RECOVERY REVOLUTION

A MAGAZINE OF HANLEY FOUNDATION



DEAR FRIENDS,

With a great sense of purpose and pride, I welcome you to the inaugural issue of RECOVERY REVOLUTION.

This magazine is a collection of stories that resonate with hope, triumph, and the unwavering spirit of determination. It is a testament to the power of positive change and the extraordinary achievements that unfold when we unite in work for a common purpose.

In the following pages, you will discover inspiring articles that celebrate the victories of individuals who have overcome the grips of substance use and emerged stronger, wiser, and more resilient. Their courage reinforces the importance of our work in education, prevention, treatment, and advocacy. Their stories illustrate the power of returning to a productive and purposeful life.

Through your generous contributions, Hanley Foundation plays a pivotal role in saving lives and changing outcomes. Our evidence-based programs empower students across the state to have the courage to make smarter, healthier decisions when exposed to drugs and alcohol. We maximize donor impact and leverage strategic relationships to ensure our Lifesaver Scholarship Program provides the necessary tools for numerous individuals in crisis. Our advocacy efforts continue to gain significant traction, as our treatment program sets the gold standard for care.

Together, we are making a difference, and we know there is always more that needs to be done. It is a complex landscape, but our team is dedicated to navigating the challenges and combating the negative stigma associated with the disease.

Thank you for joining us on this critical journey and believing in our worthwhile commitment.

With hope and optimism,

1

DR. RACHEL DOCEKAL
CHIEF EXECUTIVE OFFICER



TO FRIENDS OF HANLEY - CURRENT AND FUTURE,

Over my 12 years of sobriety, I learned about the power of kismet. My dictionary defines it as destiny or fate. When I am open to it, positive kismet flows my way. The same can certainly be said for Hanley Foundation.

Without our knowing, for the past few years, kismet has been preparing Hanley Foundation to be made whole again, reuniting us with Hanley Treatment Center, the organization we founded 40 years ago.

The way was paved with disconnected but meaningful stepping stones. We added seasoned operating executives to our leadership, reorganized our workforce to break down silos, expanded and upgraded our financial reporting and management systems, broadened our board of directors, and deepened our roots with supporters of our mission. The combined effect of all these paths was two years of capital funding appropriations from the State of Florida totaling \$3 million, and capital campaign commitments several times that amount from the reinvigorated board and our inner circle, making the purchase of our current home possible.

Now, as we integrate the Hanley Treatment Center back into Hanley Foundation, we bring the tremendous benefit of operating a residential treatment center with our longstanding nonprofit ethos back to Florida. We focus on achieving the highest efficacy of treatment plans specifically tailored to the needs of each patient.

Under the foundation's management, Hanley Foundation's treatment center will offer an extended period of post-treatment protective care, away from accumulated triggers of habit, people, places, and things. We will revolutionize recovery – leading to lives that are not just sober, but high-functioning, contributing members of society.

We humbly recognize the significance of this extraordinary opportunity. In this era of commercialization of medicine, it is rare, perhaps unheard of, for an addiction treatment facility to go from nonprofit to for-profit and back to nonprofit again. We believe it's kismet. Your board of directors, management team, and medical and operational staff are personally committed to the success of this big step toward eliminating addiction.

We at Hanley Foundation are committed to this. Will you join us?

CHIP JAMES

CHAIRMAN OF THE BOARD





ABOUT 40 YEARS AGO,

Jack and Mary Jane Hanley and their family embarked on a quest to create a worldclass addiction treatment center in West Palm Beach. Their vision and fortitude quickly attracted passioned support from the local community, and Hanley-Hazelden Center opened in 1986. It would later become Hanley Center. The next three decades brought innovation, growth, and steadfast commitment to be the best.

The winds of change swept the national addiction treatment field in the 2000s, and Hanley Center was lost to a for-profit company. But Hanley Foundation remained solvent and strong, committed more than ever to its mission of prevention, education, and recovery support.

Now, Hanley Center and Hanley Foundation have reunited, better than ever. This magazine is that story, and much more.

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In memoriam: Patrick J. "Pat" Rooney Sr.

Inside back cover

Our board of directors and magazine contributors



Hanley Foundation's logo carries a lot of symbolism. The continuous loop within the three seeds represents our core mission to educate, change minds, and save lives.



How one woman's courage broke through the stigma

AND BROUGHT LIGHT TO THE DARK CORNERS OF ADDICTION

Mary Jane Hanley didn't choose to become the public face of a new alcohol and drug treatment center being planned for Palm Beach County in the mid-1980s. The mission chose her.

ary Jane and her husband, John W. "Jack" Hanley, had lived the American dream in the post-World War II economic boom.

But the 1960s alcohol-infused social life of the wife of a corporate executive overwhelmed the somewhat shy Mary Jane Hanley. "I found that a couple of drinks helped me get over my shyness, and I could be more outgoing," she later said.

Over the years, the social pressures increased, and Mary Jane's "couple of drinks" became three, or four, or more. Most people didn't understand alcoholism in those days. Jack's attitude was, "Why can't she just stop?"

By 1975, her drinking in public had become so concerning to Jack that she retreated to drinking at home. Finally, she thought to herself, "Something is definitely wrong. You must be an alcoholic."

At that very moment, she said, Jack walked through the front door and said, "Mary Jane, I can't work."

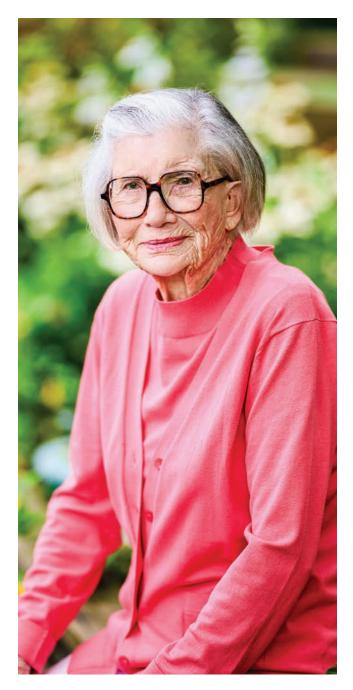
"I will never, as long as I live, forget the face on that man," said Mary Jane years later. "That's when I hit bottom." She went to the telephone and called a local addiction treatment center.

"After I had been in treatment about two-to-three weeks, I was sitting in the back lawn of the center, all by myself. And, all of a sudden, this great peace came over me. I realized, 'you are an alcoholic, you belong here.' It was as though a big cloak had been lifted from my shoulder."

She completed her treatment and has remained sober ever since. Returning home, though, the social stigma of those dark days remained. She largely kept her addiction to herself and her AA meetings.

But when the family decided to create a major drug and alcohol treatment center in West Palm Beach, she knew she had to come out. Mary Jane was with Jack at a fundraising event at their new south Florida home in Lost Tree Village. Mary Jane stood up, and told her story. As Jack tells it, "I was sitting at the head table with her, watching the audience. There were 150 to 200 of her friends there, and when she told her story, tears were streaming down the cheeks of men and women. It was the single most courageous act I'd ever seen.... She is one gutsy lady."

That coming out was just the beginning...



Mary Jane Hanley, 2023

enfire Hanley family has been

nerous support of the Hanleys, ehman, director of Develop-

Sunday, Jan. 29, 1984 / The Miami Herald 14PB

Reformed alcoholic helps to create treatment center

ing marriage ...

'I was one scared girl: full

of remorse, full of guilt, full

of shame. I had a founder-

Her marriage to Jack Hanley, chairman of the board of Monsanto Chemical Co., one of the country's biggest chemical firms, also sur-

anley said.

Hazelden treats the drinking itelf as the primary illness, instead
f concentrating first on the drinkr's "underlying" personal probms. After detoxification, Hazelden
akes the patient through an emoonal rebuilding, encouraging the
atient to accept peer-group suport — both at the center and later
hrough such groups as Alcoholics
nonymous.

In 35 years, the Hazelden center in Minnesota has treated 50,000 eople, 80 per cent of whom have hown substantial improvement in ollow-up research, the center says. So it was natural, when the Han-

he board of the Hanley-Hazelden

"It's important to be surrounded by a loving, sympathetic family who cares," said Mrs. Hanley. And Mrs. Hanley admitted she desper-ately needed this support while she was being treated and coun-seled for her disease. "But under Cod's green and with the help of tient wing, lounges, m rooms and recreation roo center of its kind in Palm God's grace and with the help of my family, I recovered," she said. County and "we're home," said Hanley.

With the support of the Mary Reel Hanley Philanthropic Foun-dation in 1982, the United Way mary care treatment to a r

or Mary Jane Hanley, recovery is about service. And s alcoholic talking to another one - sharing the pain, less America's most costly and second-most deadly illness. Thi underscores three decades of service she and her family education, treatment, and recovery from addiction disease

People I know, and people I don't know will come up an alcoholic. Can you help my brother? Can you help my sist about Cousin Louie?' So one-on-one I talk to them and to

Her consistent sharing of the message of one person's re founding of the Hanley Center in Florida, the work of the Hanley Family Foundation, Spanish-speaking poor in Florida, women with children who need treatment, adolescent p low-cost models like the Retreat in Minnesota, and many other creative efforts to ad

The wife of a prominent American corporate CEO, Mary Jane's current life began on run-down motel on the outskirts of St. Louis. The motel had been used as a nursing I

"People I know, and people I don't know will come up and say, AN ALCOHOLIC. CAN YOU HELP MY BROTHER? CAN YOU HELP M SOMETHING ABOUT COUSIN LOUIE?' SO ONE-ON-ONE I TALK TO THEM FOR THEM AND THEIR LOVED ONES.

"Then one day she would be in her 'bad mood' and we'd avoid her and keep our distance.
"When Mom had the courage to admit this disease and to deal with it, the family participated. It president of the Hazelden Founda-

was the first chance we had to discuss it with her and my father

since she came out of the closet, so to speak," he said. "What it meant to the family was survival."

Program among best

The Hazelden program is considered one of the best in the country, drawing a wide range of clients.

In West Palm Beach, the 28-day program costs \$12,000, a sixmonth outpatient program costs \$3,000 and treatment is \$275 a

ay.

It's \$450 a day for people who cause he said 70 percent of beds in alcoholic treatment centers have

stay overnight.

Former Washington Mayor Marion Barry participated in 28-day program at the 72-bed center in 1990.

Agriculture of the being stay overnight.

alcoholic treatment centers have been lost.

Plus, insurance companies are reducing coverage for people seeking treatment, he said. Barry went there after being charged with cocaine possession after the FBI and Washington po-lice secretly taped him smcking

after the FBI and washington po-lice secretly taped him smcking crack.

- Hazelden has treated about

The \$5 million would pay for a \$1 million endowment for grants

and provide new services such as programs for patients who are older than 50. "Some of my best friends have They're role models, he said. 'A lifesaving opportunity'

and helping others," Spicer said.
Added Tim Plant, Hanley-Ha-

Added Im Plant, Hanley-Hazelden's executive director: "The Hanleys understand it's a family disease. Even though only one person is physically addicted to alcohol, all the members suffer

"Some of my best friends have parents who have the disease and haven't dealt with it effectively," Michael Hanley said.
"Friends will be in tears about all the arguments, all the screaming, all the fighting.
"It's painful and terrifying to make someone take a first sten.

make someone take a first step toward recovery," he said. "But the rewards are worth



PALM BEACH, FLORIDA, TUESDAY, APRIL 24, 1984

SUNDAY, JUNE 12, 1994

The Palm Beach Post

LOCAL NEWS

Wife's addiction led executive to life of helping others

be honored March 2

Hanley-Hazelden founder

Il a tannang y meetings. But AA work for her.

ally, when the couple lived in St. and John Hanley was chief execusion of the giant chemical company, nto, Mary Jane Hanley went to an I treatment center — a satellite of zelden Center based in the St. Paul, area.

"It's been so long that it's hard to lion.

"In a count and up to an arrive the same the same

Hanley, who moved to North Palm Beach and now lives in Palm City, vasgrateful to Hazelden. Very grateful.

In 1984, he gave \$1 million toward construction of the Hanley-Hazelden Center at St. Mary's Hospital in West Palm Beach.

In February, the couple renewed their pledge. They promised to donate \$1 tor every \$3 raised at Hanley-Hazelden for people addicted to alcohol or drugs.

That could add up to another \$1 nillion.

Hazelden. In 1990, the

tion Center was adde lecture hall, family pr

Fighting addictions

They've been there - now they work

By DAVID JACKSON Press Journal Features W. Jack and Mary Jane Hanley have made it possible for people

to help others win

to face their demons head on and walk away winners. That's exactly what Mrs. Han-ley did 22 years ago when she underwent treatment for alcoholism. Since then, the Vero

Beach couple have worked tire-lessly to help others fight the war

The Hanleys were instrumental in creating the \$5 million Hanley-Hazelden Center at St. Mary's, a private, nonprofit organization in West Palm Beach dedicated to providing alcohol- and drug-ad-

"I woke up one morning and rec-ognized that if Mary Jane would agree, that I was going to spend the rest of my life trying to help people who were suffering from that disease," said Hanley, a former executive with Procter & Gamble Co. and Monsanto Corp.

"We looked at the bank book and figured we had some resources and we should do some things for the community.' At the time, the Hanleys lived in

St. Louis and had a winter home in Lost Tree Village in North "In 1975, Mary Jane went into treatment for alcoholism in a fa-

Edgewood," said Hanley, 75.

Please see HANLEYS/2C

Facing addiction

allowed family

to survive, son says

a center that helps create happy is for other similarily addicted Since 1983, the Hanley-Ha-Center at St. Mary's has helped han 5,000 men and women rise the devastation of chemical

dency and regain sober, stable

The special kind of courage mily support that helped Mary lanley rise from the destruction

n Wednesday, March 2, the will honor Mary Jane for her contributions to addiction reand celebrate its 10th anniy of success in a pre-concert ion at The Kravis Center. is and supporters will enjoy a ind-raising buffet in the Cohen n, as a prelude to an 8 p.m. mance by The Duke Ellington

he Hanley Family Foundation ly contributed a \$1 million ing grant to help fund addiction ent and education programs idow the Hanley-Hazelden Life Fund, which provides low-cost term loans for patient treat-

The thousands of lives that have aved as a result of Mary Jane eatest tribute possible," said s Rossin, chairman of the board Hanley-Hazelden Center.

Vhat began with one drink er family. But through her deation and caring, Hanley-Ha-Center now provides a joyful -come-true for thousands of Florida's chemically dependent and their loved ones," Rossin

Av motivation is concern for who are where I have been," lish a place where people could receive high-quality treatment at an



affordable price, she said. The non-profit Hanley-Hazelden

Center, located at 5200 East Avenue in West Palm Beach, is the premier drug and alcohol recovery center in

the Southeast, offering a wide variety of treatment services, as well as family and community education programs and professional training

Hanley family led charge for Hazelden center in Florida

center in South Florida began in 1980. But the real roots of Hanley-Hazelden Center at St. Mary's began in 1975, when Mary Jane Hanley found the "I had tried Alcoholics Anony-

mous and had stayed sober for about six to eight months," says Mary Jane Hanley, "but I started drinking again Then in 1975 I went through Edgewood in St. Louis, and I've been Thanks to that treatment experi-

ence, which employed the Minnesota Hanley family ended. They have been eternally grateful ever since John Hanley, Mary Jane's hus

band, was so grateful that in 1980 he decided "we should give something back." After generating support and ermining the strong need for a reatment center in the West Palm Beach area, John Hanley approached Daniel Anderson, PhD, then president of Hazelden, about the prospect of a Hazelden-managed treatment center 'Dan said it was about time Hazelden expanded outside Minnesota," says Mary Jane Hanley. "He proposed it to



Mary Jane Hanley

the Hazelden board and it was approved."

The Hanley family donated the first

\$1 million and another \$4 million was raised for start-up and construction costs. St. Mary's Hospital provided the land and joined Hazelden and the Hanley-Hazelden Foundation in a threeway partnership. The center opened in September 1986. A host of dignitaries, including former First Lady Betty Ford, helped dedicate the facility.

About 6,000 people have received

the center's early vea proud of the accompl "Hanley-Hazelde

who organized suppo He's given to several made this his activity

nmitted to Hanley Hanley Family Found Hazelden's second m Michael Hanley, son was recently elected Hanley-Hazelden Fo

of Directors. "Without the vision and generous supporthis center would no Terry Lehman, direct

New Program Treats Chemical Dependencies

geared 10. temically dependent on automorphically dependent on automorphical dependent dependen

"It's important to be surrounded by a loving, sympathetic family who cares," said Mrs. Hanley. And rooms and re



'It's painful and One of their two sons, Michael terrifying to make

JOHN HANLEY ■ PERSONAL: John, 72; Mary Jane, 67. Live in Palm City. Have two sons, one

MARY JANE AND

■ THEIR STORY: Grateful for the alcohol treatment Mary Jane received from the Hazelden Center in St. Paul, Minn., the Hanleys gave \$1 million in 1984 for the Hazelden Center at St.



Mary Jane Hanley (left) regained control of her life

through a treatment program based on the

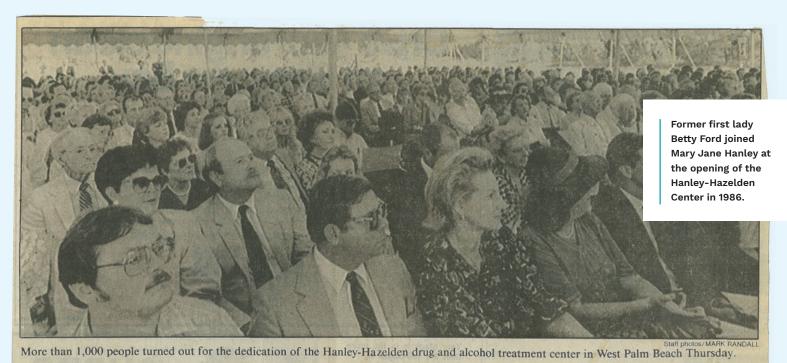
Hazelden Foundation model. Her grateful husband John (right) said the results 'brought our family

together again.' Hanley turned his gratitude into dollars when he funded the Hanley-Hazelden

Counseling Center in an office building adjacent to

the Humana Hospital in West Palm Beach.





Alcohol should be main target in drug war, says Betty Ford

By STEVE NICHOL

Death penalties, increased jail time and military intervention in the war on cocaine is great, but former first lady Betty Ford says that the public should not lose track of an even more serious drug problem: alcoholism.

Speaking Thursday at the dedication ceremony of the Hanley-Hazelden drug and alcohol treatment center in West Palm Beach, Ford said that alcohol causes 10 times as many deaths as co-

"Failure to talk about alcoholism, failure to do something about alcoholism, leaves a gaping hole" in battling drugs, said Ford, a recovering alcoholic who

sought treatment for the disease in 1978.
"Alcohol is a first enemy to stop in our drug crusade," said Ford, who opened a drug and alcohol rehabilitation center in Rancho Mirage, Calif., four years ago.

"It affects so many. It is so many times the starting point in other drug uses," said Ford, who added that there are 16 million alcoholics vs. 2 million cocaine

The six-building, 66-bed Hanley-Hazelden Center, built on 6 acres donated by St. Mary's Hospital, opened Sept. 29. Since then, 43 people have been admitted for treatment

Creation of the center was led by John W. Hanley, retired chairman of Monsanto Corp. His wife was treated at the origi-nal Hazelden center in Minnesota a dec-

The Hanleys, now of Palm Beach, do-nated \$1 million to the project. Another 70 businesses in the area donated slightly more than \$1 million. Individuals in the area donated \$2.3 million and foundations gave \$800,000. St. Mary's gift was valued at \$800,000, rounding out the \$5

million campaign.

The non-profit center will be run by

staff trained by Hazelden, which has op-erated for 37 years in Minnesota.

Hazelden helped set up the treatment center in California named for Betty Ford, wife of former president Gerald Ford. Since its opening, it has treated ce-lebrities such as Liza Minelli, Elizabeth Taylor, Johnny Cash and Chevy Chase.

While many patients treated at the new West Palm Beach center may be covered through insurance, others who can't afford to pay will be allowed to pay back the facility after treatment, Hanley

Their costs initially will be covered through the Life Saver Fund, which currently has \$44,900. Hanley said that a drive to raise the fund to \$500,000 will

Our primary goal is to provide humane, dignified care for the alcoholic, for the chemical dependent person," Harold Swift, president of Hazelden, told the audience of approximately 1,000



Betty Ford speaks.

athered under a tent near the new cen-

Hanley-Hazelden when it operated as a clinic on 45th Street in West Palm Beach before the new center was built, praised

Ford said education is the key to fighting drug and alcohol addiction

ON NOVEMBER 20, 1986,

Mary Jane Hanley was joined at the podium by another courageous woman. Former first lady Betty Ford greeted a crowd of over a thousand wellwishers at the dedication ceremony of the Hanley-Hazelden drug and alcohol treatment center on the campus of St. Mary's Hospital.

In the intervening years, Mary Jane Hanley continues to advocate on behalf of people in need and those who provide quality, evidence-based treatment and recovery services.

Hanley Center, as it became known, and Hanley Foundation, continue to be national leaders in the field of substance use disorders.

And now, with the reunification of Hanley Center and Hanley Foundation, the best is yet to come, as you will read in the pages that follow.



ADDICTION TREATMENT AND RECOVERY

has been a focus of the Hanley family ever since Mary Jane achieved sobriety. They created the Hanley Family Foundation to contribute the first \$1 million to the campaign to build Hanley-Hazelden, and have since supported the work of Hanley Center and other addiction research, education, and recovery efforts. Michael Hanley remains on the Hanley Foundation board of directors. Family gatherings at their North Carolina home are a major part of the close-knit family's life.

Right: Mary Jane and Jack's son, Mike Hanley, vice chair of Hanley Foundation's board, relish in the happy moment with his mom.

Mike was at his parents' side during the early years of the treatment center and maintains a steadfast hand on the wheel as the foundation has grown nationally in service for those experiencing substance use disorders and other mental health conditions.

Left: Mary Jane and her pal Liddy on her needlepoint

Below: CEO Rachel Docekal shares the great news that the foundation re-acquired Hanley Treatment Center.







HANLEY FOUNDATION:

The tip of the spear

Idiom • A group of people first to do something difficult . . . *Cambridge Dictionary*

In the mid-1980s, Mary Jane Hanley and her husband, Jack, together with an influential and diverse group of Palm Beach County medical, business, civic, and philanthropic leaders, created the Hanley-Hazelden Foundation, now known as Hanley Foundation.

The foundation was the tip of the spear.

Its original purpose was to guide and direct the mission and methodologies to create and operate a world-class, nonprofit addiction treatment center in the southeastern United States. A dedicated, local board of directors was created to flesh out the plan and conduct a campaign to raise \$5 million



to build the facility. The first million was easy – it was a donation from Mary Jane and Jack Hanley.

No surprise: the mission was successful. On November 20, 1986, Hanley-Hazelden Center was dedicated by former first lady, Betty Ford, with Mary Jane, Jack, and the Palm Beach County community at her side.

The center grew in patients, facilities, and services. Recognizing that alcoholism and excessive prescription drug use among older adults were major killers and contributed to high healthcare costs, in 1998, Hanley-Hazelden dedicated the first clinical program designed specifically for treatment and recovery of older adults. Hanley was also an early adopter of gender-specific treatment programs, integrated family programs, and prevention and education addressing the disease of addiction.

Hanley Foundation and its sister treatment center remained in West Palm Beach, growing stronger in stature and service to people in need from wherever they came. When turbulence in the business of addiction–treatment caused the sale of the treatment arm to a for–profit company in 2014, Hanley Foundation again embraced the challenge.

Recognizing the epidemic proportions of substance use disorders throughout Florida, the foundation intensified its efforts to take the positive messages of prevention to those among the most vulnerable and impressionable people – students in their classrooms. Last year, Hanley's prevention and education programs were presented to over 100,000 students, teachers, and parents in 32 Florida counties. The list is still growing. (You can read more about the prevention programs in this issue of RECOVERY REVOLUTION.)

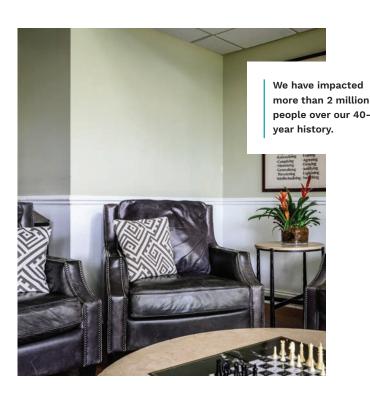
The foundation also grew its Lifesaver Scholarship Program to help bridge the financial gap for people who need and want treatment but can't afford it. In the last five years over 1,200 scholarships were granted.



"Hanley Foundation created
Hanley Center some 40 years
ago before big business took over
most of the addiction treatment
field. Now, in a revolutionary
move, Hanley Foundation has
reacquired the treatment center,
making Hanley whole again, and
cementing its mission to Educate,
Change Minds, Save Lives."

TOM GALLAGHER

Hanley Foundation board and Project ECHO team leader



NEW SERVICE OPPORTUNITIES ARISE

Meanwhile, the for-profit company that purchased the treatment center 10 years earlier, Origins Behavioral Health, had grown its patient base and enhanced its facilities. It was time, the company determined, to move on.

Hanley Foundation's CEO, Dr. Rachel Docekal, and the board of directors, led by chairman Chip James, immediately pursued the opportunity to re-acquire the treatment center and restore treatment to the foundation's prevention, education, scholarship assistance, and recovery programs. In a highly contested acquisition effort, codenamed "Project Echo," a small but skilled and driven team, led by board member Tom Gallagher, crafted a compelling offer that appealed not only to the financial aspirations of Origins Behavioral Health but also to its altruistic mission.

Hanley Foundation's proposal prevailed – and Hanley's 107-bed treatment program is again a nonprofit, community-based organization.

And the foundation remains the tip of the spear.



It's impossible for me to name just one favorite place on the Hanley campus. The first is the gazebo by the Men's Pavilion. That's where I first felt getting sober, and that's where I celebrated one year of sobriety with butterflies finding their wings. Then there's the lake. I found serenity there – and each day, I fed my two turtle friends – Stripe and Taz. My last but most-favorite place was Dr. John Dyben's office. It was there I truly found the connection to my creator.

ADAM J.











My favorite place was the cafeteria. It's where we would meet up with loved ones and friends on Family Day while enjoying the delicious food and excellent service. After eating, we would sit and talk by the fountain. It's a very peaceful and relaxing setting. My dad worked there for 12 years before my stay, and several staff members remembered his positive attitude and had nice things to say about him. It meant a lot to hear that.

HENRY L.

When attending class in the Women's Pavilion, I always claimed the chair by the window so I could enjoy nature while getting to know myself. I saw blue skies and clouds, trees busy with squirrels, baby ducks trailing their mothers, birds of all feathers.

After class, I took nature with me to my room, sketching and painting so it would be with me 'On Awakening.' I came to Hanley seeking God; in nature I found Him.

REBECCA W.









When I first arrived on the Hanley campus, alcohol had done such a number on my body that I couldn't walk. Had to be pushed in a wheelchair for the first two weeks. Workouts in the weight room with therapist Tony got me back on my feet.

Now I'm sober, and I walk three miles a day to stay in shape. When I'm on campus for meetings, I walk the trail to be strong and remember where I came from.

JOE H.

I was on the Hanley campus in the springtime. I remember the sun on my face, the breeze in my hair, my feet in the calm water of the pool, the ripples opening wider in their circles, like my opening awareness of myself at one with God.

AMY A.











There is a garden just off the walking trail. In it are beautiful lavender plants – their aroma is peaceful and relaxing. Nearby is a pavilion, and when the wind is right you can smell the lavender. I remember sitting there with a friend who was not doing well. We walked through the prayer circle, smelled the lavender, and we both found peace.

COURTNEY G.

The quiet solitude of the chapel was where I liked to start my day. 'Lord, show me the way that my thinking will be clear, and that I will be inspired by Your love to be helpful to all whom I meet today.'

BONNIE M.









Brad Williams appointed executive director of Hanley Foundation's treatment and recovery center

HE BRINGS BIG BUSINESS EXPERTISE, DETERMINATION,
AND SKILLS, COMBINED WITH PASSION FOR PATIENTS IN
ADDICTION TREATMENT AND RECOVERY

B rad Williams spent 15 highly productive years as a technology expert and partner at global consulting firms, leading teams of investigators, accountants, and lawyers helping large corporations (names that you would know) navigate massive litigation, regulatory, and fraud matters. His work took him around the world, with compensation matching his responsibilities.

But it wasn't filling a need within him.

"I was in active addiction most of the time," he said. His work was interspersed with multiple self-admissions to some of the best addiction treatment centers in the country. "But I wasn't ready," he now knows.

Brad's last clinical admissions were in 2015 with Hanley Center at Origins. Something about it told him he was finally in the right place. "Part of my recovery was at last having the necessary tools to get sober and navigate recovery. I learned that at Hanley."

For four years after leaving treatment, Brad worked at trying to figure out what to do with his new life, one day at a time. "I had every reason to want to stay sober. I had opportunity, education, skills, and experiences that many people don't have. I had four young children. I had a terrific career that I could have resumed. I had a lot of the 'things' that most people think bring fulfillment and happiness to life. But, even in sobriety, something was missing. I needed to do something different, something more meaningful with my life.

"I called Hanley Center at Origins and asked them for an entry-level job."

His entry-level job was as a recovery advocate at Hanley's off-campus transitional housing for young men. One of his primary responsibilities was driving patients to and from the campus for their counseling sessions. It was different but familiar. When he was a Hanley patient, he spent some of his later days living at its group housing.

This time, he was a fish out of water. Here were all these younger guys, fresh from residential treatment. "The moment you walk in the door, they want to know all about you. Who are you? What have you done? Why are you here?" But soon, the ice was broken. "It was probably one of the best experiences of my life. I knew this place was where I was supposed to be. I wanted to do more."

One of his former colleagues at Hanley Center recalled Brad moving quickly through a succession of jobs with more responsibility. When he applied for but didn't get some of those promotions, she said his attitude was, "Well, it must not be time – yet."

When he did get promotions, he took his coworkers with him, emotionally, if not physically. His message was, "Get on board – this is gonna be great!"

It was never just about Brad, she explained. It was

what was best for the patients. When it's good for the patients, it's good for the employees, and it's good for the organization.

"One opportunity led to another," said Brad. "I just kept going. I had a lot of roles over my five years with Hanley. We've been through COVID-19 and the very real and dangerous challenges that presented. Hurricanes have come our way. Eighty to a hundred patients to take care of. I loved every moment of it, even the difficult ones.

"To be on this journey as a patient, a person in recovery, a staff member, then leader of Hanley Foundation's treatment and recovery center — I couldn't have scripted something more meaningful. I'm overwhelmed with gratitude to have that as a part of my story, and now my story is part of Hanley's story.

"There is no job in the world I want more than being the executive director at Hanley."

PERSONAL THOUGHTS FROM BRAD WILLIAMS:

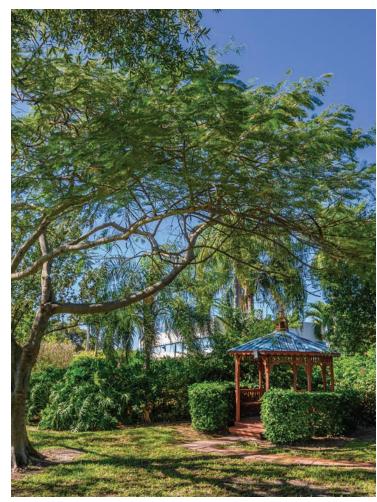
I'm a former patient here. Not a day passes when I'm on campus that I haven't thought of my time in the Men's Pavilion. It's something that never leaves you. That obviously plays a role in everything that I do. I am living in my first period of longterm sobriety since I was a teenager. I am so thankful.

To the patients who trust us now and those who will follow: there is nothing more important to me than giving you the same opportunity that I had. I take that responsibility very seriously.

To our employee-partners now and to those who will follow: I will never ask you to do something that I have not done before. I respect you and your ideas on how we can be better.

To our community partners who stood with Jack and Mary Jane Hanley some 40 years ago to create and operate this world-class addiction treatment center: Congratulations! You laid a firm foundation, and the best is yet to come.





DR. KAISHA A. THOMAS APPOINTED

Hanley Foundation chief clinical officer

"We are all part of larger systems."

That explains the concept behind Dr. Kaisha Thomas's approach to treatment. In a biological sense, when the body's 11 organ systems are all working fine, we feel and function well. But when any of those systems are off, so are we.

"In a clinical sense, however, systems extend far beyond our body," Dr. Thomas explains. "They encompass everything that makes up our lives – family, community, work, play, faith, environment, politics, media, etc. Each one or any combination can affect our physical and mental health."

Dealing with all these systems requires what Dr. Thomas refers to as strengths and resources. Her starting point is that everybody tries to do their best.

"Looking holistically at the system – mind-body-spirit – I want to make sure that we are tapping into our patients' strengths and resources to motivate them, as opposed to focusing on the negative, the pathology, or what they are not doing right," she explains. "I want to look at the parts that are working and how we can build on them by tapping into the patients' inborn resources."

Born in New York City and raised on the twin islands of Trinidad and Tobago, her post-college-graduate path is unique and frames her personality and passions. (You will learn more in the accompanying article.)

Of her 21 years as a licensed clinician, the last 4 years were with Hanley as clinical director for its Headwaters program. (You can learn more about Headwaters on page 34.)

Dr. Thomas now brings that knowledge and experience to all Hanley Foundation programs. "Coming to treatment is not easy," she acknowledges, "especially if it's your first time. When we say 'patient-centered,' we mean it is from the day they first come through our door until the time they move on to the next steps in their recovery. We provide personalized, individualized, compassionate care – evidence-based but acknowledging everyone is different and has different needs. Our patients and clinicians explore



Hanley Foundation Chief Clinical Officer Dr. Kaisha A. Thomas, Ph.D., LMFT, LMHC, NCC, CCMHC, CFMHE, SAP

together to discover how to get them to the place they want to be."

This level of treatment places high demands on staff. "Our therapists have different specialties and work together as collaborative teams. We are dedicated to meeting the highest standards of patient care, clinical excellence, and evidence-based treatments with the right amount of innovation.

"With these demands comes an obligation to our staff because they are also stakeholders. We foster mutual trust. We make sure we don't work in isolation – that we are providing the right environment – a collaborative, safe place of mutual respect. We're doing God's work here."

When explaining her job, Dr. Thomas harkens back to her New York City college education. "I think of my job as being the conductor in an orchestra. They are doing all the work – I'm just helping put it together, so it's a beautiful symphony."





KAISHA THOMAS HAS DANCE IN HER BLOOD

Here's a surprise. Kaisha's first college degree was a Bachelor of Fine Arts from The Juilliard School of Performing Arts in New York City, majoring in dance and minoring in music. After graduation, she was a professional dancer performing both nationally and internationally in several professional modern dance companies such as Ballet Hispánico and Laura Dean Dancers.

"The life of a dancer is very short," she lamented. "Once I stopped dancing professionally, I had to figure out what was next. I love learning, and the arts have always been therapeutic for me. I returned to school in New York, earned my first master's degree – dance and music therapy – and practiced in the city for a few years.

"Moving to Florida and wanting to continue counseling, I went back to school, earning my second master's degree, this time in mental health counseling. I later earned my Ph.D. in marriage and family therapy.

"Like I said, I love learning and am still doing it."



AT HANLEY FOUNDATION

Face-to-face residential mental health care is key to complex cases

he mental health components of addiction have always been one of the core aspects of Hanley's treatment programs. Now, patients with those and other mental and psychiatric conditions can find help at Hanley's residential Mental Health Pavilion under the direction of Chief Medical Officer Raju Mangrola, M.D.

The eight-bed pavilion, distinct from Hanley's detox, medical, and treatment facilities, has its own dedicated team of professionals. "At any given time, we have four nurse practitioners – two monitoring our patient's medical care, two for psychiatric care, plus a 'floater' in case additional help is needed," explained Dr. Mangrola. "My job, in addition to seeing patients in both the addiction treatment

Having a separate and

residential Mental Health

Pavilion is rare in addiction

staffed designated

treatment facilities.

and designated Mental Health Pavilion, is to consult with the mental health team on their work and monitor cases. We also rely heavily on our

clinicians, who, due to their

work, spend more time with individual patients. They often detect behaviors unseen in formal counseling sessions and are valued team members.

Dr. Mangrola believes some of the most essential steps in treating his patients happen before they are admitted. "I'm a strong believer in getting records," he says. "You would be surprised how often that does not happen. Every patient comes

here from somewhere else – home, a hospital, a rehabilitation center, or another psychiatric facility. If we don't receive records, I'll call the referring facility and the family to get a sense of how the patient is doing and how the family is doing – before they arrive at Hanley. This pre–admission work sets the stage, the expectations."

Dr. Mangrola believes in the value of really talking to patients, getting to know them. "The more interest you take in the patient, the easier it is to establish rapport, leading to better outcomes." Most patients stay 30 days, some longer, before stepping down to the mental health intensive outpatient program, where they are still followed up by Hanley staff. "Aftercare is vital," added Dr. Mangrola. "We take a lot of care in the transition."

"We get many complicated cases – medically and psychologically. I'm a physician and a psychiatrist. I can't just sign charts and supervise from a distance – it just doesn't work. Because of the designated Mental Health Pavilion at Hanley, I am there with patients and staff."



DR. JOHN DYBEN

Driven by mission

"First and foremost, I am a chaplain, one who goes where I am most needed."

That's how Dr. John Dyben describes his mission on earth. Where he was needed at age 18 was in dark back alleys of tough local neighborhoods, convincing kids to follow him back to the safe space of a local church youth group to talk and sober up. He was needed in the late 1990s when, with hair flowing down his back, another church offered him warehouse space to start a youth program to help educate high school students about the dangers of heroin cut with quinidine – a deadly epidemic at the time.

John was called to supplement his street-level counseling skills with the academics of substance use treatment: Bachelor of Science in Psychology, Master of Arts in Conflict Management, Master of Science in Management, Doctor of Health Science, and postgraduate studies in psychology, philosophy, and religion. Along the way, he became a Master Certified Addictions Professional and Certified Mental Health Professional, with complimentary international qualifications.

Around 2004, John was needed by Msgr. Ronald Beshara, the spiritual leader of several chaplains at Hanley Center. "I believe that when you are called to ministry, you define what ministry looks like. In my case, it was always about combining the love of God with the science of psychology and medicine, helping people break through addiction to live life free in recovery," John said. That meant getting





Dr. John Dyben, Chief of Research and Innovation

deeply involved in the clinical side at Hanley — running the men's program, then later, the older adults' program.

John believes knowledge is a gift that should be shared. He is known throughout the treatment community, locally and nationally, as someone who puts patients first and is willing to help whenever asked. "Throughout my chaotic journey, there have also been a lot of people who reached out and helped me"





Headwaters at Hanley Foundation

Healthy rivers are filled with life and richness and beauty and movement.

Healthy people are as well.

For rivers to be healthy they must be connected to headwaters; sources of lifegiving water that constantly flow and feed and nourish.

For people to be healthy they must also be connected in relationships to others, self, and all of life.

Addiction is a disease that disconnects people from their sources, their relationships, their headwaters.

Hanley Foundation is here to help you reconnect.

Dr. John Dyben Chief of Research and Innovation

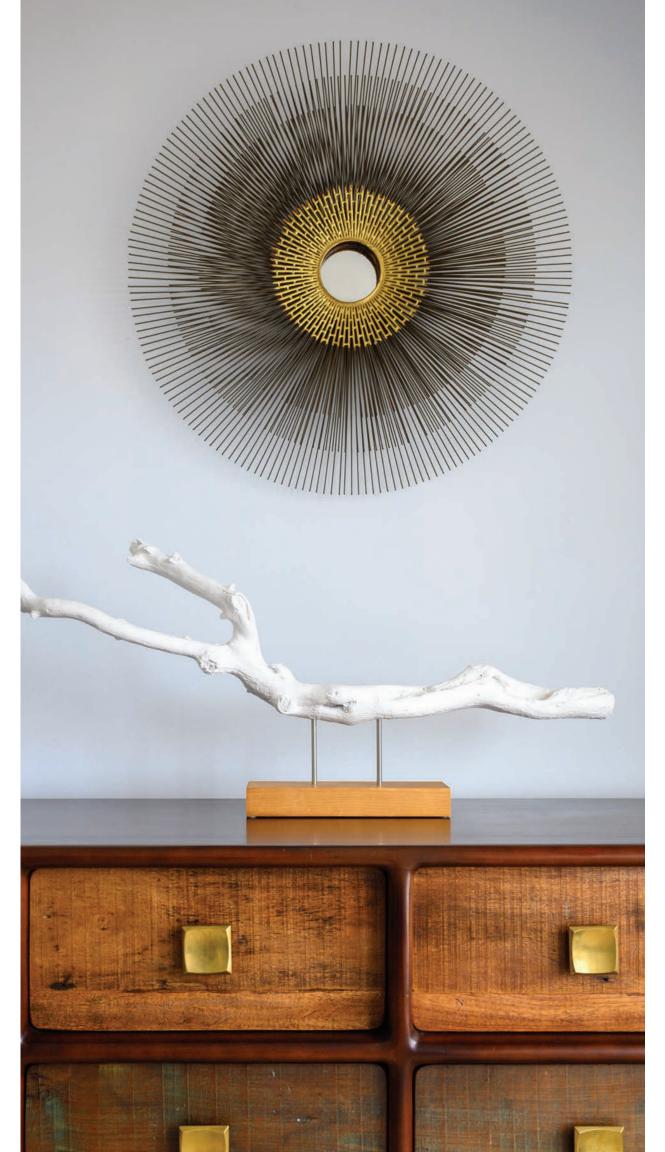
e live in a world where great wealth and/ or celebrity is seen by most as the defining indicator of happiness and contentment. For too many people, it can become a gilded cage where someone appears to live in luxury but where he or she has very little freedom. Headwaters at Hanley Foundation is staffed by medical and clinical experts who understand the unique needs of men and women in positions of great responsibility and commensurate wealth and stature. Headwaters patients are the entrepreneurs who help build the strongest economy on earth; the CEOs and senior managers of worldwide corporations; the creators who blaze new frontiers of technology, entertainment, professional sports, and the arts; the trusted sons and daughters working to preserve family legacies; the political leaders who seek to build a better world for all humanity.

Because of their unique positions, these individuals often face challenges not generally experienced by the rest of society. While most people don't need to fear that the next person we meet may have our money on their minds – the super-wealthy often do. The grandson now running granddad's international corporation is being undermined by his younger brothers. The woman who becomes financially ultra-successful may also experience isolation, even disdain, from men threatened by her success.

Headwaters is specifically designed for and staffed to diagnose and treat addiction and mental health disorders. The first part of treatment takes place within a private enclave on the Hanley Foundation campus, staffed by licensed clinicians and medical personnel dedicated exclusively to the care and treatment of Headwaters' patients. The enclave is comprised of eight single-person rooms with king-sized beds and luxury amenities ranging from small details – like lavish bath products – to big perks in a private, restricted area of the campus. Headwaters patients enjoy their meals in a secluded area of the campus café, and group sessions are held in a secure meeting room.

At an appropriate time in treatment, patients relocate to the Headwaters residence, located in an exclusive, Palm Beach area community. The spacious, well-appointed residence is totally private, complete with a gourmet kitchen, household staff, and plenty of room for contemplation and conversation. Patients are driven to Hanley's main campus for treatment activities.

Headwaters' holistic approach facilitates healing and recovery within an environment appropriate and customized for the lifestyle and needs of the patient.









It means having the life that I was meant to have.

Recovery is the freedom and adventure of discovering the life that was waiting for me.

BRAD W.

SKIP S.

Finding your purpose.

Recovery is
my personal
Renaissance my mind, body

Finding
Your path.

been reborn.

and soul have

We asked our board members and leadership team, "What does recovery mean to you?"

Recovery is freedom from the oppression that is addiction.

TURNER B.

Freedom from fear. Willing to accept outcomes whether desired or not.

JAMES M.

I believe stopping drinking and drugging is a great start. But doing the work of the 12 steps is what really helped me make my life meaningful again.

Recovery is such an important part of truly embracing the best of who we are...this then allows us to bring that to the world and the world responds and grows with us for unparalleled good and positive change.

LYANNE A.

Recovery means I get to make choices. Choices about the kind of man I want to be, the kind of father I want to be, the kind of impact I want to have on the world. Without recovery I can't make those choices.

9999

JAMES S.

An ease of spirit that is directly related to freedom from addictions.

ANDREW F.

There are precious few moments in one's life when an event you considered to be the worst ever in your life turns out to be the greatest thing that could have ever happened...

I checked into the Hanley Recovery Center, February 11, 2011.

SCOTT H.

Recovery has given me a new life, a purpose, and an ability to be truly present for and of service to God, my family, and my fellows. Recovery has taught me humility, surrender, acceptance, accountability, joy, and the willingness to keep working on myself, one day at a time.

WHITNEY D.



Erica Garwood was recently elected to the Hanley Foundation board of directors. Like too many families in our area, hers was stricken by the disease of addiction. But also, like so many, she and her family emerged from the darkness.

Young Mark Garwood's favorite superhero was Batman. Not just as an adorable two-year-old in Batman pajamas but for the rest of his life.

It's said that Batman is the only superhero without superpowers. He uses his own strength, intelligence, and the tools around him to change darkness to light. That fantasy became faith as the Garwood family learned to live after loss.



LEARNING TO GO FROM DARKNESS TO LIGHT

'Be Batman.'

Life was good for the Garwood family.

Husband John had a successful career in broadcasting. Erica also worked in broadcasting before they started their family of four children (two boys and two girls). They were in good health. Their eldest son, Kevin, was diagnosed with autism, but he was dealing with it through hard work and community support.

Their son, Mark, lived a charmed life. He was goodlooking, an athlete (captain of his high school football team), and had charisma that attracted people.

Life changed in 2009. Mark was attending college in Orlando when he was assaulted during a pick-up basketball game – painfully beaten in the face. His doctor prescribed painkillers. Like so many others, he became addicted. His life spiraled out of control. He dropped out of school and alienated his family and friends.

"It was five years of hell," Erica said. "It was awful, drama all the time. As parents, you are trying to fix it – trying to make it better. But we were powerless. It took us a long time to realize it, but there was nothing we could do until he was ready."

Mark thought he was ready around October 2013. "He had been in and out of treatment until he finally found a sober living community in the Lake Worth area. He thrived," Erica said. They had a real community, and it seemed everyone cared for each other. And they had fun. "Their house had a ping-pong table, and the guys would take all the living room furniture out to the yard to make space

inside for ping-pong tournaments. Mark made good friends," Erica said.

Then Mark got a job – a good job, as a paid intern in the sales department of a local TV station. With money came a desire to be out on his own with his buddies. "A fatal mistake," Erica sensed. "We tried everything we could to talk him out of it, but still, we were powerless."

We now know that Mark slipped back into drug use – not as heavily as before – while keeping up appearances and going to work. "In April, he sent me a picture of his 30-day key tag," Erica recalled. "In Narcotics Anonymous, they do that instead of an AA chip. He was really proud of that."

Three weeks later, May 14, 2014, Mark was dead.

The circumstances were tragic, but it all comes down to having people in early recovery being on their own without the supervision of sober living professionals.

"After Mark died, I went under the covers. Couldn't get out of bed, reliving every moment of the last 24 years, over and over. Finally, I believe God put it in my head to say 'yes' to everything.



Batman fans Kevin (3 1/2) and Mark (2) $\,$

"So, that's what I did. Craniosacral therapy? 'Yes.' Somebody suggested Compassionate Friends. 'Yes (and I'm still with them).' My hair was dark brown then – my daughter suggested letting it go grey. 'Yes.' I was willing to say 'yes' to whatever was presented to me as an incentive to get out of bed and put one foot in front of the other. That Lake Worth sober living community came to our rescue.

"They were devastated. To honor Mark's memory, they dedicated a new transitional sober living home in his name – The Mark Garwood Phoenix House. They sort of adopted us – and vice versa." Erica and John had already created a nonprofit foundation in Mark's name, so they had a mechanism to help the community with fundraising, major projects, and some of the little things that can help people in recovery feel better about themselves.

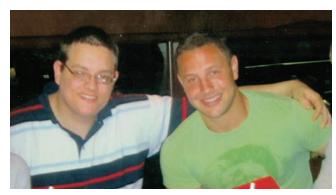
"They set aside a bed, calling it a 'God bed,' specifically for walk-ins – people off the streets who come in with nothing," Erica explained. "In talking with the house manager, we came up with the idea of Clean Start Bags – toothpaste, toothbrush, shampoo, deodorant, a comb or brush, razor for the men, feminine products for the women, the "Big Book" of *Alcoholics Anonymous*, and a \$50 Walmart gift card for them to buy underwear, clothing, other necessitates. All in a Batman-themed bag."

To say that Erica Garwood is "all in" is an understatement. "I believe we're put on earth to serve others, to give back." The Mark Garwood Foundation supports sober living residences and provides scholarships to individuals in Florida who are recovering from substance use, are committed to long-term sobriety, and are seeking to begin or continue their education. "Most of our scholarship recipients are going into social work, nursing, healthcare because they want to give back," Erica added. "They are so grateful for what was given to them."

When members of the Hanley Foundation team met

Erica and John, they knew it was a perfect partnership. At its core, the Mark Garwood Foundation helps those in recovery find their purpose through education. To date, the foundation has helped – or is helping – nearly 60 individuals envision where they'd like to be, and then get them there. When asked about relapse, Erica explained that yes, it has happened, but she and John worked through the relapse with love and support – not by removing them from the program.

"Now we are seeing scholarship recipients starting their own families – children who will hopefully grow up never having to see their parents using drugs or alcohol. That can be the beginning of generational change."



Garwood brothers Kevin and Mark

EPILOGUE

Sadness struck the Garwood family again in 2016 with the death of their son, Kevin. Thanks to a wonderful organization called "Project Search," which helps emotionally challenged people learn life-and-work skills, Kevin had achieved full-time employment in the IT department of Martin Memorial Hospital. He chose to leave this life on his own terms.

Scan this QR code to learn more about the Mark Garwood Foundation.



VETERAN COMMERCIAL BANKING AND RECOVERY PROFESSIONAL

Rick Hubbard joins Hanley recovery committee

R ick Hubbard knows whereof he speaks when it comes to the addiction treatment community, nationally and locally. He now brings his expertise to Hanley Foundation as a volunteer member on the recovery committee.

Rick began his career in commercial banking and real estate lending for major independent bank holding companies in Texas, a career that spanned 23 years.

In 2002, his life changed after he began his own personal journey of recovery. That led him to a career of service, helping others find the peace and joy he found. Thirteen years later, he was part of the Origins Behavioral Health team that managed the purchase and operation of Hanley Center. There, he and the Origins management team became fully aware of Hanley Foundation and its life-changing work, often partnering with the foundation's Lifesaver Scholarship Program to assist individuals needing financial help for treatment.

"The Hanley legacy is powerful, not just in Florida but throughout the southeastern United States," Rick said. "It seems that wherever you go, you meet people who are living their recovery because of Hanley. Plus, there is a huge network of clinicians who earned their stripes at Hanley.

"I am personally invested in the success of this transition and the subsequent operation of Hanley

Foundation. I consider that and my committee service to be part of my legacy and my appreciation of the treatment world. I'm proud to have played a small part."

Rick is currently executive vice president of business development for Constellation Behavioral Health.



Rick Hubbard

"Hanley's legacy is powerful, not just in Palm Beach County, but for people who have been served by Hanley all over the country. It's coming back to where it belongs. I have complete confidence in Rachel's ability to take the reins and operate it successfully. When she sets her mind to something you can just watch the magic happen."



Lyanne Azqueta is a fountain of knowledge, compassion, and expertise in the fields of mental health, addiction, parenting, and prevention. Her skills are both learned and experienced. The passion she brings to her life and work is from the heart, nurtured by education and engagement.

"After attending college at Georgetown, I earned my master's degree in mental health counseling at the University of Miami in 1993. In your last year, UM allows you to do three practicums simultaneously." Lyanne rotated between the maternal addiction unit at Jackson Memorial Hospital, at UM's student-

run clinic, and as a counselor at Kensington Park Elementary, a 99% minority, 87% economically disadvantaged public school in Kendall (today's statistics).

With that additional field experience, Lyanne began working full-time at Hanley Center in 1993. After the mandatory three years, she sat for and passed her Licensed Mental Health Counselor exam, Certified Addiction Professional license, and National Board Certification.

At the time, the treatment center was called

Hanley-Hazelden. "I think that's why Hanley has such good bones. Hazelden gave them a great start."

"More than anything, you must credit Hanley for its innovativeness. I was there when they created what is believed to be the first older adult treatment program. It was challenging for these mature adults to be in group therapy with these young kids doing things that were unbelievable for the older folks." In addition, she noted, many of the patients needed treatment not for their own actions but because of the mixtures of medications ordered by their private doctors.

"Innovation has always been a hallmark at Hanley. They created the 'Boomer' program so that the next generation could be with their peers to relate," she noted.

Lyanne related one story about how Hanley encouraged creative innovation:

I was young — I started working in the older adult unit when I was 24. I remember a lady who must have been close to 80. Her biggest fear about going home was having to fly in an airplane. So, we did this giant psychodrama for her, where we 'recreated' the aircraft by arranging all the chairs in rows. We borrowed a cart from the dining hall, and she had to make a big decision when the cart got to her row.

Her fear wasn't the airplane. It was the beverage cart – and not ordering an alcoholic drink.

"Those are the kinds of things that few treatment centers understand. When I was working at Hanley, we were encouraged to do that – to relate to our patients in creative ways," Lyanne explained. "We had a relapse prevention group where we talked about all those things. You go to a party – you need to order a drink. What are you going to order? You go in with a plan and stick with it, so there's less chance of getting triggered by anything else. I always told people that if they were going out to dinner at a nice

place, flip over your wine glass as soon as you sit down. That signals to the waiter, 'Don't serve me wine.' At the same time, you're sending yourself a message, 'I'm making this decision to not drink today.' That's not for anyone else – it is for yourself.

"I am fully committed to Hanley. Unfortunately, stigma continues, even for those of us who no longer drink or do drugs. When people

Hanley Center innovated treatment for older adults.

get sober, they become the most incredible people
– incredible to know – incredible to get back into
society. So, my commitment is to help others avoid
alcohol and drugs through education and to help
those already addicted get sober. They become
leaders; they become shifters in the paradigm."

We are proud to say that Lyanne added her voice and talents to the Hanley Foundation board of directors in 2006, joining her mother, Lillian "Lian" Fanjul de Azqueta. Lian is now an emeritus member.

THE AZQUETA FAMILY HELPS EDUCATE CHILDREN IN THE DOMINICAN REPUBLIC AND WESTERN PALM BEACH COUNTY.

Founded by Lian Fanjul de Azqueta in 1990 and now directed by her daughter, Lyanne, Mission International Rescue operates 5 schools serving over 2,500 students aged 3 through 12th grade. The vocational school offers 11 technical degrees combined with a high school degree. The family also operates New Hope Charities in the Glades area.

Mrs. Anne Keresey's good work carries on

THROUGH ENDOWED FUND AT HANLEY FOUNDATION

Mr. Thomas M. Keresey, epitomized the Palm Beach philanthropic ethos. Dozens of local charities, including Hanley Foundation, are the grateful beneficiaries.

Anne was born in West Palm Beach, the daughter of surgeon Dr. Bailey B. Sory and Katherine B. Sory. She graduated from the National Cathedral School in Washington, D.C., and the University of North Carolina with a degree in journalism. She worked for *LOOK* magazine in New York City, where she met and later married Tom Keresey, a Wall Street banker who, in 1976, was recruited to become president of First National Bank in Palm Beach.

As leader of a prestigious Palm Beach bank, Tom was quickly absorbed into the charity-centered social scene with Anne at his side, frequently taking the lead. She was a member of the Planned Parenthood of Palm Beach and Martin Counties board, chaired the organization's fundraising activities in the 1980s, and served on the Palm Beach Landmarks Preservation Commission and the Palm Beach Civic Association.

When Jack and Mary Jane Hanley were creating today's Hanley Foundation in the mid-1980s, Tom

and Anne, having experienced family loss due to addiction, were among the first to step up. Tom was a member of the founding board of directors and chaired the first capital campaign, while Anne focused her attention on a steady stream of successful fundraising events. She chaired the 2006–2010 capital campaign to complete the Community Resource Center and expand the Hanley campus from six to thirteen acres.

After Tom passed away, Anne redoubled her efforts for Hanley Foundation and other organizations close to her heart. In honor of her lifetime of good works, her long-time friend, Jack C. Taylor, established the Anne Keresey Endowment for Youth Treatment and Programming in 2011. The principal of an endowed fund is never touched – its earnings are available to the foundation in perpetuity to quickly respond to emerging opportunities to further its lifesaving mission.

Legendary broadcaster and philanthropist Dick Robinson and his wife, Sally, worked hand-inhand with Anne on many successful fundraising projects benefitting Hanley Foundation. "Anne was a woman with class," Dick said. "A heart of gold, passionate about people, always smiling, and an impassioned fundraiser."

If you would like more information about Hanley Foundation's endowed funds, please contact Danielle Hanson, CFRE, at 844-542-6539.

Photo 1: Jack and Mary Jane Hanley with Anne and Tom Keresey at 2006 fundraiser

Photo 2 & 3: Best friends, Anita J. Hamilton and Anne

Photo 4: Dick Robinson and Anne co-chaired the 2006 gala at The Breakers

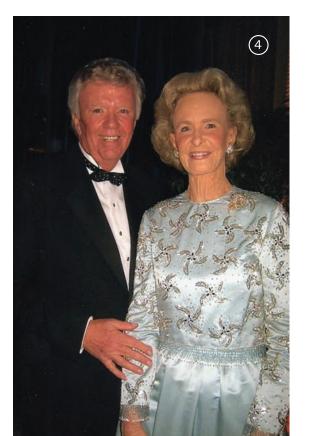
Photo 5: Anne was honored at the 2003 showjumping event in Wellington

Photo 6: Caroline Sory joined her sister-in-law, Anne Keresey, to chair a 1986 fundraiser to benefit the building campaign.















I urner Benoit and Fritz Van der Grift grew up in Palm Beach. Their parents were close, but since Turner was a few years older than Fritz, they didn't hang around with each other as children. However, the intersecting lines of the small community of year-round residents brought them together later in life.

Addiction became the connection, but through different paths.

Turner experienced challenges with addiction. After hard work, quality treatment, and supportive family and friends, he counts his recovery in decades. "My own personal struggle, along with the struggles of so many in my community, is what drove me to work for Hanley Foundation," he said.

Fritz's connection to addiction was second-hand, through his best friend since third grade, Peter Closi. Fritz tried to help Peter. Turner tried to help Peter. But the disease was too strong. Peter died at age 20.

"It crosses all socio-economic boundaries," Fritz said. "It doesn't matter how much money you have

or how well you were brought up – addiction is addiction."

Determined to prevent another tragedy, Fritz decided to join the battle against addiction through service on the Board of Directors of Hanley Foundation in 2019. Since then, he and his wife, Judy, have become active participants in all events Hanley. The next generation, coming up.

In a recent announcement, Turner said, "Fritz and I are joining with Peter's parents, Dale and Liz Ann Closi, to create a permanent monument to Peter's life on the Hanley Foundation campus. Through a naming opportunity, friends and family can celebrate Peter's life and the courage of his family."

"Peter was always the encourager," added Fritz.

"He was always wanting his friends to be the best version of themselves. Through this community-supported memorial, Peter's life can encourage others to seek help, to understand that they're not alone in their struggle, and to realize that it's never too late to turn their life around."

For more information about the Peter Closi memorial, please contact Turner Benoit at 561-797-2777.

Below: Turner Benoit, Caleb Smith, Whitmore Benoit, Fritz Van der Grift, Dixon McDonald

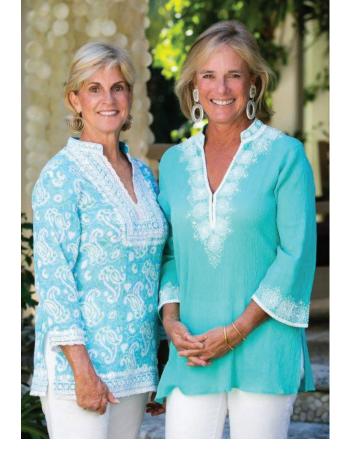
Fritz and Judy Van der Grift



CJ and Turner Benoit







NELLIE BENOIT AND LIZA PULITZER

Lifelong friends saving lives

ellie Benoit and Liza Pulitzer have been Palm Beach friends for decades, raising their families, sharing the joy, confronting the challenges.

Each suffered addiction in their family; both have devoted a significant part of their lives to raising awareness of addiction, promoting recovery, and saving lives.

"We were fortunate to have Hanley in our community," Liza said. "Through Hanley, our family learned how to deal with addiction and experience the joy of recovery."

"Society is slowly catching on," added Nellie. "We are finally getting to a place where we can talk about addiction without the stigma of the past. It's very difficult to make progress if you can't openly and honestly talk about the problem."

That is why Liza and Nellie co-chaired several major Hanley Foundation events, including the 2012 and 2013 Palm Beach galas. "We help create these fabulous events for Hanley - dinners, galas, auctions, golf tournaments - to let people know it's alright to talk about addiction, to help people realize we are all in this together, and to raise money to support its essential programs. One of the programs I love so much is Hanley's Lifesaver Scholarships, which help people who can't afford quality treatment," Liza said.

"When Liza and Nellie's names are at the top of the invitation, everyone in Palm Beach is with them," says Hanley Foundation CEO Rachel Docekal. "They are hands-on volunteer leaders." Whether finetuning the guest list and seating arrangements, making phone calls to ensure invitations weren't misplaced, or cracking jokes with staff while stuffing goodie bags, Liza and Nellie are always there for us. They are an inspiration to us all. We love them!"

Photo 1: David Ober and Nellie Benoit

Photo 2: Liza Pulitzer and Nellie Benoit

Photo 3: Liza Pulitzer and Nellie Benoit

Photo 4: Liza Pulitzer and Bob Calhoun

Photo 5: Whitney Miller Douglass and Liza Pulitzer

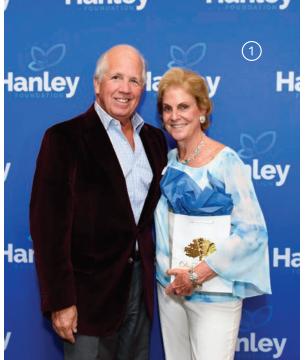
Photo 6: Turner Benoit, Nellie Benoit, Whitmore Benoit

Photo 7: Nancy Caraboolad, Virginia Mortara, and Nellie Benoit

Photo 8: Denise and Dan Hanley, Liza Pulitzer

Photo 9: Liza Pulitzer and Nellie Benoit

Photo 10: Sydney McKelvy, Nellie Benoit, and Kelly Kirkpatrick





















Local legislators support Hanley recovery programs

WITH THREE MILLION DOLLARS IN APPROPRIATIONS

S ubstance Use Disorder patients transitioning from in-patient treatment to transitional living, as well as those who may have experienced setbacks along their path to sobriety, now have new recovery programs and support thanks to the efforts of three local legislators.

Florida House of Representatives member Michael Caruso (R-District 87) and state Senator Gayle Harrell (R-District 31) sponsored a \$1.5 million appropriation in the 2021–22 fiscal year. The following year, Representative John Snyder (R-District 86) was joined by Senator Harrell to support another \$1.5 million for expanded recovery efforts. Both appropriations were approved for

a total of \$3 million to Hanley Foundation for recovery programming and facilities support.

Hanley's recovery efforts provide a full array of programs to help patients transition to a life free from addiction. The appropriations will provide space for support meetings, educational events, a recovery-focused bookstore, employee re-entry training, and holistic therapies.

Hanley Foundation appreciates the steadfast support given by Senator Harrell, Representative Caruso, and Representative Snyder. Their positive impact on people working toward a lifetime of recovery is inspirational.





"Hanley Foundation has changed so many lives in Florida and continues to work tirelessly to address substance use through prevention, advocacy, treatment, and recovery support. I applaud their commitment which is why I was honored to have worked with their leaders to secure legislative funding for their new recovery center. The new facility will provide a central location for the delivery of behavioral health and substance use services."

REPRESENTATIVE JOHN SNYDER

"I am proud to support Hanley Foundation's vision in constructing a Community Recovery Center. Over the past two legislative sessions, I have worked hard to secure the much-needed funding to complete the project. The Center will serve as an anchor destination for the recovery community in providing much needed space for support and educational events, as well as the headquarters for the Foundation's education work."







"I have been honored to support Hanley
Foundation's request for funding to help construct
a recovery hub in Palm Beach County. When
construction is complete, they will be able to
provide the much-needed space for the recovery
community to operate in one central location."

REPRESENTATIVE MICHAEL CARUSO

THIS WILL SAVE LIVES!

Florida legalizes fentanyl test strips

lorida legislation co-sponsored by state Senator Tina Polsky (D-District 30) and state Representative Christine Hunschofsky (D-District 95) legalized fentanyl test strips, which can detect the presence of even minute amounts of the deadly synthetic opioid in different kinds of drugs. The legislation was signed into law by Governor Ron DeSantis in June 2023.

In medical settings, pharmaceutical fentanyl is prescribed by doctors to treat severe pain, especially after surgery and for advanced-stage cancer. But when illegally produced and distributed through underground drug markets, the drug is often mixed, or "laced," with other drugs, like cocaine, heroin, methamphetamine, and even marijuana, to increase the drug's potency. The powdered version of fentanyl is often pressed into counterfeit pills that look like legitimate prescription opioids.

Inexpensive fentanyl test strips, now legal in Florida, can detect the presence of fentanyl, giving the person who is testing and his or her friends the opportunity to make a life-saving choice before it's too late.

Hanley Foundation thanks Senator Polsky, Representative Hunschofsky, and State Attorney Dave Aronberg for their leadership of this humanitarian and fiscally sound legislation.



"I am incredibly proud that this legislation was passed and is now law. Fentanyl test strips are simple, inexpensive strips of paper that save lives by detecting the presence of deadly fentanyl in any drug batch via pills, powders, or injectables. This reduces the risk of overdose by allowing a person using drugs to make an educated decision about their personal safety."

TINA POLSKY

Florida Senator

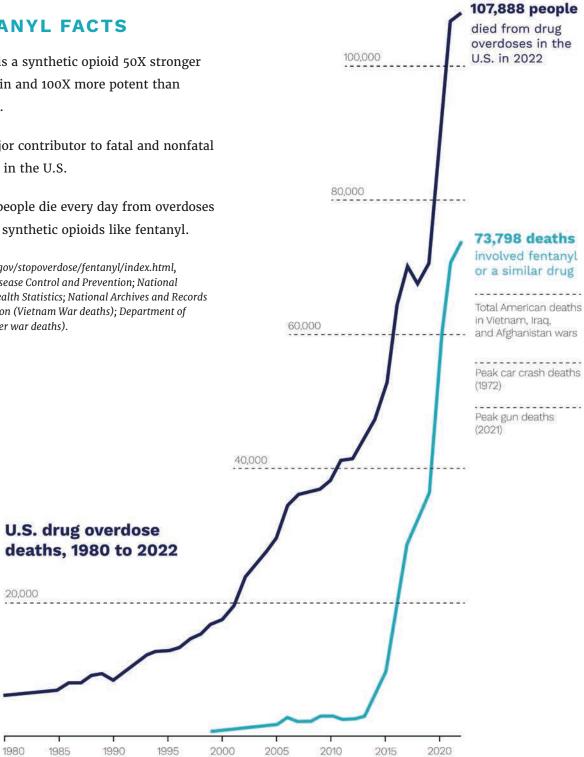
FENTANYL FACTS

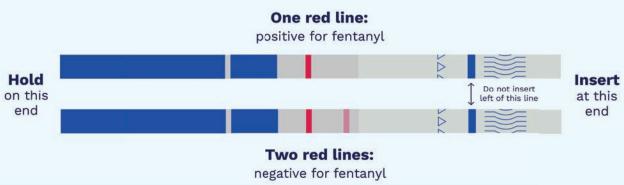
Fentanyl is a synthetic opioid 50X stronger than heroin and 100X more potent than morphine.

It is a major contributor to fatal and nonfatal overdoses in the U.S.

Over 150 people die every day from overdoses related to synthetic opioids like fentanyl.

Sources: cdc.gov/stopoverdose/fentanyl/index.html, Center for Disease Control and Prevention; National Center for Health Statistics; National Archives and Records Administration (Vietnam War deaths); Department of Defense (other war deaths).







A family's second chance

THANKS TO DETERMINATION, COURAGE, AND HANLEY FOUNDATION'S LIFESAVER SCHOLARSHIP PROGRAM

heir story begins like so many from rural America. Born and raised through their teenage years in the tiny south Georgia town of Hazelhurst, population 4,000. Not much to do, not much to look forward to. Their only escape was alcohol and drugs.

Three children, born five years apart. Brittany is the middle one; the most outspoken. "My journey started in October 2020, in my fourth detox for that year," she said. The first three times, she simply returned home to the toxic environment that controlled her life. But this time was different.

"There was this girl in detox with me," and instead of just going back home, she was heading to south Florida for treatment. "Why can't I do that?" thought Brittany, so she began calling around to find a treatment center that would accept her. No luck. "But there was this lady at the rehab – I don't remember who she was – maybe my guardian angel?" She gave Brittany the phone number for a man named Turner Benoit at Hanley Foundation and said call him. He may be able to help.

"Where we're from, people don't just give you a scholarship for rehab," she said. "We never heard of that." Brittany called Turner, and after hearing her story, he said, "I'm going to get you a scholarship for good treatment."

It doesn't always work, especially for someone who has been in and out of detox so many times. But Brittany is determined. She completed thirty days of treatment, then followed up, with Hanley's help, in a sober living house. "Going into sober living is something I had never done. They teach you how

to live life – how to get up and go to work every day. How to start paying bills like a responsible, productive member of society."

2020 was the year Brittany had multiple detoxes. It was the same year her father died. In October 2023, Brittany celebrated three years sober.

Unfortunately, her brothers, Will and Cody, were still caught in the web of addiction. Brittany became their touchstone.

"After seeing the bad times Brittany had gone through, whatever she's doing down there in Florida is working," Cody said. "I didn't think it could work for me, but it can't be any worse than this. So, I gave her a call, and she called Hanley Foundation, saying, 'My brother's ready to get some help.'"

"After seeing the bad times Brittany had gone through, whatever she's doing down there in Florida is working."

Cody's program was the same as his sister's – treatment then a halfway house. "She guided me through the whole thing. She gave me hope." Cody celebrated one-year sober in June 2023.

Of course, life is more than just being sober. "I had to get a job, start living on my own," Cody said. "I







met a guy who had been at the halfway house. He had his own place. He gave me a job. I still work there now."

The path to recovery has been most complicated for Will, the eldest of the three. In 2018, their mother died. That shock sent Will looking for salvation. He joined a ministry in Seattle, which seemed to provide him comfort and a sense of control of his life amid the beautiful terrain. He gave up alcohol and marijuana and, believing himself cured, moved back to south Georgia. The cure didn't last long. With no support system (his brother and sister were in Florida) and plenty of temptation, he was using again.

Inspired by Brittany and Cody's success, Will decided to return to the Seattle ministry, where he had found peace before. But soon, he was left homeless and alone on the streets of Seattle. "Brittany and Cody reached out to me and somehow got me an airplane ticket to south Florida," where he followed in Brittany and Cody's steps with rehab and sober living, again with help from Hanley's Lifesaver Scholarship Program.

There, his real journey began. "As I went to meetings, I learned about my addiction. It opened my eyes to things I'd been carrying around for a long time." After treatment, Will went to the sober house. "After two days, I had a job. I didn't have anything in south Florida – nothing. Now I've got a car, got my license back, got friends. I know that God intervened in my life."

Relapse after treatment is common. "Will started smoking weed again," explained Brittany. "I told him we need to get you back in the halfway house – get you back in the 12–Step Fellowship. I believe he has just witnessed again how powerful addiction really is. Maybe it was another gift."

At this writing, the three siblings all remain sober. They all have jobs. Cody and Will proudly say they

Top to bottom: Cody, Brittany, Will

vote. Brittany, a convicted felon from her former life, cannot vote yet but is working on restoring her rights.

"I live a pretty amazing life now," says Brittany. "I never thought that I'd be able to achieve that. I just purchased a 2020 car – I've never had one that new before. My spouse and I just got a three-bedroom home. That's something I never thought I'd be able to do. I never thought I'd be useful to anyone. And best of all, I got my daughter back. During my addiction, I gave my daughter to my best friend because, at that time, I'd rather get high than take care of her. At six months sober, I was able to get her back. So, I now have my daughter back full-time!"

Cody shares her sentiment. "Life's just getting started. If I keep doing what I'm doing, great things just keep happening. I'm at that point now that I know what I'm going to do with my career. The job I have now, they trust me." And he was just promoted.

A THANK YOU FROM CODY

Cody is employed by Mosquito Joe of Palm Beach. He wants to publicly thank the company's owner for his program, "2nd chance." It benefits people in recovery – providing jobs, training, rent assistance, and other supports. Cody credits Mosquito Joe as a pathway to his recovery.

Will looks at his setback as just a restart. "I got to eleven-and-a-half months sober, and I'm just starting over. I can do this. I'm working for a great company. My boss is helping in my recovery, and I just got my driver's license back and got a car." Brittany had one more thing to say. "For all the good that's happened in my life, one of the best things, aside from becoming my daughter's mother again, is the 12-Step Fellowship. Through that, I get support

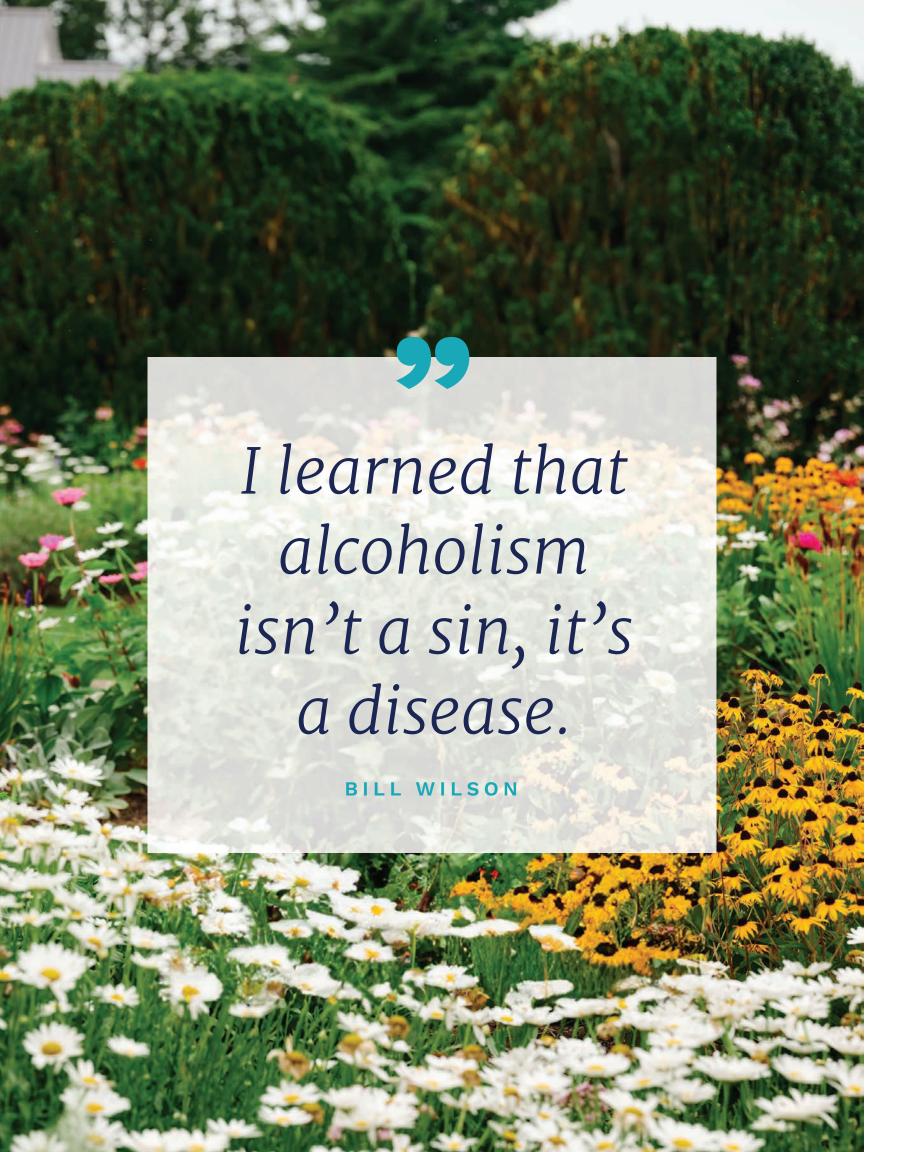
and give support. Sharing my story with women in their darkest days, I often see that glimmer of hope in their eyes when they realize that they, too, can make it with the power of God."

Hanley Foundation's Turner Benoit credits Brittany's resilience, intelligence, and fortitude for her family's rebirth. "They just needed someone to believe in them. Family bonds can sometimes be stronger than addiction. From here, it's up to them."

Turner Benoit, Chief Philanthropy Officer, with Cody, Brittany and Will



Hanley Foundation has helped over 1,200 people get treatment through its Lifesaver Scholarship Program in the last five years. If you or someone you know is ready for treatment, call 844-542-6539.



HANLEY FOUNDATION

Prevention specialists educate and inspire thought

D iamond Howard, Director of Prevention, is responsible for a large team of highly trained and motivated prevention specialists. These dedicated specialists work in public and private kindergarten through 12th-grade classrooms in 32 Florida counties, reaching over 100,000 students, teachers, and parents annually.

Alcohol and drug use prevention programs have come a long way from the "Just Say No" programs of the past, which proved ineffective. "If we come in saying, 'don't do this, don't do that,' they have already tuned us out," Diamond explained. "We don't use scare tactics because research shows that doesn't help. We go into schools to educate the youth. We have an open environment so they can share. We provide facts."

Hanley Foundation has over 50 prevention specialists. The program is headquartered in the foundation's West Palm Beach office, but the field staff members generally live and work in the counties they serve. "They often see their students at Publix, Walmart . . . they say, 'Oh, there's the alcohol lady!'" Diamond commented laughingly. "That also provides continuity. They may have

taught a sixth-grade class, then the same students in an eighth-grade class a few years later, so the lessons continue to build over time."

Diamond and her staff communicate with their school contacts throughout the year to ensure they meet their needs. "It appears marijuana and alcohol are equal problems now because vaping is so culturally accepted. It's easier to conceal a vape pen than a bottle of vodka or rum," Diamond explained.

Hanley Foundation's prevention programs are free to schools and students. The costs are covered by grants obtained by Hanley Foundation from various public and private organizations. The foundation has a full-time staff responsible for soliciting and managing grants.





Diamond Howard, Director of Prevention

Self-medicating student gets help, stays in school

I t looked like a poor decision on the part of a high school senior. But Hanley Foundation Prevention Specialist Jacqueline Herres used her skills to find out why he was using THC, get him help, and convince him not to drop out of school.

Near the end of the 2022-2023 school year, "I received a referral on a student to participate in our Team Intervene program," explained Jacqueline. Hanley Foundation was awarded a grant from Central Florida Behavioral Health Network for intervention programs in the Lee County School District designed to reduce suspensions and improve outcomes for students possessing drugs or alcohol in schools. Teen Intervene helps open dialogue that might help



Jacqueline Herres, Prevention Specialist

the students make more informed decisions about drug use.

"Having gained the student's trust, I was able to find out that he had ADHD but was not on medication at the time. Instead, he felt that THC, which unfortunately is easily available to students these days, helped him calm down. He was self-medicating," Jacqueline explained. The student told her that he had been medically treated for ADHD when he was in elementary school but not since, and he had not told his parent that he was feeling out of control. He wasn't sure they could help him.

"Giving him the opportunity to make informed decisions, we talked through the pros and cons of using THC, and through that, he concluded that it would be best to go back to a medical doctor to get proper treatment. He also agreed that when we met with his parent, he could explain his situation and needs. At the meeting, she said she would do anything to get him the help he needed." The parent and son agreed to see a doctor, and he also decided not to drop out of school but to proceed through graduation.

"We provided him with a safe place to open up and change his perspective about drug use and his medical condition," Jacqueline concluded. "I'm proud to provide hope and understanding to students in need."



LISA A. JONES' GOAL IS

Lisa A. Jones, Prevention Training Coordinator

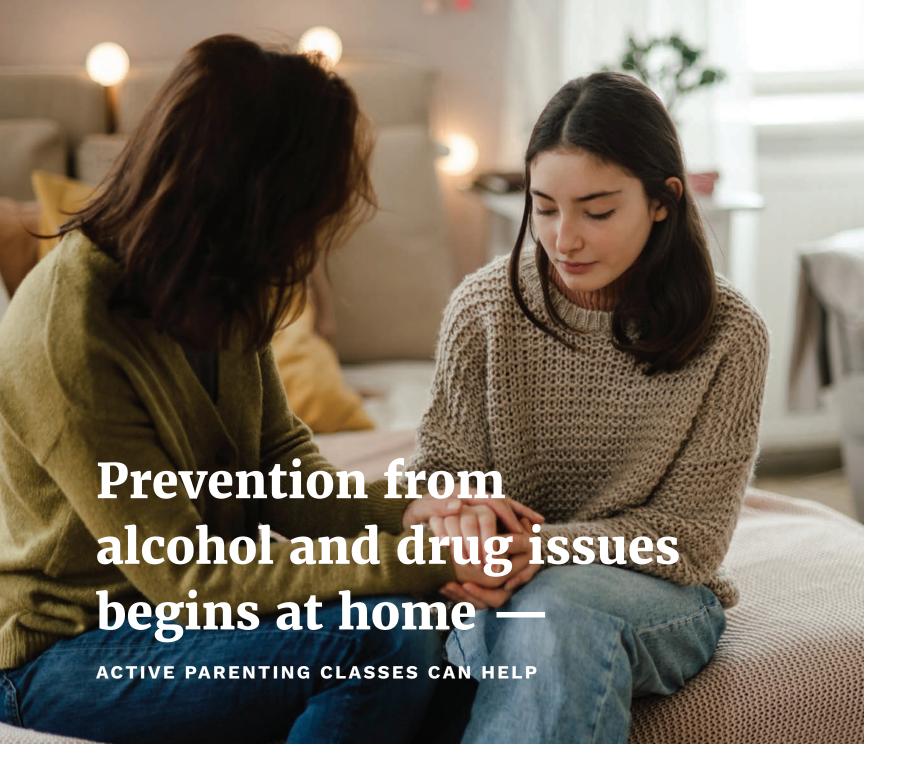
Increased training and certification

H anley Foundation has over 50 prevention specialists delivering programming designed to help students develop resiliency and make healthy choices. Lisa A. Jones is a Prevention Training Coordinator whose job is to ensure the field staff is, and remains, fully trained.

Another aspect of Lisa's job is encouraging people to become Certified Prevention Specialists or Certified Prevention Professionals, requiring advanced training and testing to increase knowledge, qualifications, and integrity.

Moreover, Hanley offers Lisa's 27 years of experience to community partner organizations, at no charge, to significantly increase the number of certified preventionists in the state.

"The mission is to sustain prevention in Florida – whether it's Hanley or our partners doing it," Lisa said. "We can make our communities safer and drug-free by all working together."



Every parent needs a little help sometimes.

That's the philosophy behind the Active Parenting™ programs presented statewide by specially trained members of Hanley Foundation's prevention team. Susan Makowski is a prevention specialist and certified facilitator trainer.

"I'm an educator at heart," Susan says. "I love sharing knowledge with others. Active Parenting is a series of evidence-based programs developed by Dr. Michael Popkin. They help educate parents about healthy relationships, good communication skills, healthy boundaries, and the difference between discipline and punishment."

The programs are, of course, age-appropriate: early childhood, ages 5-12, and preteens and teens. "The main difference is that the teen versions concentrate on some weightier issues that parents really need to be talking to their kids about. The risks get bigger as they get older."

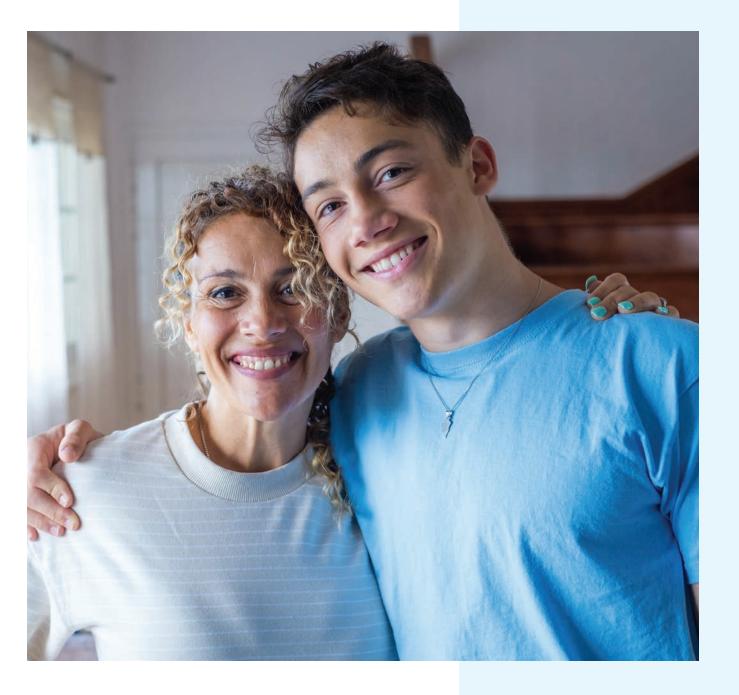
Outreach is an essential part of Hanley's program.

"We are not only trying to speak to more groups, but we are also working to bring our parenting programs to new constituents," Susan added. "For example, not long ago, I spoke to a group at a Haitian church. The pastor helped with translation throughout. We hope that will interest others in the Haitian community in our Active Parenting programs."

There are over 50 Hanley specialists trained to present Active Parenting programs. If you want more information, please call us at 844-542-6539.







HOW 'PLANTING SEEDS'

Saved the lives of two high school students

The names of the students were changed to protect the privacy of the classroom.

aQueda Lewis has eight years of service in Hanley Foundation's prevention program. Like the rest of Hanley's prevention specialists and program coordinators, she is well-trained for the job, knows the truth of which she speaks, and is ready for about anything a class of middle- and high-school students can come up with.

"I don't feel intimidated at all. I've done small groups, and I've done groups as large as 600 people," she says. Her confidence is no doubt bolstered by her master's degree in mental health counseling. "I feed off the energy in the room. I talk to the teacher, observe the students as they come in, engage with them, and watch how they engage with their teacher and other students. The shy kid will just come in and sit in a corner. The popular kid will be all over the place. So, I'm picking up on things, hearing little conversations they're having. I use that information and plug it into my presentation."

All of that creates engagement. And sometimes challenges. "Yes, I've had students challenge me, ask me what qualifies me to be there. I don't take it personally. I'm there to do my job, provide information. I'm not there to change anyone's mind. I am there to plant a seed. No matter how



LaQueda Lewis, Prevention and Program Coordinator

difficult or how great, I'm there to plant a seed. I may never see it bloom or experience the harvest, but the seed that is planted could help teens make healthier choices. That's the imagery I have in my head."

This time, LaQueda witnessed the harvest.

Just before spring break 2023, she presented a program on the misuse of opioid prescription drugs to a class of seniors at a Broward County high school. It went as expected – most of the kids paying attention, a few dozing off, a couple cutting up. The



feedback was good.

But just days later, the classroom experience became real. The school's peer counseling teacher told the story in a letter to LaQueda. Here's the gist of her letter:

Three boys from the class – I will call them John, Tom, and Peyton – were all together at John's house. Another boy called them to say two students in a car outside were really out of it. The three classmates ran out to find other young people just watching, not knowing what to do. Things escalated quickly.

(Directing her words to LaQueda) "You specifically talked about how quiet a fentanyl overdose is; it looks different, it's quiet, and it's fast. You talked about if someone waits, it will be too late. Both guys in the car were declining fast."

No one wanted to call 911. But John, remembering from LaQueda's class that seconds can save lives, did call – and the ambulance was there in minutes. Medics stabilized and transported the two overdosed students to the hospital. One was in critical care – apparently,

We have customized programming to help first responders address trauma to ensure these heroic individuals receive the care they need.

he had stopped breathing several times on the way to the hospital. The staff said that if John hadn't called 911 when he did, it would have been too late.

(Again, directed to LaQueda) "It is important that you see the results of your work. If you hadn't come to present to my class, they would NEVER have called 911. They admitted this as well. They know that they saved two lives because of your presentation. The two boys who were in this situation will never know you, but my students will never forget you.... Thank you for all that you do!"

LaQueda Lewis is one of over 50 Hanley Foundation prevention specialists speaking truth about alcohol and drugs wherever children gather.

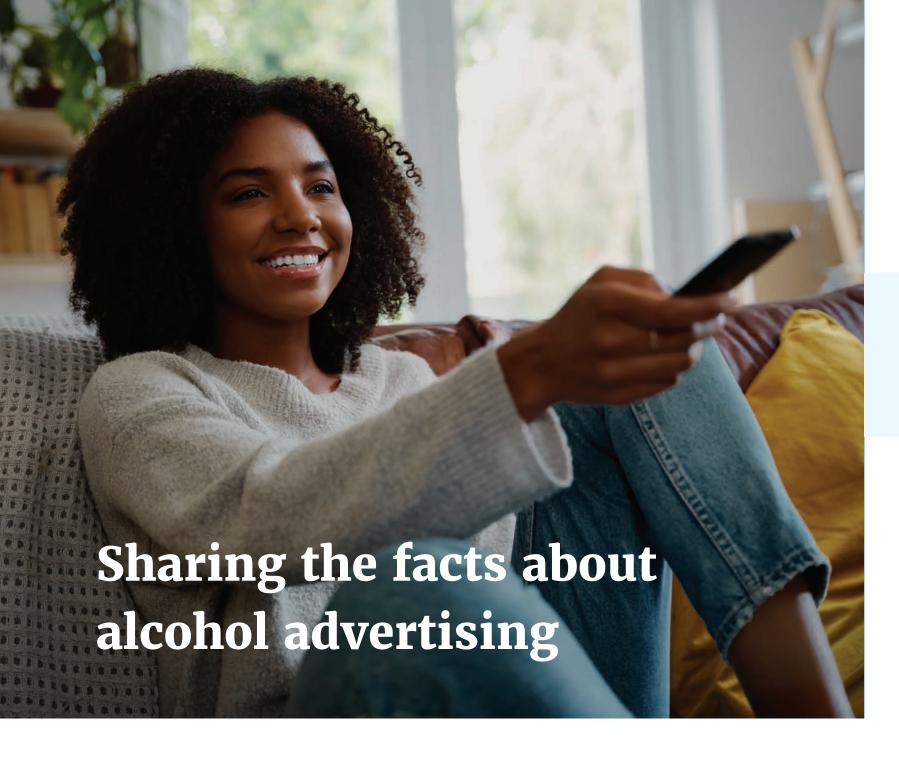
FUNDING PARTNERS HELP MAKE HANLEY PREVENTION PROGRAMS POSSIBLE

Hanley Foundation prevention program grants are funded primarily through the Florida Department of Children and Families. DCF distributes the funds through seven Managing Entities, each serving several counties. Through a grant process, the entities distribute funds to organizations within their counties.

Today, Hanley Foundation works with four of the seven Managing Entities. Southeast Florida Behavioral Health Network is headquartered in Palm Beach County, as is Hanley Foundation. We enjoy a very positive and lengthy relationship with SEFBHN, CEO Ann Berner, and Becky Walker. They share with us the distinction of increasing the age of first use in Palm Beach County from about 9 years to about 14 years – a key predictor of future addiction issues.

We also have excellent working relationships with United Way of Broward County, Central Florida Behavioral Health Care, and Lutheran Services Florida, which serves 23 counties in the north and west central region.

Together with Hanley Foundation, our partners have positively impacted the lives of hundreds of thousands of students, teachers, and parents.



Y ou're sitting with your family watching your favorite football team on TV when the network breaks for commercials. Chances are, in every commercial break, there will be at least one ad showing happy, good-looking people at a party or a bar having fun with an alcoholic beverage.

"When we watch those commercials, it looks like everybody's drinking," says Jen Venuto, a prevention coordinator with Hanley Foundation. "They show lots of beer and other alcoholic beverages in each frame—promoting the idea that you must have alcohol to have a good time. By bombarding us with

those images, they're selling you an idea that your fun is dependent on alcohol.

It's simply not true.

That's the message delivered to 20-to-30-thousand students attending Hanley Foundation's Alcohol Literacy Challenge each year throughout the state of Florida.

"The Alcohol Literacy Challenge is a great way to talk about prevention because we're not talking about the dos and don'ts. We're asking students to take a critical look at media and how advertising shapes us to believe something about alcohol that simply isn't true. We challenge students to look at commercials and social media posts more critically," Jen explained. "We give them the facts about what alcohol does to us – the physical effects in comparison to the positive mental effects that the alcohol industry wants us to believe."

We educate students throughout Florida on how early alcohol use affects the developing brain and that delaying the age of first use decreases the likelihood of addiction. The Alcohol Literacy Challenge has three grade-level versions: fifth and sixth grade, middle school, and high school, with some latitude regarding which is best for a particular group. When talking about the effects of alcohol, "for the younger

students, we use words like 'tired and dizzy,' or 'sleepy and uncoordinated,' and 'loss of judgment and control.' Whereas, in the high school programs, we explain the physical effects using words (and definitions) like 'buzz,' 'depressant,' 'neurological breakdowns,' and 'poison.'

"We point out that alcohol advertisers never show, or promote, the physical effects, and consequences, of their products."

"We ask fifth- and sixthgrade students, how many of you have ever heard of Budweiser? All the hands go up. That's advertising."

Hanley Foundation understands the importance of student engagement in a program for it to have an impact on decision making for our youth. The Alcohol Literacy Challenge is updated annually, to include current and relevant media examples that



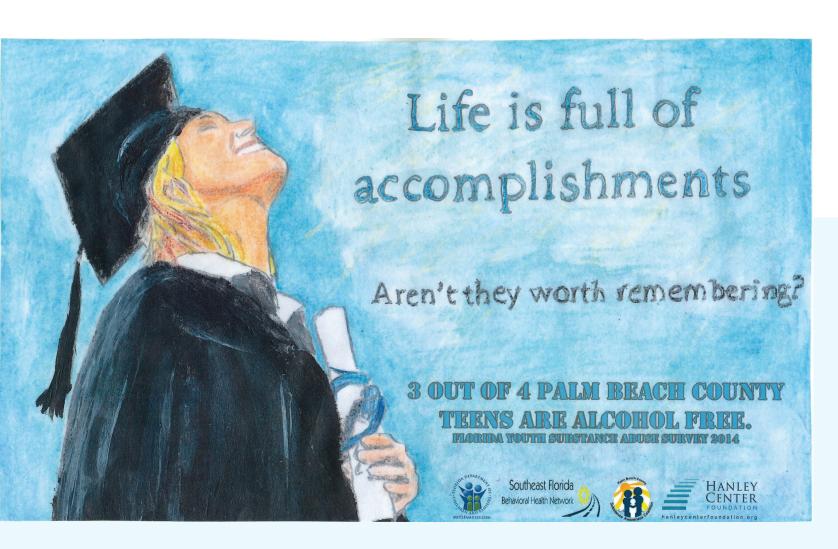
Jen Venuto, Prevention Coordinator



students can relate to. For example, "We show a fun commercial for a soda or candy and ask students what they like about the ad. They'll say, 'It was funny,' or 'There were cute animals,' or 'There was good music.' Then we show them a beer commercial with the same fun elements. That helps them see for themselves that the alcohol industry is targeting them, way before the legal drinking age."

Students participate in a pre- and post-survey to measure the program's effectiveness. The results are provided to the schools to demonstrate their increase in knowledge. Demand for Hanley's programs continues to grow.

If you want more information about the Alcohol Literacy Challenge or any of our programs, please call us at 844-542-6539



Artist Riley B., Suncoast Community High School

Talented local high school artists spread the word about living alcohol free

HANLEY FOUNDATION'S ANNUAL ALCOHOL LITERACY
PROJECT AWARDS CASH PRIZES TO WINNING ARTISTS
AND SCHOOL-SUPPLY GIFT CARDS FOR TEACHERS



Artist Antonio R.,

Lake Worth Community High School



Artist Pareto R.,
SouthTech Academy



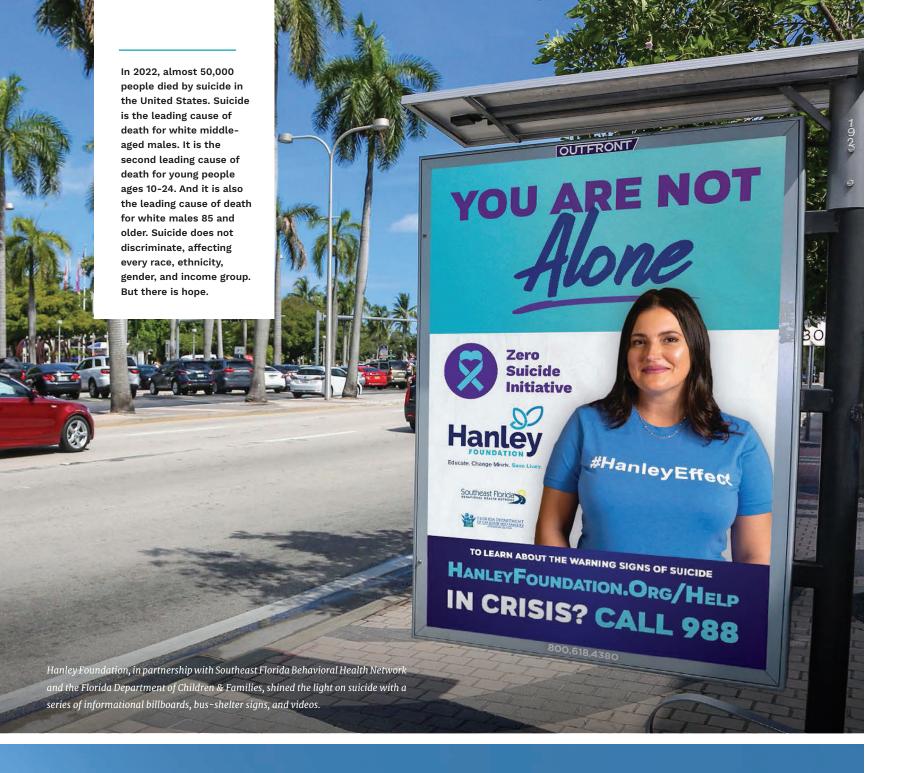
Artist Rachida H.,

Royal Palm Beach Community
High School



Pahokee Middle-Senior High School







Hanley's Zero Suicide Initiative seeks to reduce the stigma of suicide

anley Foundation's Zero Suicide Initiative is working to reduce the incidence of suicide by teaching more people to recognize its warning signs and equipping them to become productively engaged in prevention. QPR (Question, Persuade, Refer), Gatekeeper, and QPRT (Question, Persuade, Refer, and Treat) trainings are provided at no cost to individuals and organizations wanting to help people find their way out of crisis.

Hanley's initiative also directly assists mental and behavioral health facilities in developing policies and procedures for dealing with suicidal patients. For example, research shows that the 24 hours after someone with suicidal thoughts is released from treatment is the most dangerous period for an actual suicide attempt. Having a written procedure for checking in with discharged patients and their family or friends during that danger zone can help save lives.

Allison Jiménez leads the foundation's Zero Suicide Initiative, and under her leadership, the program has grown in scope and areas served in Florida.

Hanley Foundation also provides Project Hope, a support group for anyone who has lost a loved one to suicide. Those who are grieving, confused, angry, or whatever emotion they are feeling can connect with others going through the same or similar bereavement. Sometimes, those who have lost someone are in the best position to save someone else.

Project COPE is a support group for family members of those struggling with substance use. With shared experiences and empathy for one another, they can connect with resources for themselves and their loved ones and find a safe place to decompress and deal with their very difficult circumstances.

The Safe Prescribing Initiative, an ancillary service, focuses on the genuine dangers surrounding legitimately prescribed opioids. The toolkit is geared toward young people from all walks of life – including patients, family members, teens, and healthcare providers who legitimately prescribe these medications.



Allison Jiménez, Director of Programs

Revolutionary behavioral health safety net

PROPOSED FOR PALM BEACH COUNTY

he Health Care District of Palm Beach County has provided lifesaving, safety net services since 1988. The district's network of primary care clinics serves adults and children regardless of their ability to pay, and offers a specialty benefits program for uninsured, eligible residents. The district also operates a skilled nursing and rehabilitation facility, a teaching hospital in Belle Glade, Lakeside Medical Center, two ground ambulances, and staffs school health nurses and CNAs in nearly 170 public schools countywide. In addition, the district's Trauma Agency monitors the quality of the county's integrated trauma system that includes the district's two Trauma Hawk air ambulances.

With all this already on their plate, we asked the district's CEO, Darcy Davis, "What's next?"

"We stepped into the behavioral health field," was Darcy's immediate answer. "We're not focused on the treatment side because great providers, including Hanley Foundation, are already here. Our focus is on the system. How to take all the pieces and put them together in a more effective, efficient way.

"The plan being considered is the 'Crisis Now Model.' It's already established with amazing results in other areas of the country, and consists of three critical elements."

- **Someone to call:** It's a phone-based system using the 988 suicide line as the platform.
- Someone to respond: A fleet of GPS-connected mobile units dispersed across the county with Uber-like technology that lets the dispatcher know which vehicle is closest to the caller wherever they are. In the vehicle are a peer counselor and a licensed clinical social worker. They quickly assess the situation, resolve the immediate issue(s), and arrange follow-up care. If, at any time, they determine the situation is deteriorating, they call 911 for medical and/or law enforcement assistance.
- Somewhere to go: Not everyone needs to go to a hospital ER or jail, which are the most expensive tools in first responders' toolbox. For people without physical injuries, there would be central receiving facilities where trained staff can determine the next best step to help the patient in crisis.

"This system has been working in communities across the country for over 10 years," Darcy said. "Eighty percent of the calls to 988 are resolved immediately by making an appointment with an area behavioral health provider. The 988 operators would have real-time access to provider schedules and can make the appointment while the caller is still on the line.

"The remaining 20 percent of calls are quickly analyzed by staff to see if a mobile response is sufficient, or if a more intensive hospital stay is necessary, or if they can be helped with a pathway to their ultimate care. The goal is that no one is left behind.

"We can make this happen, but it's going to take some time," Darcy assures. The district's consultants presented detailed plans to stakeholders in December 2023.

"This is very aspirational. But if it's hard, it's for us. We can handle it. The people of Palm Beach County deserve this." Darcy Davis, Health Care District CEO





Criminal Justice Commission seeks systemic improvement

ESTABLISHED AT THE BEHEST OF THE
ECONOMIC COUNCIL OF PALM BEACH COUNTY

he Criminal Justice Commission is an advisory board to the Palm Beach County Board of County Commissioners. Its published mission is "to study all aspects of the criminal justice and crime prevention systems within government and private agencies and intersecting systems such as education and human services within the county."

The CJC collaborates with all the entities that intersect with the criminal justice system, from crime prevention to sentencing to individuals returning to the community after incarceration. Critical in these conversations is the nexus between education, behavioral health, juvenile justice, law enforcement, and the court system.

In partnership with the Economic Council, the county commission established the CJC in 1988. The CJC has 18 public sector members representing top officials in local, state, and federal criminal justice and governmental agencies and 17 private sector business, community, and clergy leaders.

Dr. Rachel Docekal, chief executive officer of Hanley Foundation, a long-time supporter of CJC, has been a member of the Economic Council for 10 years. The council appointed her to the CJC board in 2016, and she was elected to a two-year term as chairperson in January 2024.





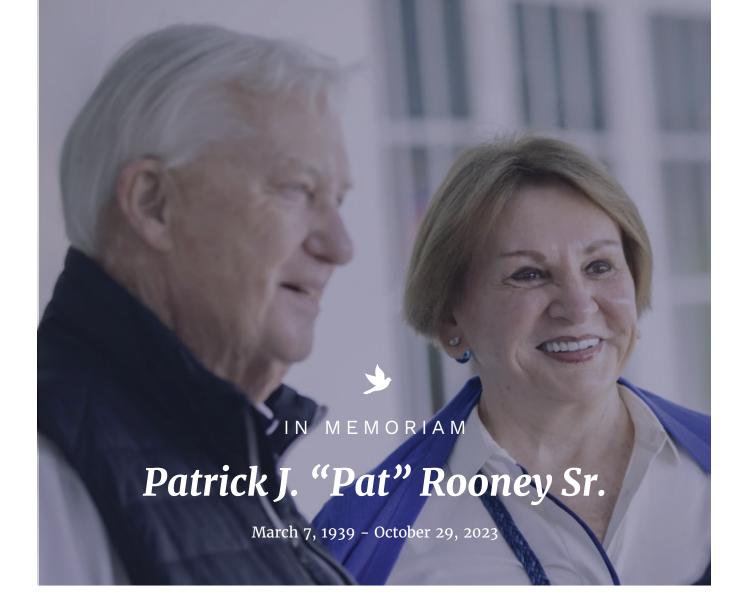
S killed in culinary arts, a hardcore skateboarder and outdoorsman, Cory Bartle was passionate about friendships and first to help people in need. He was battling addiction when his life was cut short by an accidental overdose at age 34.

Cory's uncle, James Bartle, owns SandyJames Fine Food & Productions, where Cory honed his skills in the kitchen. Wanting to honor Cory's life, James reached out to Danielle Hanson of Hanley Foundation to create the Cory Bartle Memorial Fund. "The fund directly supports our Lifesaver Scholarship Program for those seeking help for addiction but can't afford quality treatment," Danielle said. Many suffering

from addiction are uninsured and financially suffering – the Lifesaver program can immediately get them into a quality treatment facility.

"Lives are saved and hope is restored through the Lifesaver program," she said. You will meet some of them through stories and quotes in this issue of RECOVERY REVOLUTION.

Cory's family launched Hanley's first foray into skateboarding at the "Bartle BBQ Hang" in 2023. Hanley Foundation seeks to help people in all phases of life. If you would like to help in our mission, contact Danielle at 844–542–6539.



A booming voice, and a big heart.

Pat Rooney Sr. moved his loving wife, Sandra, and their seven children from Pennsylvania to Palm Beach County in 1984. They came to run the family's Palm Beach Kennel Club, enjoy the warm weather and amenities, play a little golf, and continue their lifelong legacy of generous community involvement.

That same year, Jack and Mary Jane Hanley were building support and preparing to break ground for their new life mission: a world-class addiction treatment and recovery center that would bear their name.

One of Mr. Rooney's first visits was with Jack Hanley. He recalled the meeting in a recent interview. "Jack was a great guy, a corporate guy who could get things done." Mr. Rooney joined the

Hanley Center board and was followed years later by Pat Rooney Jr. Brother Joe's wife, Kelly, also served on the board. Both remain active supporters, as do the rest of the Rooney family.

Another of Mr. Rooney's earliest community projects was his founding of the Inner-City Youth program. That organization, and his own very large and loyal family tree, fostered in him a deep appreciation for the importance of good parenting in raising healthy, happy, and productive children. Mr. Rooney then funded a Hanley Foundation initiative that grew into its prevention programs, which now positively influence over 100,000 students, teachers, and parents a year.

The Hanley Foundation family mourns the death of Pat Rooney Sr. and sends condolences to his family, of whom he was so proud.

HANLEY FOUNDATION HONORS THE ROONEY FAMILY FOR ITS LEGACY OF PHILANTHROPY AND COMMUNITY SERVICE





Photo 1: Kelly and Joe Rooney, Christian and Ann-Britt Angle

Photo 2: Joe and Kelly Rooney; Abigail and Hampton Beebe

Photo 3: Patrick and Sandra Rooney with grandsons Charlie, Tucker, and Harrison Smith

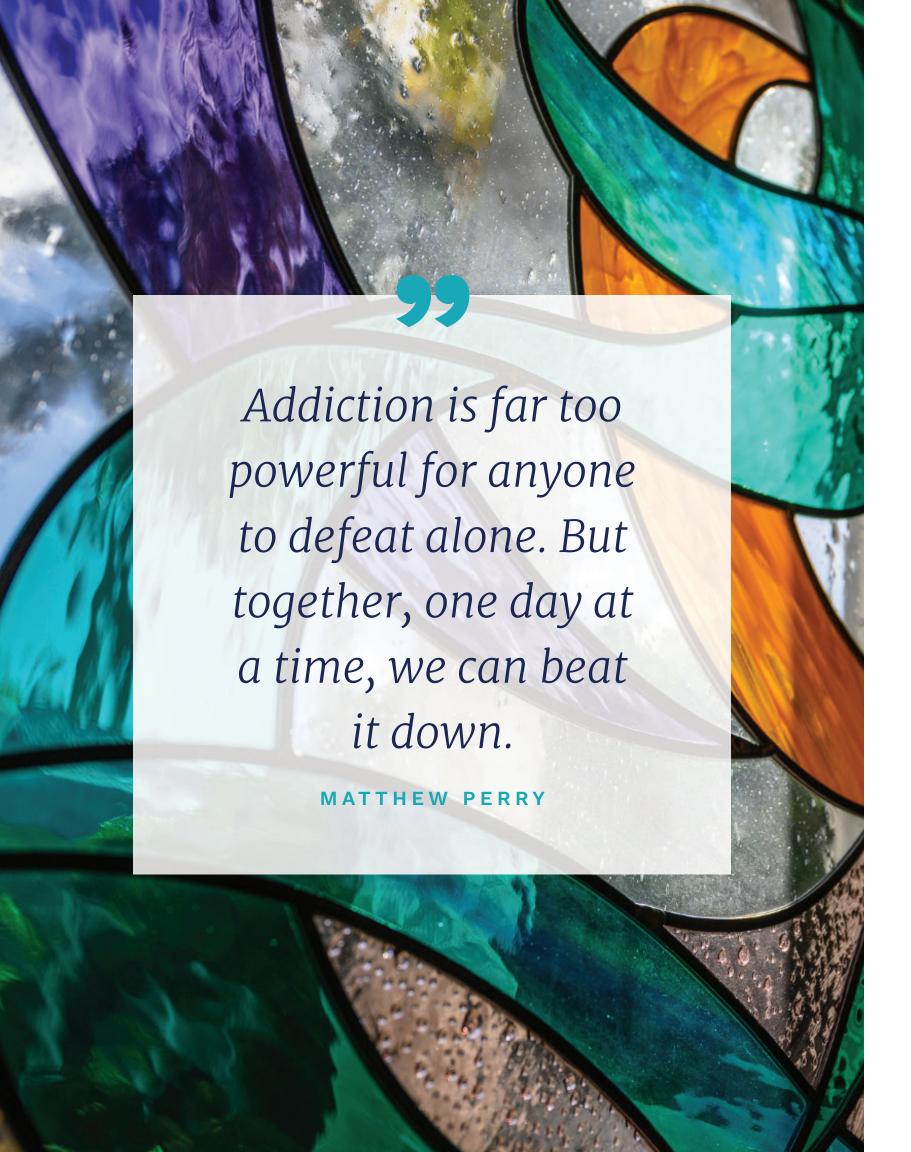
Photo 4: Julian, Christian, Sophia, Ann-Britt, Vivienne Angle; Joe, Melissa, and Kelly Rooney

Photo 5: Lawrence Rooney, JT Taylor, Joe Rooney Jr., Joe Rooney Sr.









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Each member of Hanley's board of directors has a personal connection with our mission, and over half are in recovery.

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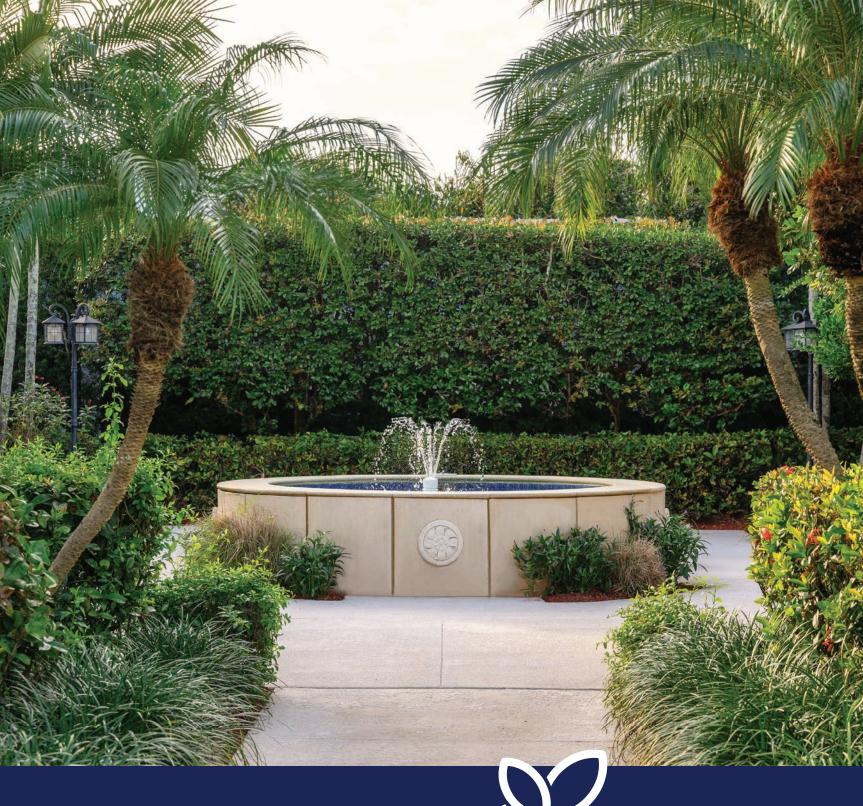
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