL PRODUCE

Specializing in sourcing local and regional fruit and vegetables, this producer brings a selection of essential fruits and vegetables to Hanley weekly.

GREEN LIFE FARMS

Growing lettuce and baby greens hydroponically, which replaces soil with nutrient-rich, oxygenated clean water, this local farm delivers greens six days a week.

CELIS JUICE

A selection of fresh-pressed juices are delivered to Hanley weekly. Juices ingredients include kale, cucumber, celery, spinach, apple, carrot, orange, ginger, turmeric, and cayenne.



Mike Hackman of Aioli

FOR EXECUTIVE CHEF TIM PEARCE, NUTRITION IS A FAMILY AFFAIR

I'm the second youngest of five kids. My brother, 13 years older, was a chef on a luxurious ocean liner. So, growing up, I would live vicariously through his travels and stories of wonderful food and tropical environments. I was totally absorbed. That's what inspired me to become a chef.

But first, I needed a culinary degree and two years' experience at a five-star hotel. So, I got my degree, moved to London, and started working at the historic Grosvenor House on Park Lane. There, I fell in love with the art of fine dining. So, I opted not to leave for the high seas and stayed in London another four years, gaining invaluable experience under the tutelage of several Michelin-starred chefs.

Throughout my career, I leaned on things learned while growing up in the small village of Newton Popleford, southwest of London. It was surrounded by agriculture. My late father was a wonderful gardener. His knowledge of plants, fruits, and vegetables lives with me today. My elder sister worked at a health food store, and graciously tutored me about the body's

need for vitamins, nutrients, and other supplements. My mother is a wonderful host – a warm, welcoming person that I try to emulate in my walks through the dining room.

My family, like so many, experienced the pain of depression. My younger sister battled it for years until she decided that enough was enough and ended her life. She lives within me and drives my ambition to try to help others suffering their own mental anguish.

Each experience with family members molded me to the person I am today.

And while I chose not to cruise the world as a chef on luxury liners, my wife, Leslie, and I have traveled extensively and taken our son, Theo, to 52 countries. Travel offers an excellent education – broadening thinking, appreciation of other cultures, and exposure to wonderful foods.

I am truly grateful. - TIM PEARCE



Felipe Celis of Celis Juice and Continental Produce

AIOLI

Locally-sourced and prepared, organic breads by Aioli include sourdough, baguettes, ciabatta, butter, braided challah, walnut raisin and seasonal focaccia. A fresh selection arrives at Hanley three times a week.

GRATITUDE GARDEN FARM

Specializing in nutrient-dense foods, this local organic farm delivers their most unique crop, gourmet mushrooms, to our property once a week.

HOLMAN'S HARVEST

This small family farm, which employs organic farming methodologies, is known for their greens, tropical fruits and pasture-raised chicken eggs. Our team cooks and bakes with their organic eggs, delivered every other week.



MUSHROOMS: IMPROVING HEALTH & QUALITY OF LIFE

Hanley's Executive Chef, Tim Pearce, highly regards mushrooms as part of his "platform of nutrition that can aid in recovery." They are full of antioxidants, low in calories, carbohydrates, fat, and sodium, and are cholesterol-free. Mushrooms also provide nutrients – important for their healing capacities and the recovery process.

"We get a fresh shipment of beautiful mushrooms every week from a local organic farm in Loxahatchee," Tim adds.



THE SECRET'S OUT.

Make your own Hanley gluten-free chocolate chip cookies!

PREP TIME: 10 MIN • COOK TIME: 8 MIN
COOK TEMP: 375° • YIELD 18-20 COOKIES

INGREDIENTS

- 2 cups Bob's Red Mill Gluten-Free Wonderful Bread Mix
- 1 cup almond flour
- 1 teaspoon baking soda
- 1 teaspoon kosher salt
- 1/4 cup maple sugar
- 1 cup semi-sweet chocolate chips
- 2 eggs
- 1 cup melted butter
- 1/2 cup almond milk

DIRECTIONS

Heat butter until it begins to foam; set aside and allow butter to cool to room temperature. Mix all dry ingredients together in a large bowl. Whisk eggs and add in almond milk and melted butter. Combine wet and dry ingredients. Portion dough into 2 oz balls onto lined cookie sheets approximately an inch apart. Bake at 375 for 8 minutes or until golden brown. Allow cookies to cool and enjoy!

CULTIVATING CALM:

Horticulturist Joel Crippen's mission at Hanley's treatment center

The path to recovery extends far beyond the structured environment of therapy sessions, group discussions, and daily routines. It is a journey of transformation, where individuals break free from their past and create their futures with renewed hope. However, one often overlooked aspect is the environment in which this change occurs. This is where Joel Crippen flourishes.

As Hanley Foundation's newly appointed director of horticulture, Joel is dedicated to transforming the Hanley campus into a space where nature and healing intertwine. "What I find most intriguing, and the reason I am here, is to take a more holistic approach to everything and create an environment that is therapeutic and restorative." That includes lots of color across the 14.5 acres and dedicated serene spaces for meditation and relaxation. "Right now, the landscape is commercial looking. It is over-pruned and not very exciting. I want to create spaces for people to come and sit and feel peaceful while enjoying the natural beauty. I feel like I can make a difference, and it's very exciting and rewarding."

Bringing his vision to life will take time, but Joel is well-prepared for the challenge. He has an extensive background as a tropical ornamental plant expert and Master Gardener. His passion for the industry started at a young age. "My father always had a garden when I was growing up, and I enjoyed being there with

him, getting my hands dirty." But this was no ordinary garden. "I grew up in Oregon. My dad traveled a lot for business, but our home base was our orchard, where we grew apples and pears. We also had a vineyard. To pay for college at Oregon State, I would sell cacti and succulents from our greenhouse."

After college, Joel worked at different nurseries throughout California, focusing on growing exotic plants before accepting a position at a major wholesaler that supplied the greenery for Home Depot and Lowe's. "We would find expensive plants and mass produce them so they could be more affordable." However, after enjoying the west coast throughout his life, he decided to move somewhere more tropical, relocating to south Florida and accepting a role at Mounds Botanical Garden.

"Working at Mounds was like all of the pieces of the puzzle coming together from everything I had done in my career." He showcased his artistry there, allowing visitors to experience a true connection to nature.

His goal is to bring that same tranquility to the Hanley campus. "I want to make it more lush, tropical, and inviting. We will eliminate chemical treatments and create an environment that is healthier for everyone. I want to change the landscape to attract butterflies and birds, so it is more serene. It gives me peace in my soul, knowing that someone will enjoy my creations. It's heartwarming."



*Director of Horticulture
Joel Crippen takes a
holistic approach to
create a therapeutic,
restorative environment.*

Hanley's shuffleboard court
sometimes doubles as a
setting for grand banquets





IN LOVING MEMORY OF

Mary Jane Reel Hanley

In her younger years, Mary Jane Reel Hanley described herself as a shy girl from Carmel, California. But as she grew, her strength, conviction, and confident voice would benefit not only herself and her family and friends but also countless people across the nation afflicted with substance use disorders.

Born April 5, 1927, daughter of Helen and Perry Reel, wife of the late John Weller Hanley, Mary Jane died October 28, 2024, surrounded by her family at her home in Winston-Salem, North Carolina.

Mary Jane had a happy childhood, living on a hill between Monterey and Carmel with a distant view of the ocean and going to a small school where it was easy to make friends. Her dad had worked at the JCPenney Company since its early beginnings, and his store in Carmel was a big success. That stability comforted Mary Jane, her brother, Perry, and her sister, Jeanette. When Dad's success with JCPenney caused a move to Beverly Hills to fix an ailing store, they moved with little distraction.

World War II was ending. Mary Jane was in college but didn't love it. "They didn't pay any attention to us women—the soldiers were coming home!" She transferred to secretarial school and, after graduation, went to work for a construction company.

It was then her life changed. With friends after work at Santa Monica Pier, they stopped in a local diner. Across the room, Mary Jane spotted a man alone at his table – probably a serviceman new in town, she thought. "He glanced at me; I glanced at him. To this day, I can't believe what I did next. My shyness left. I went over to him and asked, 'Are you new here?' He said 'yes'

and told me he was a discharged sailor who had just got a job as a salesman with Procter & Gamble. I said that I happened to live here and thought I'd say hi. A long conversation ensued, completed by his invitation to dinner the next night. After a whirlwind romance, they were married six months later.

Mr. and Mrs. John Weller "Jack" Hanley lived a charmed life in the post-war economic boom. His distinguished career took the family from California to Washington, Minnesota, and Illinois, then to P&G World Headquarters in Cincinnati. When Jack was called to serve as president, chairman, and CEO of the Monsanto Company, St. Louis became home.

As was the norm in post-WWII America, the husband had the job, and the wife had the home and family. As Jack climbed to the top of the corporate ladder, his job included wining and dining with other executives, politicians, and even presidents. The corporate wife's duties then included being at her husband's arm, making cocktail conversations with the dignitaries and their wives—an uncomfortable position for the shy girl from Carmel.

Mary Jane found that a drink or two made it easier to break out of her shell and join the party. Over time, two drinks became three, or four, or more, to the point that she needed to cut back. While Jack managed his drinking, both were caught in alcohol's web. "I didn't understand the nature of alcoholism, and hence, I was very intolerant," he told a reporter years later. "And she didn't understand the nature of alcoholism and became very defensive."

Over time, the family found themselves on the brink of disaster. Reflecting on a weekday morning in 1975, Mary Jane said she walked into her kitchen with no intention of having a drink. "And I had a drink. I finally recognized something was definitely wrong. I must be an alcoholic."

That admission gave Mary Jane the courage to enter treatment at a suburban St. Louis center. Twenty-eight days later, she emerged on the road to recovery.

"Sobriety brought our family together to the point where we had the most idyllic existence a family could have," Jack said. Later, he, Mary Jane, and their three adult children agreed to share their good fortune by building an addiction treatment center in West Palm Beach. In 1983, Jack retired from Monsanto, and he and Mary Jane moved to Palm Beach County. Soon after, Jack,

Mary Jane, and their children agreed to donate \$2,000,000 to jump-start a fundraising campaign to build the center.

Jack's outgoing personality and years of corporate experience made public speaking second nature. Mary Jane relied on the strength and conviction of her recovery to put aside her shyness and become a most persuasive advocate for the center.

In 1986, Mary Jane Hanley was joined at the podium by former First Lady Betty Ford to dedicate the new, nonprofit Hanley Center, later known as Hanley Foundation. Today, Hanley stands strong among the nation's best nonprofit addiction prevention, treatment, and research institutions.

Mary Jane is survived by her sons, John Jr. and his wife, Sondra, of Santa Rosa, California; Michael and his wife, Linda, of Atlanta, Georgia, and her daughter, Susan Myers and her husband, Jim, of Nashville, Tennessee. She is also survived by nine grandchildren and twelve great grandchildren.

In lieu of flowers, her family requests that you consider contributions in Mary Jane's memory to Hanley Foundation at 933 45th Street, West Palm Beach, FL 33407, or donations can be made online at www.hanleyfoundation.org.

Hanley CEO Rachel Docekal shares a smile with Mary Jane



Mary Jane Hanley:

Honoring a legacy of courage,
philanthropy, and healing

Breaking ground in 1990 for the \$950,000 Education Center at Hanley-Hazelden, as Hanley Center was then known. Featured shovelers: Dr. Daniel J. Anderson, Hazelden Foundation board member; Mary Jane Hanley, co-founder; The Honorable James Poole, West Palm Beach Mayor; and John W. (Jack) Hanley, co-founder.

Alumni Services team members Kellye DeBerry, Bart Ross, Tara Paparo, and Ashley Thompson guide patients and their families through the life-changing experience. (Not pictured, Sunny January)



For more information about our alumni services, please scan the QR code below:



You are not alone –

HANLEY'S ALUMNI SERVICES TEAM IS WITH YOU FROM ADMISSION THROUGH RECOVERY AND BEYOND

Taking that first step to treatment is challenging for most people. At Hanley and Headwaters, that first step includes an alumni services team of qualified, caring people who will be with patients throughout their journey.

“We meet with every single patient several times during their stay with us,” said Tara Paparo, director of alumni services. “We get to know them through group meetings, meals together, and individually. We go where we’re needed – Headwaters, men’s, women’s, older adults, and mental health programs – so we can

meet patients where they are in treatment, and so they can get to know individual team members.”

The 12 steps are taught on campus Monday-Friday by Bart Ross, the recovery services manager, and the alumni services team. Support is also available on weekends. “After completing step 4 (conducting a thorough and honest moral inventory of ourselves), with permission from the patient, we ask an alum to work with them on step 5 (admit to another human being the exact nature of our wrongs). Bringing in another person adds

an important element to the process,” Tara explained. “This connection between patient and alum is mutually beneficial. The patient receives confirmation that they are not alone, while the alum validates the commitments of step 12: practice the principles in all our affairs.”

As patients begin the transition from treatment to recovery, the alumni services team works with them on new expectations. “Our goal for this stage is to help offset feelings of disconnect that may occur when the structured pattern of active treatment ends,” Tara explained. “During the first year after discharge, each alum receives at least ten phone calls from a team member. How are you, how’s everything, invite them to meet up at the next event. If they feel like chatting, we’re there. If the team member senses something could be wrong, we check in more often, try to get them to come to a meeting, or offer other assistance.”

Events are key to maintaining relationships. “We have monthly alumni gatherings and plan large events throughout the year, culminating with our annual Alumni Reunion. We set up a big tent on campus, and our culinary team prepares delicious food; we have live music, raffle prizes, a bonfire and s’mores, children’s activities, and a whole lot of fun reconnecting with friends we may not have seen for a while. As a special treat, Dr. John Dyben and a small team of employees spend the night on campus to cook overnight smoked brisket, BBQ ribs, and other hearty favorites. About 400 people attended last year’s reunion.

“There are no membership cards – no dues – to be part of our alumni association. Everyone who has been admitted to Hanley or Headwaters is welcome. Our goal is to help build lifetime bonds among patients and staff.”

Brice Makris Brunch helps fund treatment

“When Brice was doing well in recovery, leaders in that community told him that if he survived this and did it right, he would be able to help save 100 men and women from the grips of addiction.” For Brice Makris, it was a call to action, his mom Michelle says. “He was a natural leader and go-getter driven to improve the world. When he graduated from Florida State University, he had big hopes and dreams for the future. He really felt passionate about helping others, knowing they could benefit from his journey.”

But then came the early morning call, the call no parent ever wants to get. “It’s a call you can’t prepare for, but know it’s coming. You are always living in fear that you are going to get that. It was at 5:30 in the morning. We were told Brice was in the hospital on life support.”

Brice had struggled with anxiety, depression, and severe back pain. He was always chasing relief. Doctors would not prescribe him opioids, so he sought his drug of choice elsewhere. “He had a relapse with what he thought was an opioid, but like most illicit drugs on the market, it was laced with fentanyl. So, one pill took his life. He was actually taking a deadly dose of fentanyl.”

Brice was just 23 years old when he passed, but his memory and mission to save 100 lives continues on through the Brice Makris Brunch, which Michelle and her husband John started four years ago. “It means so much to us. We didn’t know where to turn when we found out that our son was suffering from the disease of addiction. We turned to our doctor, who set us on

a path, but we weren’t aware of all the available options. It’s expensive to get treatment, but no one should be left untreated because of financial hardship, which is why the brunch is so beneficial.”

The scholarships can change the trajectory of a person’s life. For Michelle, that sense of fulfillment makes her proud to be a Hanley Foundation Board member. “I love that Hanley Foundation is a means for providing prevention and treatment options, and that they are committed to stopping addiction before it begins. There’s a lot of work to be done. This is a problem that has plagued our society for way too long. I want to help people live their best lives free from addiction, and save our children.”

That message was delivered loud and clear at the 4th Annual Brice Makris Brunch. The event, held at its new location in Boca Raton, was a big success. “This event has grown exponentially. Everyone knows someone affected by addiction. You can be in a room with hundreds of people, and if asked if you have a family member who suffers from this disease, so many of them will raise their hands. It’s a family disease that impacts all of us. I have respect for those who have overcome addiction and live a life in recovery. In society, it’s hard because there are temptations all around us. It’s important that we spread greater awareness.” And for the parents of young children reading this article, Michelle shares this advice. “Talk to your children. Let them know that taking pills and drugs from the street is a game of Russian roulette.”



Hanley Foundation board member Michelle Makris and husband, John, carry forward their son’s work



‘WERE IT NOT FOR THE MARK GARWOOD PHOENIX SCHOLARSHIP, I WOULDN’T BE WHERE I AM TODAY.’

– Joanna Ahern, MSW Primary Therapist Hanley Foundation

Due to its tremendous success in fostering the educational achievements of adults in recovery, the Mark Garwood Phoenix Scholarship program is now part of Hanley Foundation’s continuum of care. Phoenix scholarships are available to adults in recovery in south Florida who have a financial need, are committed to long-term sobriety, and are ready to begin or continue their education.

Phoenix Scholarships can pay for tuition, books, supplies, and fees not covered by other grants or aid. Scholarship applications are accepted from July 15 to September 15 each year from residents of St. Lucie, Martin, Okeechobee, Palm Beach, and Broward counties.

Please scan the QR code for more information:



‘I’ve been given this second chance at life. I’m trying to do better, trying to help others.’ – JOANNA AHERN, MSW

The Mark Garwood Phoenix Scholarship program is working to help those in recovery lead full and productive lives. Joanna Ahern is a beneficiary of the program. She gave us permission to break her anonymity as part of her work to help others. “I’ve been sober since February 4th, 2013,” she says proudly.

“I believe in turning pain into purpose,” Joanna says. “Mark Garwood was taken from his family due to complications from his addiction and diabetes. Mark’s devastated parents, Erica and John Garwood, turned their pain into purpose by creating a lasting memorial to their son – a scholarship program specifically designed to help people in recovery continue their education.”

Joanna’s personal experience transforming pain into purpose came when she lost her father to addiction. Losing a family member is painful on its own, but in Joanna’s case, her father, eager to support his daughter’s sobriety and future, was helping her with tuition for a degree in social work. That, too, was lost.

She heard about the Garwood scholarship from a sponsee sister. She applied, and due to her five years of sobriety and stellar work history, Joanna received a scholarship, allowing her to complete her studies for her bachelor’s degree. She later returned to college and earned a master’s in social work. Today, Hanley’s patients benefit from Joanna’s purpose.

But there’s more to Joanna’s story.

Joanna’s a straight talker. She makes no excuses for the mistakes she made as a teenager, which led to 95 days in residential treatment (at facilities not nearly as nice as Hanley, she adds).

That was followed by six months in sober living before she and another woman she met there got their own apartment.

She worked as a manager at a health food restaurant and waited tables at various others for about four years. “Earning money was important,” she said, “but my jobs were not fulfilling. I wanted to help people.”

Joanna learned from a friend in group therapy that he worked at Hanley, and she asked him if they were hiring. They were; she got the job and started working at Hanley while still in college. “I celebrated eight years with Hanley last October.”

Joanna is a big advocate for people in recovery. “I think we are often a misunderstood group of individuals. Part of my life goal is to be a therapeutic facilitator in helping others realize their own strength and resilience. The 12-Step program is incredible in terms of helping people resolve their alcoholism and drug use. The therapeutic work we do at Hanley Foundation helps people deal with the extenuating things that often come with addiction – things like anxiety, depression, PTSD, and the like. I believe combining treatment with therapy is the most effective way to treat this disease.

“I am fulfilled mentally, spiritually, and emotionally through this work, and Hanley has given me the platform to evolve my career through many different avenues. I am very thankful.”

Please read more about the Mark Garwood Phoenix Scholarships in the article to the left.

SECTION FIVE

A path to hope:

Scholarships and services
for lasting recovery



TEEN COURT JUDGE ZAIRA MORENO IS PASSIONATE ABOUT THE PROGRAM

Zaira Moreno is an exemplary senior at LaBelle High School. She holds leadership positions in the right clubs on campus, is dual enrolled at Florida Southwestern State College, and plans to continue her education at a four-year university in pursuit of becoming an aerospace engineer.

But she hasn't forgotten where she comes from. Zaira is the judge at Hendry County's Teen Court in LaBelle, which Hanley Foundation manages through a grant from Florida Department of Children and Families.

"I'm passionate about helping my community," she explains. "Students entering Teen Court come from the same schools that I attended, the same community, the same extracurriculars. We're the same people – just some of us made bad choices."

Zaira was inspired to enroll in the Criminal Justice Academy at LaBelle High School by its instructor, William Griffin. "He's a great instructor—passionate about his job. He made a change

in my life and is the reason I'm committed to being part of our community." Soon, Zaira met Shawna Prope, Hanley's Teen Court program director, and they began planning the 2024 court sessions.

When asked about the challenges facing the students in Teen Court, Zaira answers, "The environment they're being raised in and the peer pressure they face. We provide an alternative.

"I've been there since the first case. Some of the students come in with an attitude, but they leave with something different. They come to court slouching, head down, shrugging their shoulders – but they develop this 'presence.' When they come up to the podium to address me as judge, they speak clearly, confidently, addressing me with respect.

"As they continue through the program their faces are brighter when they walk into the courtroom. Seeing that change is what really motivates me."



"Teen Court Program is sponsored by Hanley Center Foundation and the State of Florida, Department of Children and Families"

Stopping addiction before it starts by appealing to kids' inborn curiosity

PREVENTION PROGRAMMING EXPANDS TO 34 FLORIDA COUNTIES

Kids are smart, even though they don't always make good choices.

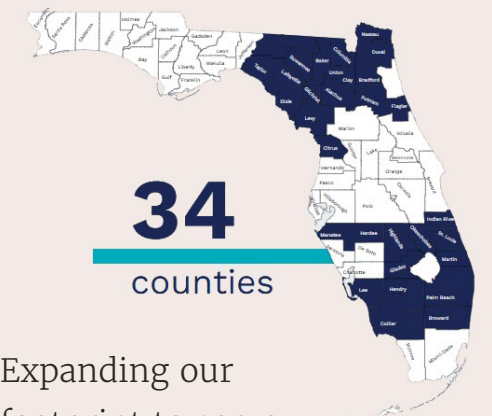
That's the heartfelt method behind Hanley Foundation's middle- and high-school prevention education programs. Treating students with respect encourages engagement, facilitates learning, and fosters camaraderie—important attributes when combatting peer pressure and societal influences.

Our focus is on facts, not blame. Helping teens understand the actual effects of drugs and alcohol appeals to their need for self-discovery and validation. Once they understand the facts, it's easier for them to own them.

Prevention through education has been a core value of Hanley Foundation since 1998. Today, our team of over 45 specialists serves 34 Florida counties, reaching over 100,000 students annually. Those numbers are still growing. We extend our reach to parents and caregivers, providing educational presentations to strengthen the support network for our youth.

Diamond Howard-Stevens is Hanley's corporate director of prevention, supervising area specialists who manage programming in their assigned counties. They work directly with school administrators, principals, and teachers to bring our life-changing information into classrooms and present age-

'Prevention Programs are sponsored by Hanley Center Foundation, Southeast Florida Behavioral Health Network, United Way of Broward County, LSF Health Systems, Central Florida Behavioral Health Network, Northwest Florida Health Network, and the State of Florida, Department of Children and Families'



Expanding our footprint to serve more students, teachers, and parents/caregivers

The areas in dark blue are the 34 counties we currently serve. We are working to fill in the blanks!

appropriate programs to the students.

"Our prevention team members are amazing," Diamond said. "They work to really hear the students attending their presentations, encouraging dialogue by seeking out the class leaders and engaging the shy ones sitting in the back. Our goal is no one left behind."

Most team members work remotely, living in the counties they serve. They rely on each other for advice, support, and occasional comfort when things go awry.

"One of their greatest feelings is to see the young faces they taught in sixth grade returning to their classes as high school seniors. The bonds often remain," Diamond said.

Breaking the cycle before it starts –

GIVING KIDS A CHANCE TO TAKE RESPONSIBILITY FOR THEIR ACTIONS WITHOUT BEING LABELED WITH A CRIMINAL RECORD

A teen gets in trouble in high school. Maybe they brought a vape pen to campus. Maybe they got into a fight. Maybe no one was hurt – but breaking hard and fast rules can lead to arrest, suspension, and a criminal record that might determine the rest of their life.

There’s a better alternative in Hendry County. Hanley Foundation, through a grant from Florida Department of Children and Families, created a teen diversion program for kids at risk of entering the juvenile justice system.

It’s called Teen Court. It is a court of peers, working right now in Hendry County high schools and in middle schools in LaBelle and Clewiston.

Instead of arresting student violators, school resource officers and police officers can issue a civil citation, ordering offenders to Teen Court. “The goal is to rehabilitate them before they get into the criminal justice system,” said Shawna Prope, Hanley’s Teen Court program director. The court officers – judge, bailiff, prosecution attorneys, defense attorneys, and jury members—are all students from LaBelle High School’s criminal justice academy, led by instructor William Griffin. He understands the system and his students. Mr. Griffin was in county law enforcement for 25 years, then was a school resource officer at an alternative school. “When they closed the alternative school, Mr. Griffin established the criminal justice academy at LaBelle High School. He is my partner in Teen Court,” Shawna added.

During the admission process, all students are referred to a mental health counselor for an intake assessment. If a teen is exhibiting signs of depression, anxiety, anger, or other mental health issues, they receive counseling services before starting Teen Court. Hanley Foundation pays for those services as part of the grant, so there is no burden to the teen or their family. “Trials” are conducted in an actual courtroom in the Hendry County judicial building. “This is important,” explains Shawna.

Students ordered to Teen Court enter the building through the same security checkpoints guarded by law enforcement officers, walk down halls with real attorneys and clients discussing cases, and enter the real courtroom used for first appearances. “It’s a wake-up call for our students—this is real!”

Once in the courtroom, the peer court officers are in charge. “It’s interesting to see how the students’ demeanors change,” Shawna said. “They go from a kid with an attitude to standing in front of their peers saying, ‘yes ma’am,’ ‘yes sir,’ ‘no sir,’ as if they were real court officers.”

Teen Court is working. “Our three-year grant anticipated a total of 40 kids in the program. Our first court session was in January 2024, with just two kids referred. As of August, we have served 45 kids. It takes about three months for a kid to complete the program, including weekly drug tests. Twenty-four students graduated from Teen Court. But it’s not over. We follow the kids for six months after they graduate from the program, checking in with the school and home to see how they’re doing. So far, everything’s very good,” Shawna said proudly.

“We are connecting kids to a new vision of themselves,” added Mr. Griffin. “They get back to the classroom sooner and begin to rebuild and redeem themselves in a powerful way.”

Grants have now been issued for Glades and Dixie counties, and Teen Court will soon be available in those and other Florida counties.

‘Teen Court Program is sponsored by Hanley Center Foundation and the State of Florida, Department of Children and Families’



SECOND CHANCES

Diego* is 17 and a high school junior who made a mistake – caught on campus using a THC Vape. More attracted to the vape than eating, he was very skinny. A first offender, he was referred to Teen Court, where he diligently attended counseling, life skills, and other specialized programs. He’s back in school – his relationship with mom improved, as did his appetite. She is pleased to see him eating again and gaining weight.

*Name changed for privacy

SECOND CHANCES

A very shy middle school girl, Elena*, was bullied on campus. She eventually fought back but was charged with battery. Her mom, very concerned, said she wouldn’t leave her room. Given the opportunity to be tried in Teen Court, she accepted and excelled. After positive progress with counseling and life skills programs, she joined a RISE Girls group at school, where she associates with other motivated teen girls in a positive environment. Mom is proud.



Hanley area coordinator and classroom trainer Myles Parker leads the class

Through Botvin LifeSkills Training, students learn self-management techniques for building self-esteem, problem-solving, stress reduction, anger management, and overcoming shyness. Students also learn how to communicate effectively, build positive relations, and resist peer pressure related to alcohol, drugs, and other substances.

‘Botvin Life Skills training is sponsored by Hanley Center Foundation, Southeast Florida Behavioral Health Network, United Way of Broward County, LSF Health Systems, Central Florida Behavioral Health Network, Northwest Florida Health Network, and the State of Florida, Department of Children and Families’



Talking to teens about life’s challenges while demonstrating personal success

Myles Parker and Daniel Sanon are area coordinators and middle and high-school classroom trainers for Hanley Foundation’s prevention department. Myles has been with Hanley for four years; his primary service area is Broward County. Daniel’s area is Palm Beach County; he has been with Hanley for two years.

Their jobs are essential and multi-level. In addition to introducing and maintaining relationships with public school administrators, principals, and teachers, Myles and Daniel also walk into classrooms filled with teenagers they may not know, charged with engaging the students with topics they probably think they don’t need. But they do.

Daniel and Myles have an advantage. They are Black American men standing before students who don’t often see men who look like them leading a class.

“The first thing someone notices about you is how you walk into the classroom,” Myles says. “So, I think about the first couple of seconds – what are some things I want them to remember about this guest trainer? I use my personality – and for sure, I use my presence. I’m six-four, two hundred and thirty-something pounds!”

Daniel has his own ritual. “I try to put myself in the mind of the students. What do they want to see from me? In predominantly White classrooms, Black students tend to gather in the back corner. If they don’t speak, don’t participate, I’ll be sure to call on them just to say, ‘I see you; I’m sure you have ideas and opinions.’ That usually gets them involved.”

One of the staples in Hanley’s prevention topics is Botvin LifeSkills Training. Myles and Daniel agree it’s challenging because it centers around real-life experiences that require

engagement. “The students will suddenly be a little quieter, harder to reach,” Daniel said.

“That’s where I use myself as the example,” Myles explains. “Yes, I’m a professional – I have a career – but I didn’t get to this point easily. I had trials and tribulations, just like you. So, depending on the maturity and responses of the class, I have no problem sharing my own experiences. The work we do is meaningful – it is needed. I can feel our impact in the communities we serve,” he shared. “I credit my tenure to the relationships I’ve built with the students and, importantly, the schools, administration, and other teachers.

“I also credit our entire prevention team. One of our leadership goals is to make sure we appreciate one another. Because we are disbursed in the field, we have monthly meetings – sometimes, we do pot-luck lunches. We exchange gifts during the holidays. Sometimes, we put our work down and actually have a non-work-related conversation.”

Both men hope to see more men of all races in the prevention department. Hanley Foundation requires a bachelor’s degree – Myles’ is in sociology; Daniel’s is in psychology.

Hanley Foundation’s prevention programs are free to public schools and students and funded by grants from various public and private organizations. The foundation has a full-time staff responsible for soliciting and managing grants.

Hanley partners with DCF managing entities to make Narcan distribution cabinets available

The Florida Department of Children and Families contracts for behavioral health services through regional systems of care called Managing Entities. These entities do not provide direct services; instead, they allow the department's funding to be tailored to the specific behavioral health needs in the state's various regions.

Here are the managing entities funding the Narcan distribution cabinets program:

LUTHERAN SERVICES FLORIDA

Cabinets available in Alachua, Bradford, Clay, Duval, Gilchrist, and Levy counties.

CENTRAL FLORIDA BEHAVIORAL HEALTH NETWORK

Cabinets available in Lee County.

SOUTHEAST FLORIDA BEHAVIORAL HEALTH NETWORK

Cabinets available in Okeechobee and Palm Beach counties.

UNITED WAY OF BROWARD COUNTY

Cabinets available in Broward County.

Naloxone is the generic name for Narcan.



Saving lives by making free Narcan kits available 24/7

Narcan (naloxone) is a medicine that rapidly reverses an opioid overdose

In an overdose emergency, rapid response with Narcan may save lives.

Through partnerships with four social services organizations and the Palm Beach Sheriff's Office, between June 2022 and November 2024, Hanley Foundation provided 139 distribution cabinets with free Narcan kits to agencies and appropriate businesses in Florida.

"Narcan saves lives when administered quickly," said Lindsay Slattery-Cerny, Hanley Foundation director of programs. "Our cabinets are placed in accessible public venues such as government buildings, recreational facilities, schools, and commercial locations, providing Narcan for emergency use and to be kept on hand by friends and family of those who may eventually need it."

No other organization in Florida offers a Narcan cabinet distribution program quite like Hanley Foundation's.

The owners of convenience stores and other commercial spaces receiving the cabinets consider them a benefit to customers who may witness or experience an overdose. "I feel it's about being a good citizen," said one.

The need is great – the possibilities encouraging. According to the Agency for Health Care Administration, after peaking in 2021, opioid deaths in Florida have declined through the



The important thing is equipping others to not be afraid to use Narcan in an emergency. If we can all be willing to save a life, this gives someone a chance. They are someone's child, parent, brother, sister, best friend, or spouse.

second quarter of 2023. "We hope to see that trend continue by increasing the availability and use of Narcan."

"This is a large, cooperative effort, involving not only Hanley's programs department but also our prevention teams who generally live in the counties they serve. Their long-standing relationships open doors for us to get the distribution cabinets into their communities."

Prevention Programs are sponsored by Hanley Center Foundation, Southeast Florida Behavioral Health Network, United Way of Broward County, LSF Health Systems, Central Florida Behavioral Health Network, Northwest Florida Health Network, and the State of Florida, Department of Children and Families



SECTION FOUR

Breaking the cycle of addiction before it begins

with Prevention Programming

Jerry Moe, who helped develop Hanley Foundation's new child-centered family program, also helped develop Sesame Street's Parental Addiction Initiative featuring "Karli," a 6½-year old whose mom is dealing with addiction and coming home from treatment soon. Karli receives help from monster friends like Elmo and Abby Cadabby.



KIDS DON'T CARE ABOUT
HOW MUCH *you know*
UNTIL THEY KNOW ABOUT
HOW MUCH *you care*

If you peek in the door of one of Jerry Moe's children's programs, you may see him with chairs hanging on both his shoulders and the strap of a well-worn satchel dangling from his neck.

He's not lost it. He's telling a story in a way that kids will remember.

The chairs symbolize the extra load carried by children hurt by addiction. The satchel holds their problems, feelings, and secrets hidden away. The kids get it. And they realize this guy is someone who cares.

Jerry throws all of himself into his message. He has the voice of a child when commiserating, a booming voice when making a point, a voice of tears when talking about the unfairness of it all, a joyful voice when a child's burden is lifted.

When someone in the family suffers from addiction everyone in the family is affected

HANLEY'S NEW CHILD-CENTERED FAMILY PROGRAM HELPS KIDS UNDERSTAND 'IT'S NOT YOUR FAULT'

Over decades, Hanley Foundation developed an intensive and successful family program that helped thousands of people participate in and share in their loved one's recovery. "We've done a great job of bringing in other adults – spouses, adult children, parents – but there was one group we were missing," said Dr. John Dyben, Hanley's director of research and innovation.

What about the children? The ones who regularly see mom or dad or both impaired. The ones who learn to avoid mom when she's having a "bad day." The ones who hide the problem from friends, family, teachers, doctors, anyone outside the drawn curtains of their house.

"These children have traumatic wounds from their loved ones' illness," says John. "Wounds that don't just go away as other family members find treatment and recovery. Hanley is a systemically minded organization. We fundamentally believe that substance use impacts everyone in the family system, and they all need and deserve recovery."

That's why Hanley created a three-day, on-campus, child-centered family program. It's specifically designed to reach the children of families visiting their loved ones in treatment, while

also reaching out to other kids in the community experiencing similar struggles. The program is designed for children aged 7-12. No child will be turned away because of inability to pay.

Jerry Moe and Peggy McGillicuddy from the National Association for Children Impacted by Addiction (NACoA) inspired and helped develop the program. NACoA's mission is to eliminate the adverse impact of alcohol and drug use on children and families. To aid in this quest, NACoA developed a network of the most respected experts in the field.

Jerry and Peggy are two of those experts. For over 40 years, Jerry has been one of the foremost authorities on counseling for young children in families affected by substance use disorders. Peggy is the director of NACoA's children's programs, and Jerry says, "She's the best counselor I've ever worked with in this field." In addition to helping develop Hanley's program, they served as counselors for Hanley's inaugural program in late 2024.

(For a treat, be sure to read the accompanying story about Jerry's storytelling and "Karli," his contribution to Sesame Street.)

Jerry Moe and Peggy McGillicuddy of the National Association for Children Impacted by Addiction inspired and helped develop Hanley's new child-centered family program.

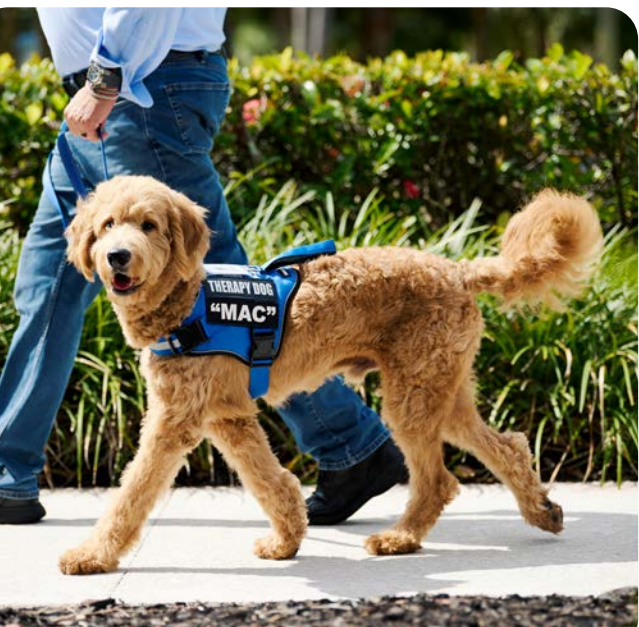


Please scan the QR Code to learn more:



A photograph of three children sitting on a beach. The child on the left is wearing a white shirt and dark overalls, with their hand covering their face. The child in the middle is wearing a pink patterned tank top. The child on the right is wearing a white tank top and a colorful patterned skirt, looking down. The background shows the ocean and a cloudy sky.

‘Children
are the first
ones hurt,
often the
last ones
helped’



.....

When studying various treatment modalities for first responders and veterans with PTSD, Steve learned that therapy dogs are good medicine for those conditions. A quick text to Hanley Foundation’s CEO was returned with enthusiastic approval. Mac, a Goldendoodle, underwent training with Palm Beach County Sheriff’s Office program, “Paws and Stripes,” and reported for duty at Hanley in September 2024.

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PATRIOTS PROGRAM LIAISON,

Steve Campana, brings 32 years of experience to new clinical program

When Steve Campana retired from Palm Beach County Fire Rescue in 2021, he knew his life’s work was not complete. As a firefighter/paramedic, he knew what it was like to save a life and what it was like to have someone die on his shift. He and his fellow firefighters and paramedics experienced the horrible trauma of multicar crashes, personal belongings scattered on a dark road; of entering a family’s flaming home – calling out for survivors, hearing none, hoping they all made it out.

Steve sought out assignments at the county’s most demanding stations – some logging more than 20 calls in a 24-hour shift. “I was an adrenaline junkie, seeking challenges to feed my ego. Sometimes I felt superhuman – like there wasn’t anything I couldn’t do.” He served as a paramedic on Trauma Hawk, a SWAT medic with Palm Beach County Sheriff’s Office, and was promoted to training captain in the early 2000s. There, he provided EMS training for 1,500 line personnel – the men and women who worked the front lines, directly responding to fires and other emergencies.

But he, like many others, struggled to release the long-term trauma of back-to-back emergency calls to dreadful situations. “I was good at my job, but when I wasn’t on shift, I relived over and over again what I had seen, what I had done, what I should have done.” When his shifts were over, alcohol, sometimes supplemented with a little pot, chilled the memories. But it didn’t last. That led to cocaine. “For me, cocaine wasn’t a social thing. I was a closet user. It just helped me forget what I had done or what I had to do.”

Family and friends tried to help, but he always responded, “Hey man, I got this. I’m just going through something right now – but I’ll be okay.”

But there are no secrets in a fire station. “In 2017, my bosses called me into their office and ordered me to take a drug test. I looked them square in the eye and said, ‘I’m not going to pass it.’”

Thankfully, Palm Beach County Fire Rescue has an excellent Wellness Benefits Plan. Steve’s admission began a series of steps – a 28-day leave of absence and inpatient admission to Hanley Center. “I was admitted August 14, 2017, and have been sober every day since.”

After being released from Hanley in recovery, Steve returned to his job as an EMS captain and continued his career until retirement in 2021. But that wasn’t his last rodeo.

“I still felt a sense to serve – wanting to do something to pay back what I had been given. When I was a patient at Hanley, I was assigned to the Center for Men’s Recovery, affectionately known as F-Troop. Through a friend, I was introduced to Brad Williams, who, at that time, was the supervisor of people working as recovery advocates, serving as liaisons between the patients and clinical staff. Brad and I hit it off. ‘We need you here,’ Brad told me, so I started working as an F-Troop RA in May 2023.”

When Hanley Foundation began developing the Patriots Program, Brad (now executive director of Hanley Foundation) hired Steve to introduce the program to other law enforcement, fire rescue, and active-duty and veteran military organizations.

Steve is now building bridges so other organizations can directly refer employees in need to Hanley Foundation.

Patriots Program

FOR THOSE WHO ANSWER THE CALL:

ACTIVE DUTY AND VETERAN MILITARY MEN AND WOMEN

FIREFIGHTERS, EMTS, AND PARAMEDICS

LAW ENFORCEMENT OFFICERS

*They are today's patriots. They are here for us. **We must be there for them.***

Patriots will live among their brothers and sisters in a specially-designed, stand-alone pavilion with ample space for exercise, relaxation, and camaraderie. The kitchen is always open.



Unimaginable trauma. It is the nightmare faced by the men and women who serve our nation and our communities as first responders. Depending on their mission, trauma may become an unending spiral, with little or no time to decompress, to reflect, to heal.

They are expected to be tough – often making it difficult to ask for or accept help. They live on adrenaline and service. Alcohol is often the elixir. Later, some turn to drugs.

That's why Hanley Foundation is creating the Patriots Program: trauma-focused addiction treatment and mental health protocols administered by mission-trained medical staff and clinicians who respect their patients' unique circumstances.

Patriots Program will soon be conducted from a stand-alone pavilion where patients live and work with others who know their pain. Located on a one-acre parcel on the Hanley campus, plans call for 12 single-patient bedrooms; kitchen, living, and

patio areas; an indoor/outdoor fitness studio; relaxing natural grounds; and a communal fire pit for gathering and reflection.

Medical staff and clinicians will provide services in an adjacent professional building and on the Hanley Foundation main campus, a short walk away down a natural path.

Steve Campana is the Patriots Program liaison. He is a 32-year Palm Beach County Fire/Rescue veteran who retired as an emergency medical services captain. Steve is charged with building bridges and forging relationships with public safety and veteran organizations, encouraging them to partner with the Patriots Program when their employees and members need help. Read more of his story on these pages.

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Fundraising for the Patriots Program begins in January 2025.
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Patriots Pavilion will be located on a secluded one-acre parcel on the Hanley campus. Plans call for 12 single-patient bedrooms, kitchen, living, and patio areas.

Amenities will include an indoor/outdoor fitness studio, relaxing natural grounds, and a communal fire pit for gathering and reflection.



SECTION TWO

Patriots Program:

Revolutionizing recovery for veterans and first responders



Keith and Stacy Palagye's \$2.5 million lead gift jump-starts fundraising for Hanley's perinatal program for pregnant women and their unborn babies. The program continues through the babies' pre-school years

When noted Palm Beach philanthropists Keith and Stacy Palagye learned of our trailblazing new program to break the cycle of intergenerational trauma and substance use, they knew they had to help.

"The women served through this incomparable local program are among the most vulnerable," said Keith. "I can't think of anything more important than helping moms deliver healthy babies and then giving those moms an opportunity to learn how to be a great parent and an inspiration to their children."

Phase one, serving five women, began in 2024. When construction is complete, it will serve 18 to 24 families in a living, learning community.

Stacy added, "My parents taught me from a young age that it was essential to give back to your community. And the Jewish value of Tikkun Olam, 'to heal the world,' is a main motivator for my philanthropy." Stacy's father, Morton Mandel, and his two brothers created The Mandel Foundation, a major supporter of educational, cultural, and Jewish causes in Palm Beach County and throughout the world.

As a testament to their generous contribution, Keith joined the Hanley Foundation board of directors to broaden his engagement with current and future programs. "Anything I can do to help others is a passion and a privilege," he said.

"I hope Stacy's and my service and dedication to Hanley Foundation and other meaningful nonprofit work will inspire other Palm Beach philanthropists to broaden their horizons to other innovative local programs. I believe this is some of the most important work that I have ever done. I invite others to find the same personal fulfillment through their own philanthropic endeavors."



Stacy Palagye's husband, Keith, was so moved by the program that he joined the Hanley Foundation Board of Directors



On buildout, the women and babies will reside in Hanley's newest living, learning community, located on a private, peaceful street adjacent to the early learning center

Please scan the QR Code to learn more:





CASA FLORES: HOUSE OF FLOWERS

BY ALLISON JIMENEZ,
VICE PRESIDENT OF
PROGRAM DEVELOPMENT

Flowers often represent strength, resiliency, recovery, rebirth, growth, and perseverance. Each woman entering Casa Flores seeks those things and more for themselves and their newest blessing.

Lilies symbolize motherhood and purity, while daisies represent innocence and new beginnings. Daffodils are associated with strength and resilience due to their ability to survive winter storms and still bloom in the spring. Lotus flowers represent resilience and beauty. Even when faced with adversity and challenges, they still bloom. Magnolias are known for endurance and strength. Through harsh weather, they have bloomed for millions of years.

Casa Flores symbolizes that no matter what perils we may experience in life, there is always hope and opportunity for new beginnings. Despite the storms of life, you can still bloom.

Large meeting rooms provide for group therapy sessions, relaxing conversations, and peaceful solitude



Breaking the cycle of intergenerational substance use disorder

A BOLD NEW ANSWER AT HANLEY'S CASA FLORES

She didn't choose this path. It's safe to say no one would.

Addiction knows no boundaries. She could be a member of your family, your neighbor, a friend, a co-worker, or one of the forgotten people whose faces blur in the streetscape of our cities and towns.

But now she is pregnant and needs support and help.

She is hardly alone. Healthy Start Florida estimates that five percent of pregnant women in the state are using licit or illicit substances. Recent research from the National Institute on Drug Abuse shows that smoking marijuana, taking prescription pain relievers, or using alcohol or illegal drugs during pregnancy is associated with double or even triple the risk of stillbirth.

Even with successful childbirth, if the mother does not receive care, her baby may have substance exposure.

There is no way she wants this for her unborn child. But how do they escape?

Casa Flores at Hanley Foundation is a new answer. It provides pregnant women aged 18 and older with medically managed support and residential treatment both during and after pregnancy. This dual-support model allows pregnant women to simultaneously access high-quality prenatal care and substance use disorder treatment. The program spans the pregnancy and beyond, enabling women to receive job training, education, housing, and access to quality parenting and early learning programs to position them – and their child – for long-term success.

Creating Casa Flores for pregnant women and their babies is a passion project for Hanley Foundation. Phase one began in 2024, serving five women. On buildout it will serve 18 to 20.

Pregnant moms will reside in Hanley's newest living, learning community, receiving medical, psychological, and clinical treatment for their substance use disorder. Prenatal care will be provided in partnership with local OBGYN professionals, specializing in maternal fetal medicine. Hanley will have professional doulas on staff to provide emotional, physical, and educational support, enabling moms to have safe, memorable, and empowering birthing experiences.

Focus on baby will begin immediately after birth. Specialized care is needed for babies exposed to substances in the womb.

When medically cleared, baby will join mom living in their Casa Flores suite, focusing on nurturing the mother-baby bond and, where appropriate, inviting visits from the mom's family, other children, and community connections. The early learning community will be on a private, peaceful street. Other moms in the community will share their recovery with each other and their babies.

An essential component of Casa Flores will be the early childhood learning center. There, trained educators will focus on nurturing the babies during the day as mom completes behavioral health treatment and transitions through all phases of the program, including employability skills and job training. Hanley Foundation will partner with community-based organizations, local colleges, and universities to give mom the ability to envision her future, and Hanley Foundation's educational scholarships can make it possible.

By supporting families to thrive, thus ending the cycle of intergenerational trauma and substance use, Hanley Foundation is one step closer to achieving its mission of creating a world free of addiction.

SECTION ONE

Casa Flores:

A dual-support model allowing pregnant women to simultaneously access high-quality perinatal care and substance use disorder treatment



CHIP JAMES' TRUTH: SERVICE

Chip has been known to chair a Hanley board meeting in the morning and then spend the afternoon helping a new friend go through their fifth step, commonly known as the confession step. Chip encourages and actively listens as each person acknowledges his or her struggles and whatever harm they caused to themselves and others in pursuit of alcohol or drugs.

For Chip, the experiences are meaningful and fill him with gratitude. "I acknowledge that I have the luxury of being clear-headed, sober, economically self-sufficient, with an abundance of time. Those gifts allow me to say 'yes' to almost anything that is asked of me in the name of my sobriety – and therefore my sanity.

When asked about the lives he's saved – the people he's pulled from their homes or cars, unconscious and rushed to the hospital – Chip simply folds his hands and shrugs.

"My core philosophy is to create more goodwill than I consume. Some days, I'm a pretty good human being and don't consume much goodwill. Other days, I consume a lot of goodwill and must work even harder to create goodwill to cover the gap.

"The measure of service is personal – we each know in our hearts what is meaningful. Serve on a committee, stuff envelopes, attend a fundraiser, give as generously as you feel comfortable. Or join us as we save lives at Hanley.

"For forty years, the community, those in recovery, and those who understand the critical need have generously supported the Hanley Foundation."

AFTERTHOUGHT FROM CHIP

Turns out, and this wasn't planned or intentional, just a result of rebuilding my life in recovery, I built an inverted pyramid of service.

First, at the pointed bottom, working with individuals as a sponsor, a sober friend or an advocate.

Next, I did service at the meeting level – being treasurer of a couple meetings, being a key holder, and attending business meetings.

Then, I was asked to become treasurer and later a Trustee of The Triangle Club, a non-profit organization formed to own and operate a safe and sober building for 12 Step meetings and sober socializing.

Finally, at the broad top of the pyramid, I was asked to join the Hanley Foundation – where our work and our footprint is large – beginning with prevention programs in the schools, and now extending to residential treatment coupled with long term transition back into recovery life. Today, I still participate in all these levels of service.

“

I triggered a switch. My body felt different. I began to need alcohol. The thought crossed my mind – 'Man, maybe I'm an alcoholic. Then things got worse.

CHIP JAMES

Chip James and Elizabeth Matthews to chair 20th Annual Palm Beach Dinner

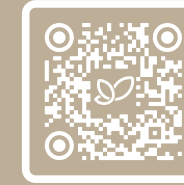
When the annual Palm Beach Dinner outgrew its previous venue, the committee turned to its dinner chairs, Chip James and his longtime partner, Elizabeth Matthews, to help find the perfect place to celebrate the signature event's 20th anniversary. It was an easy choice, and the result will be spectacular.

Elizabeth and Chip will be our hosts in the Grand Hall at Whitehall, the Henry Morrison Flagler Museum. Elizabeth has deep family connections to the exquisite mansion. Her great-great-grandfather, Henry Morrison Flagler, built it in 1901 while expanding his empire of luxury hotels and railroads down Florida's southeast coast, ultimately reaching Key West.

Whitehall was sold after Mr. Flagler's death, but Elizabeth's grandmother, Jean Flagler Matthews, formed a nonprofit corporation to purchase the property in 1959 when it was in danger of being razed. The following year, Whitehall was opened to the public, and today, it is a National Historic Landmark operated as the Henry Morrison Flagler Museum. Elizabeth's father and uncles have long served as stewards of the historic museum, and her sister, Kelly Hopkins, serves as president of the board of trustees.

The 20th Annual Palm Beach Dinner, February 20, 2025, will be an elegant evening with live entertainment benefiting Hanley Foundation's mission and lifesaving programs. Join us as we celebrate 41 years of recovery in Palm Beach County!

To purchase tickets to this year's Palm Beach Dinner please scan the QR code:





Chip James on his path to recovery through service

CHIP IS CHAIRMAN OF THE HANLEY FOUNDATION BOARD OF DIRECTORS

The afternoon we sat down with Chip James, chairman of Hanley Foundation's Board of Directors, the assignment was simple: Discover what drove this community leader to dedicate so much of his time to recovery, the Hanley Foundation, and the people it serves.

"The word that summarizes my plan is 'service,'" he said. "Service, I have learned, is the antidote for 'self.' Through service to others, I can live my personal golden rule. And that is 'To create more goodwill than I consume.' People may not realize that service has a very wide path – anyone can walk it. We can be a sponsor, bring someone to a meeting, host a meeting, help with a fundraiser, be a donor – you get the picture."

Chip James' epiphany began the weekend after July 4th, 2011. That's when he fled New York and flew solo to his Florida vacation home after having his life explode. "A few days later, my cell phone didn't work. I couldn't log onto my James and Company email. At 10:00 am, I got a FedEx package telling me I was fired by my wife and our business partner. And at four o'clock, a process server handed me divorce papers. I drank that day," Chip said.

That wasn't the beginning, of course. Go back in time and place to 10th grade in West Virginia. "I was with my extended family between Christmas and New Year's, mostly hanging out with friends. They helped me experience how it felt to get drunk. Somehow, a sleigh ride was involved. I was incoherent when I got home – told my parents I hit my head. They thought I had a concussion. They took me to the hospital. The doctor told them there was no concussion. 'He's just drunk.'

"That was my first big run-in with alcohol, a clear example that too much alcohol is a bad thing." It was a lesson he didn't learn.

Fast forward a lot of years, and Chip's story sounds like so many who develop a substance use disorder. His life kept getting bigger – more success, more responsibilities – and alcohol was there.

The details aren't important but eventually came the solo trip to Florida mentioned above. "I'm a boy in a bubble, running from the wreckage of my immediate past, heading to a treatment center in California. Didn't drink on the plane. I went through detox in a couple of days, and then I started waking up.

"Day five, day seven, day ten – Oh, my God, each day I was able to think more clearly. I suddenly realized I need to start taking this seriously. With a group from the treatment center, I went to my first offsite meeting. In Pacific Palisades, at 7:00 am, there was a group of sober men. I liked these guys – liked what they had – and wanted what they had. So, I did what they suggested. Got a temporary sponsor – started listening and thinking.

"On day 31, I hopped on a plane back to Florida, and on Saturday and Sunday, I went to meetings, surrounded by men whose message was, 'Don't stop.' The more meetings I attended, the more I listened, and the better I could see the path. I needed to think like I'm an alcoholic, and I needed a sponsor. It was a hurdle, a commitment. So, I finally asked a guy how to find one. He gave me the answer – 'Sit down. Have a conversation, have lunch, dinner, coffee, whatever.' I did it – sitting down over time with eight, nine, ten men. Made eight or nine friends and found one great sponsor. And my introduction to service."

Chip kept doing the work and finished the 12 Steps. And then the real work – and joy – began.

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On behalf of Hanley Foundation, I would like to express our heartfelt thanks to Bob Rowling, Jim Caldwell, and the team at TRT Holdings for their commitment, open mind, and dedication to excellence in the field of behavioral health.


You kept Hanley safe and its lifesaving services intact, opening the door to new horizons and groundbreaking discoveries in treatment and recovery. You empower our work every day.

Jim, thank you for your time, your commitment to doing good, and your passion for our team and our work. Your thoughtful leadership is missed.

With gratitude and appreciation,



RACHEL DOCEKAL | CHIEF EXECUTIVE OFFICER



Jim Caldwell

From The Chairman Of The Board: Paths

Every day, I take my dog, Pepper, for her morning walk. Often, our path is near the downtown West Palm Beach waterfront. Following the gentle curve along Flagler Drive to the city center, one path becomes many. I notice people following paths of opportunity and occasion – among coffee shops, boutiques and restaurants, the library, offices large and small, the college, homes of all types, and people of all ages.

Thinking about the abundance of paths reminds me of my purpose and Hanley Foundation's mission. It's been a year since the Foundation reacquired the nonprofit treatment center founded 40 years ago by Jack and Mary Jane Hanley. Back then, the path was pretty narrow and fairly straight: give people the opportunity to break the cycle of addiction and begin a new life in recovery. But it was mostly a "one size fits all approach."

I walked such a path myself starting at age 56. Recently, I celebrated 13 years in recovery where I discovered my purpose of making the treatment path easier to find, more effective, and more efficient. With a number of groundbreaking enhancements on the horizon at Hanley, I believe the best is yet to come.

Hanley is providing new paths, ones which better serve the diverse needs of people seeking recovery. Different paths for older adults and youth; major additions to programs for women and men.

We are creating paths that did not exist. At Casa Flores, pregnant women suffering from substance use disorder will be treated over longer periods of time, receiving medically managed prenatal care; residential treatment during and after pregnancy; job training, education, and access to quality parenting skills for themselves and early learning programs for their children. True, lifechanging opportunities.

The unique needs of veterans and first responders will be met in the Patriots Program -- a customized strategy in a dedicated enclave – a safe place where they can be among their brothers and sisters to confront shared trauma acquired while protecting our nation and communities.

As the sciences of addiction, behavioral health, and mental health align to reveal more and better treatment options, new paths will continue to emerge, and Hanley Foundation will be at the forefront of these innovations guiding the way.

The opportunities are great. Won't you join us?



CHIP JAMES
CHAIRMAN OF THE BOARD



Chief Executive Officer Rachel Docekal and
Chairman of the Board Chip James



Breathe – and join us to experience Moments of Serenity around our 14.5-acre campus by scanning the QR code.

“Only when we are brave enough to discover the darkness will we discover the infinite power of our light.” – Brené Brown



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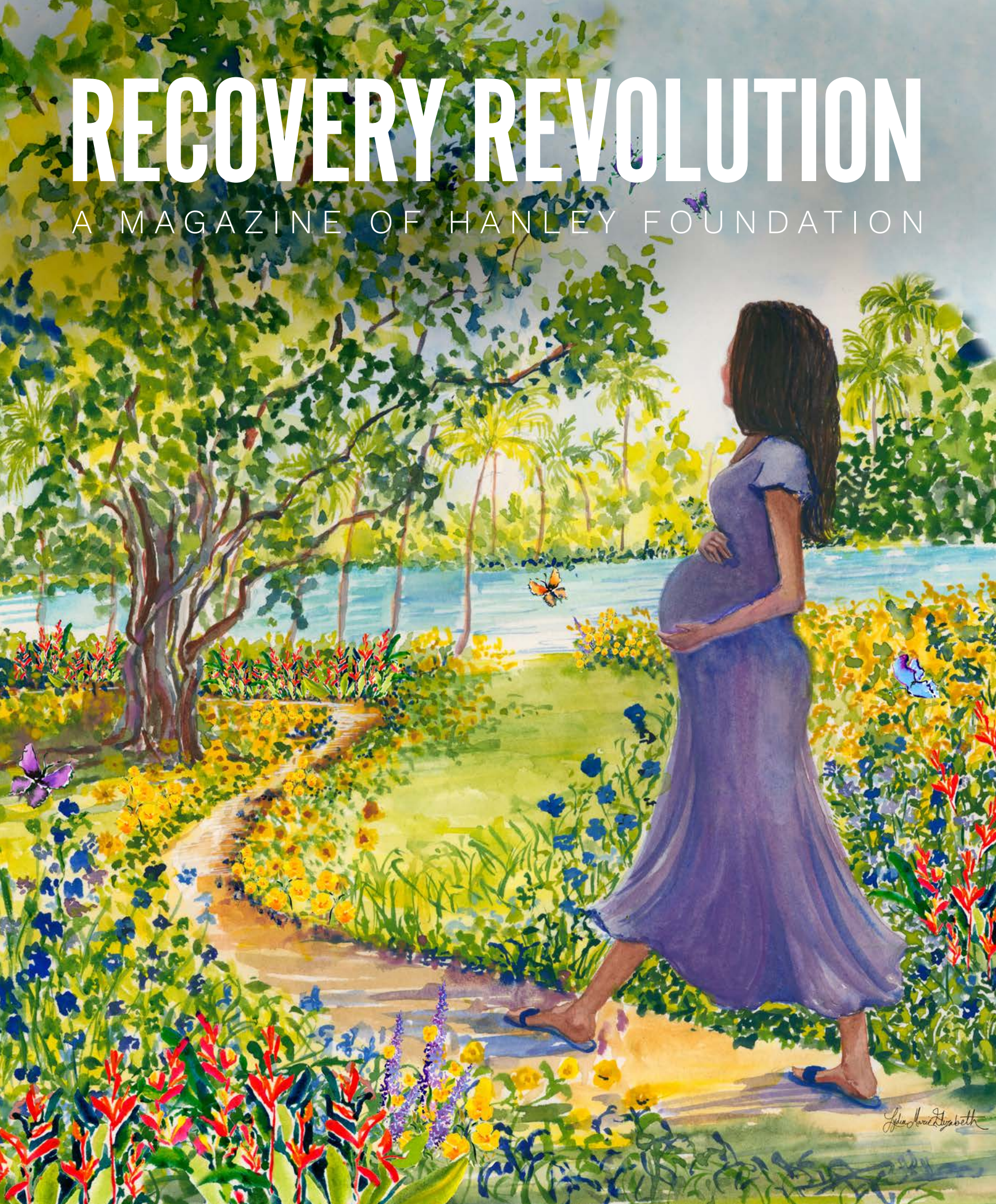
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RECOVERY REVOLUTION

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